



*The Henna Page*TM Calendar 2009

The Henna Page Calendar 2009
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Cover Art from Warrior by Alex Morgan
Body Art by Catherine Cartwright-Jones
Photography by Roy Jones
Featuring Luna Guitars *Henna Oasis*

Credits

All patterns derived from TapDancing Lizard Publications www.tapdancinglizard.com
All body arts materials provided by Mehandi.com. All body art techniques described at The Henna Page and The Indigo Page.



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The Henna Page™

www.hennapage.com

Date research for this calendar was done by Justine Willowhawk, a henna artist serving NW Washington state USA.



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Body Art by Catherine Cartwright-Jones



Catherine Cartwright-Jones
Henna Artist, Researcher, Author
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www.hennapage.com/henna/ccj/

Photography by Roy Jones



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Graphic Design and Digital Artwork by Alex Morgan



www.spellstone.com
Design & Illustration
by Alex Morgan
www.spellstone.com

FOREWORD

by Roy Jones

Although this is only the fourth edition of the Henna Page calendar, it seems to have already become an institution, with over 40,000 copies downloaded each year and hundreds more delivered by mail on CDs. The calendar is one of the biggest projects of our year and a continuing challenge.

The task of producing a set of new images for the calendar each year stretches across three months from spring to early summer. From the scores of pictures from the photography sessions we select the handful that will be the calendar images for the year. Then they are edited, retouched, and go through post-production. Meanwhile the grid with the special days, holidays and holy days is being laid out, fact-checked and edited and, finally, all the elements assembled into an overall design with the right Henna Page “look.”

All this is possible because we have a solid team to manage the separate tasks, a corps of models who look forward to being Henna Page “Calendar Girls” each year, and the resources necessary to compensate everyone for their time and effort.

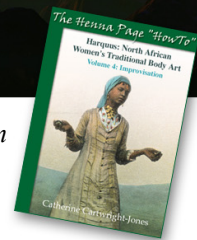
Our goal for each year's Henna Page calendar is to display examples of body art inspired by old traditions and including contemporary techniques and materials. We hope the images will encourage both beginners and experienced practitioners to expand the bounds of their technique and make their own contributions to the continuing modern development of this ancient craft.





From *Harqus: North African Women's Traditional Body Art, Volume 4: Improvisation* by Catherine Cartwright-Jones

<http://www.hennapage.com/henna/what/freebooks/index.html>



January

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

*Technique: Harqus with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/harqus/>
<http://www.mehandi.com/shop/scheherazade/index.html>



From *Finding Blue* by Catherine Cartwright-Jones
<http://www.tapdancinglizard.com/findingblue/index.html>

February

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
1	2	3	4	5	6	7

*Technique: Ancient Blue with Scheherazade gilding. To learn these techniques, see:
<http://indigopage.com/how/skin5.htm>
<http://www.mehandi.com/shop/gilding/index.html>



From *Bella's Wildflowers* by Christine Fenzl
<http://www.tapdancinglizard.com/wildflowers/>

March

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

*Technique: Henna on skin (paste on) with Scheherazade gilding and Swarovski crystals.
 To learn these techniques, see:

<http://www.hennapage.com/henna/how/index.html>

<http://www.mehandi.com/shop/scheherazade/index.html>



From *Aloha* by Deborah Brommer
<http://www.tapdancinglizard.com/aloha/index.html>



April

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

*Technique: Henna with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



From *Tulips of Topkapi* by Alex Morgan
<http://www.tapdancinglizard.com/tulips/index.html>



May

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

*Technique: Henna (paste on) with Scheherazade gilding and Swarovski crystals.
 To learn these techniques, see:

<http://www.hennapage.com/henna/how/index.html>

<http://www.mehandi.com/shop/scheherazade/index.html>



From *La Belly Luna* by Justine Howland-Goodwin
<http://www.tapdancinglizard.com/labellyluna/>



June

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

*Technique: Henna with Scheherazade gilding. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



From *Arabesque* by Jessica McQueen
<http://www.tapdancinglizard.com/arabesque/index.html>

July

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

*Technique: Henna with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



From *Sangeet* by Neeta Sharma and *Love Mehndi* by Kiran Sahib
<http://www.tapdancinglizard.com/sangeet/>
<http://www.tapdancinglizard.com/lovemehndi/index.html>



August

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

*Technique: Henna with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



From *Mehndi Masala* by Kim Brennan
<http://www.tapdancinglizard.com/mehndimasala/index.html>



September

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

*Technique: Henna on skin with gilding. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/gilding/index.html>



From *Ancient Blue* by Alex Morgan
<http://www.tapdancinglizard.com/ancientblue/>



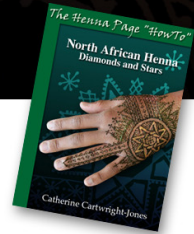
October

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

* Technique: Ancient Blue crystal indigo and Scheherazade gilding. To learn these techniques, see:
<http://www.tapdancinglizard.com/biblos/findingblue1/findingbluehowto1.pdf>
<http://www.mehandi.com/shop/scheherazade/index.html>



From *North African Henna: Diamonds and Stars* by Catherine Cartwright-Jones
<http://www.hennapage.com/henna/what/freebooks/index.html>



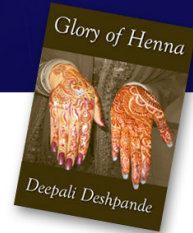
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SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

*Technique: Harquus with Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/harquus/>
<http://www.mehandi.com/shop/gilding/index.html>



From *Glory of Henna* by Deepali Deshpande
<http://www.tapdancinglizard.com/deepali/>



December

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

*Technique: Henna with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/gilding/index.html>



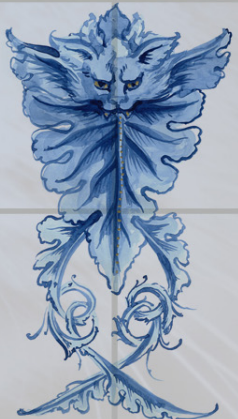

January

SUN	MON	TUE	WED	THU	FRI	SAT
28  From <i>Lezard's First</i> by Lezard Cheung	29	30	31	1  New Years Day	2	3
4	5 Twelfth Night	6 Epiphany	7	8	9	10 Al-Hijra and Mahayana
11	12	13 	14	15	16	17
18	19	20	21	22	23	24
25	26  Chinese New Year	27	28	29	30	31
						

From *Finding Blue* by Catherine Cartwright-Jones



February

SUN	MON	TUE	WED	THU	FRI	SAT
1 Lammas Southern Hemisphere	2 Candlemas Northern Hemisphere	3	4	5	6	7
8	9 Lantern Festival	10	11	12	13	14 St. Valentines Day
15 Nirvana Day	16	17	18	19	20	21
22	23	24 Shrove Tuesday Mardi Gras	25 Ash Wednesday	26 Ayyam-i-ha	27	28
1 		3	4	5		
						

From *Bella's Wildflowers* by Christine Fenzl



March

SUN	MON	TUE	WED	THU	FRI	SAT
1	2		4	5	6	7
8	9	10 Purim	11 Holi	12	13	14
15	16	17 St. Patricks Day	18	19	20 Equinox	21 Noruz
22	23	24	25	26	27 Hindu New Year	28
29	30	31	1	2	3	4

From *Aloha* by Deborah Brommer



April

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
					Ramanavami	
5	6	7	8	9 Thursday before Orthodox Easter: "stain horses tails with henna in Lebanon" Passover	10	11
12 Easter Passover	13	14	15	16	17	18 Matsu Festival
19 Orthodox Easter	20	21	22 Earth Day	23	24	25
26	27	28	29	30		

From *Tulips of Topkapi* by Alex Morgan



May

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1 Beltane Northern Hemisphere Samhain Southern Hemisphere	2
3	4	5	6	7	8	9
10 Mother's Day USA	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

From *La Belly Luna* by Justine Howland-Goodwin



June

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14 All Saints' Day Orthodox	15	16	17	18	19	20
21 Solstice Litha, Northern Hemisphere Yule, Southern Hemisphere	22	23	24	25	26	27
28	29	30	1	2	3	4
						

From *Arabesque* by Jessica McQueen



July

SUN	MON	TUE	WED	THU	FRI	SAT
29  Henna <i>Lawsonia inermis</i>	30	31	1	2	3	4
5	6	7	8	9 Martyrdom of the Bab	10	11
12	13 Obon	14 Birthday of the Lotus	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30 Tisha B'av	31	1
						

From *Sangeet* by Neeta Sharma
and *Love Mehndi* by Kiran Sahib



August

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1  Lammás Northern Hemisphere
2  Imbloc Southern Hemisphere	3	4  Teej Festival	5  Raksha Bandhan	6	7  Seven Sisters Festival	8 
9	10	11	12	13	14  Krishna's Birthday	15
16 	17 	18	19	20	21	22 Ramadan begins
23  Ganesha's Birthday	24	25	26	27	28	29
30	31	1	2	3		

From *Mehndi Masala* by Kim Brennan



September

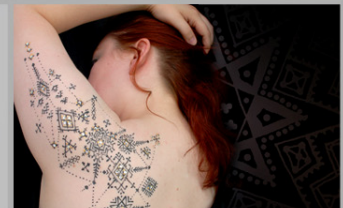
SUN	MON	TUE	WED	THU	FRI	SAT
29  From <i>Aegean</i> by Deborah Brommer	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20  Eid al Fitr Ramadan ends	21	22  Equinox	23	24	25	26
27	28  Dashara and Yom Kippur	29	30			
						

From *Ancient Blue* by Alex Morgan



October




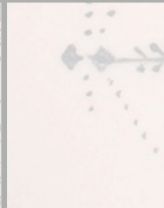




SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	1	2	3 Sukkot begins
4	5	6	7	8 Karva Chauth	9	10
11	12	13	14	15	16	17 Diwali
18 Hindu New Year	19	20	21	22	23	24
25	26	27	28	29	30	31 Halloween



From *North African Henna: Diamonds and Stars* by Catherine Cartwright-Jones



November

SUN	MON	TUE	WED	THU	FRI	SAT
1 Samhain, Northern Hemisphere Beltane, Southern Hemisphere All Saints' Day	2	3	4	5	6	7
8	9	10	11 Veterans Day Remembrance Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25 Hajj begins	26  Thanksgiving USA	27  Eid al Adha, feast of the sacrifice	28
29	30	1	2	3	4	5
						

From *Glory of Henna* by Deepali Deshpande



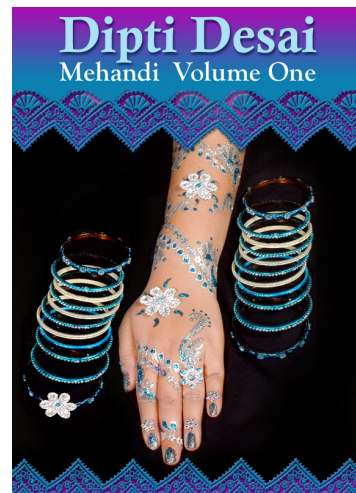
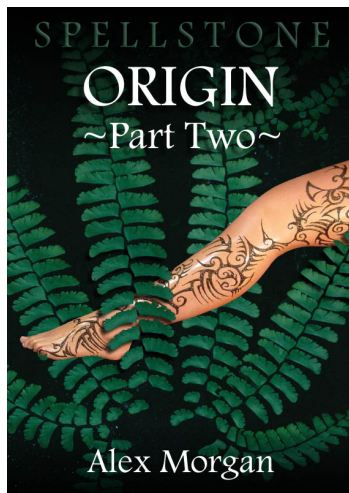
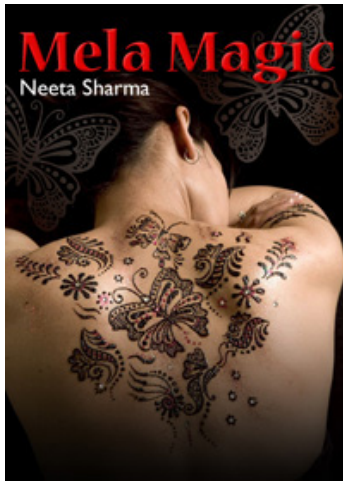
December

SUN	MON	TUE	WED	THU	FRI	SAT
29  From <i>Tribal</i> by Alex Morgan	30	1	2	3	4	5
6	7	8	9	10 	11	12  Hannukah
13	14	15	16	17	18 Al- Hijra	19
20	21  Winter solstice Yule, Northern Hemisphere	22  Summer solstice Litha, Southern Hemisphere	23	24 Christmas Eve	25  Christmas Day	26
27 Ashura	28	29	30	31 New Years Eve		
						

From *Warrior* by Alex Morgan

TapDancing Lizard Henna and Body Art Books

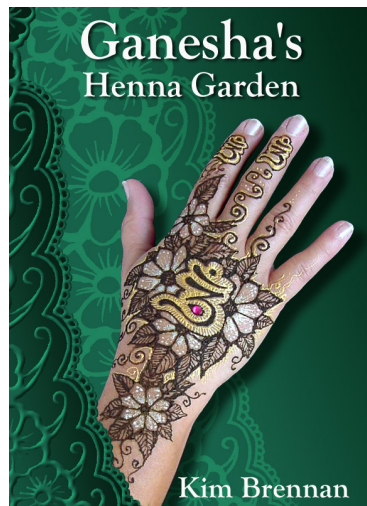
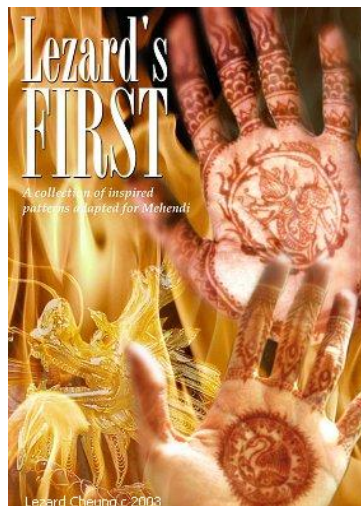
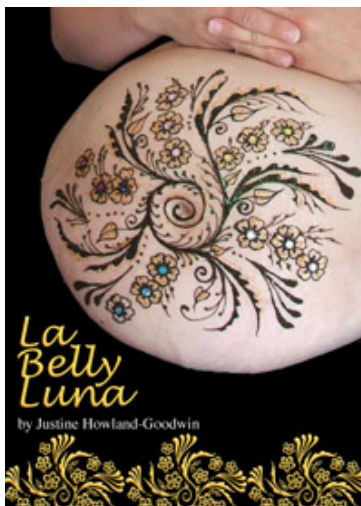
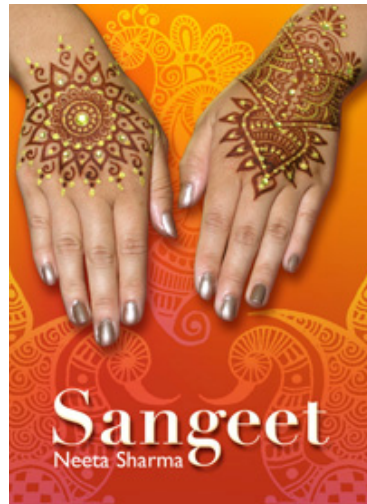
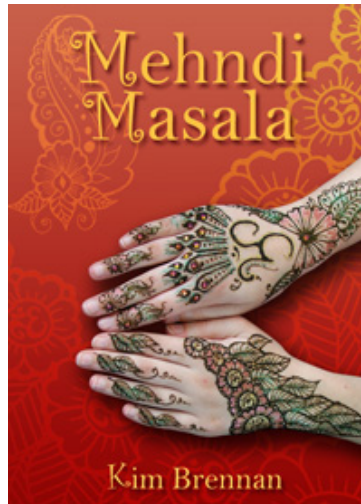
Books for Beginners



- <http://www.tapdancinglizard.com/melamagic/index.html>
- <http://www.tapdancinglizard.com/indianaspiring/index.html>
- <http://www.tapdancinglizard.com/wildflowers/>
- <http://www.tapdancinglizard.com/spellorigin1.html>
- <http://www.tapdancinglizard.com/spellorigin2.html>
- <http://www.tapdancinglizard.com/desai/index.html>
- <http://www.tapdancinglizard.com/aegean/>



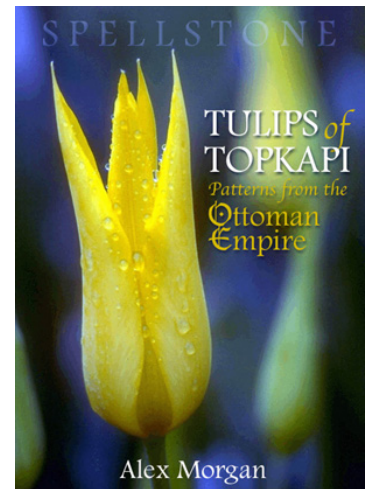
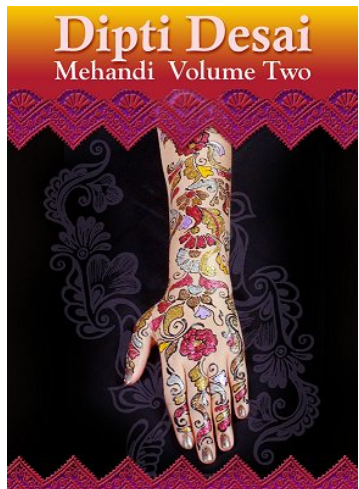
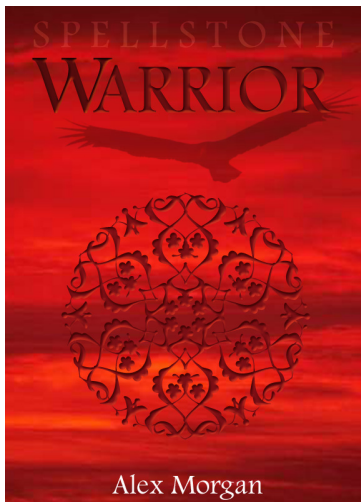
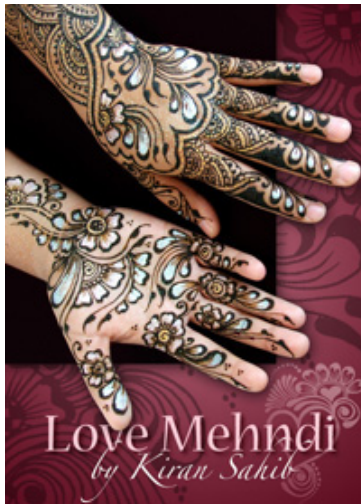
Intermediate Level Patterns



- <http://www.tapdancinglizard.com/aloha/index.html>
- <http://www.tapdancinglizard.com/mehndimasala/index.html>
- <http://www.tapdancinglizard.com/sangeet/>
- <http://www.tapdancinglizard.com/labellyluna/>
- <http://www.tapdancinglizard.com/lezard1/index.html>
- <http://www.tapdancinglizard.com/ganesha/index.html>



Advanced Level Patterns



<http://www.tapdancinglizard.com/lovemehndi/index.html>

<http://www.tapdancinglizard.com/deepali/>

<http://www.tapdancinglizard.com/arabesque/index.html>

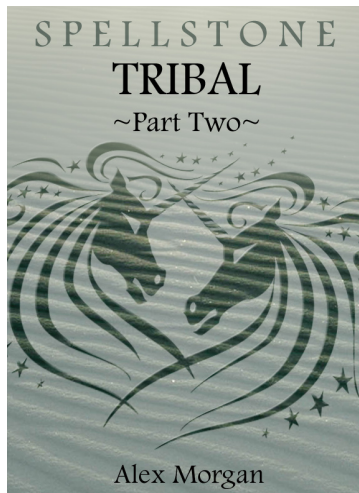
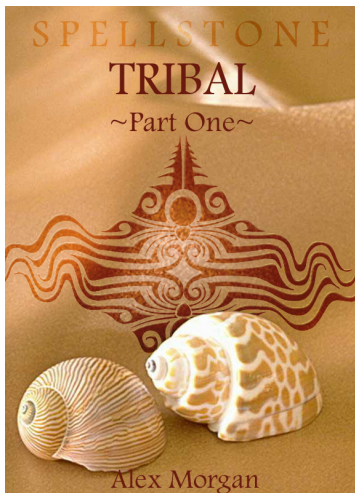
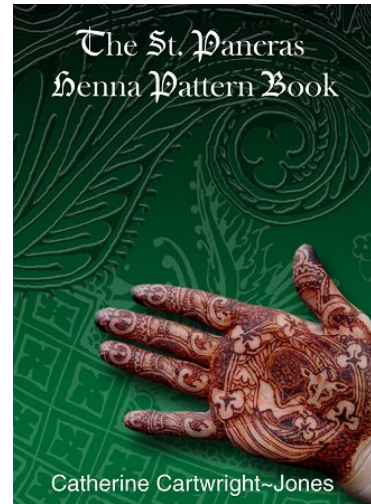
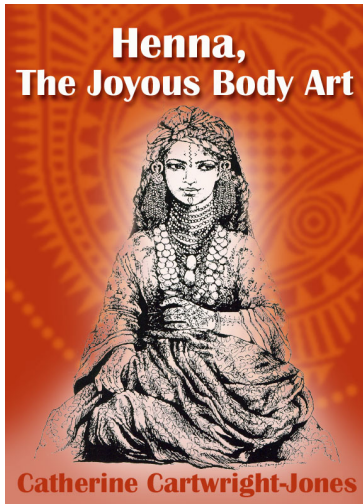
<http://www.tapdancinglizard.com/warrior/>

<http://www.tapdancinglizard.com/desai2/index.html>

<http://www.tapdancinglizard.com/tulips/index.html>



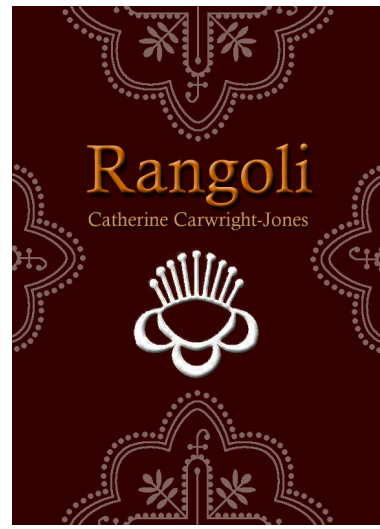
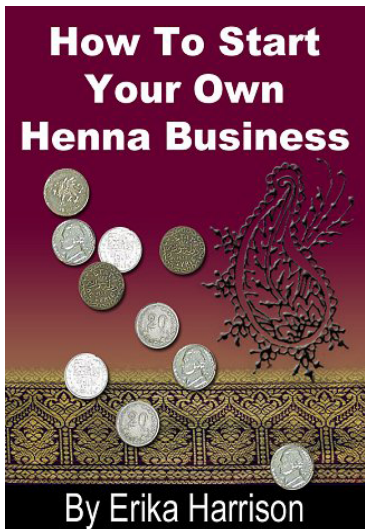
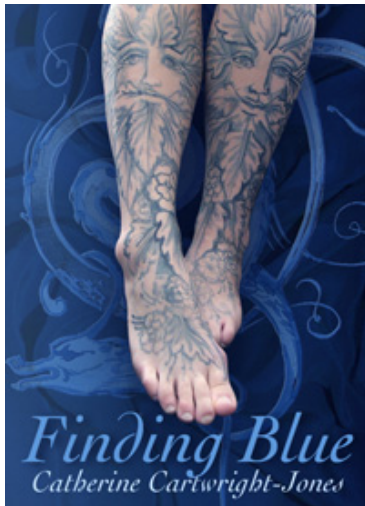
Varied Difficulty Collections



- <http://www.tapdancinglizard.com/patternbook1.htm>
- <http://www.tapdancinglizard.com/abouttribals.htm>
- <http://www.tapdancinglizard.com/pancras/>
- <http://www.tapdancinglizard.com/aboutspellstone.htm>
- <http://www.tapdancinglizard.com/spelltribal2.htm>
- http://www.tapdancinglizard.com/spain_spellstone/index.html



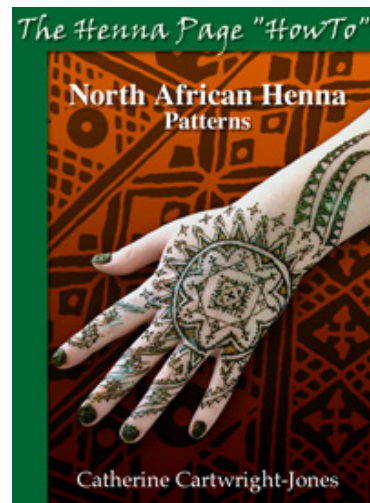
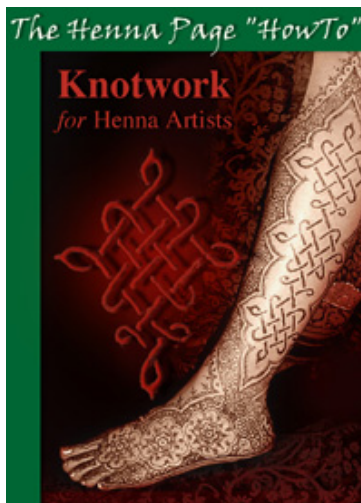
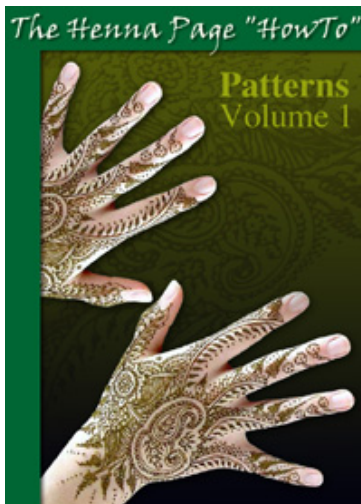
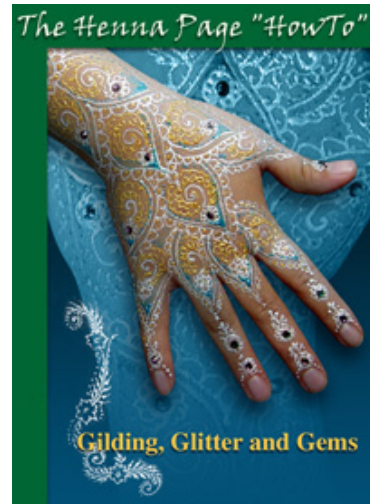
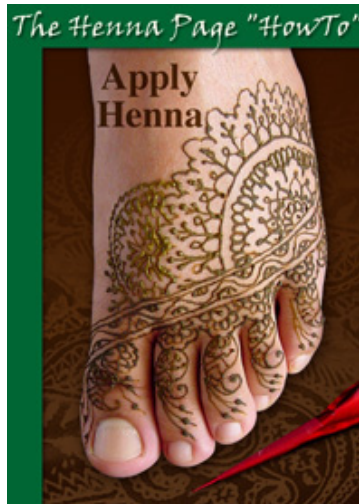
History, Traditions and Related Arts



- <http://www.tapdancinglizard.com/findingblue/index.html>
- <http://www.tapdancinglizard.com/ancientblue/>
- <http://www.tapdancinglizard.com/hennabiz/index.html>
- <http://www.tapdancinglizard.com/mens/>
- <http://www.tapdancinglizard.com/rangolipromo/index.html>

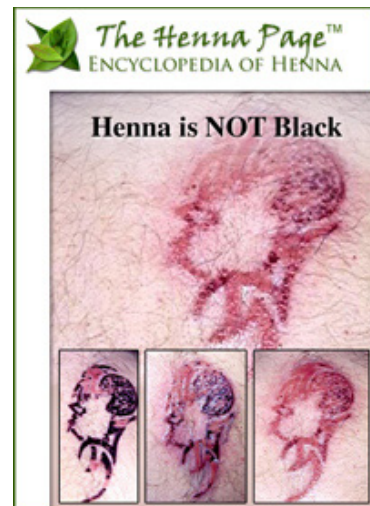
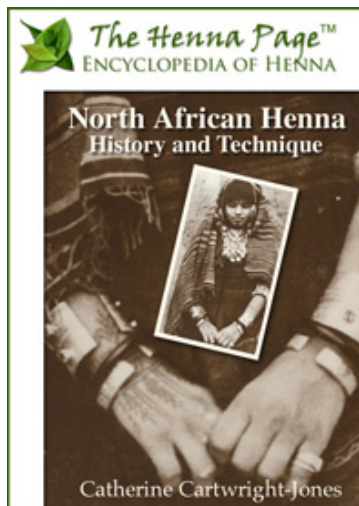
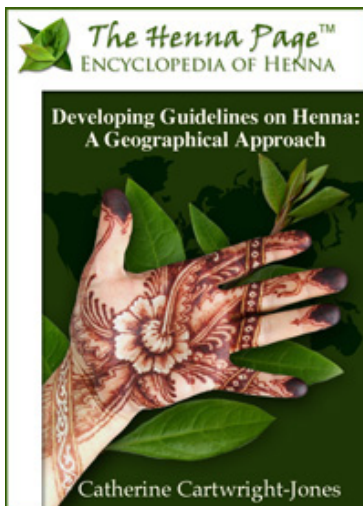
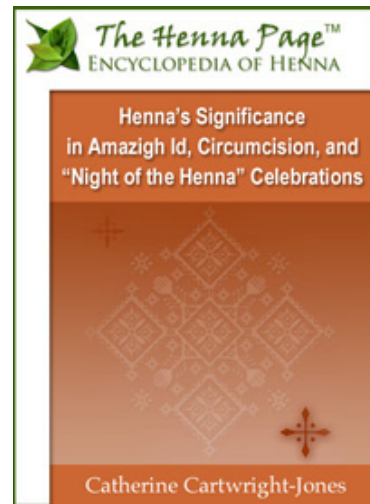
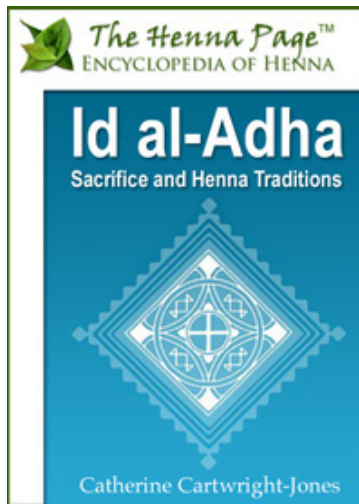
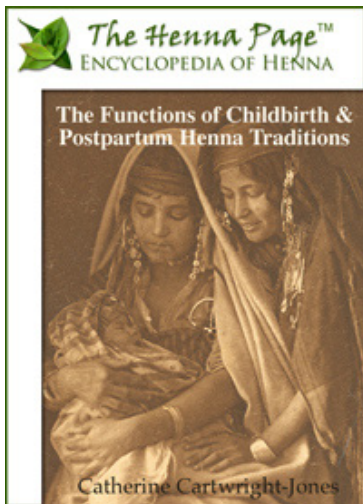
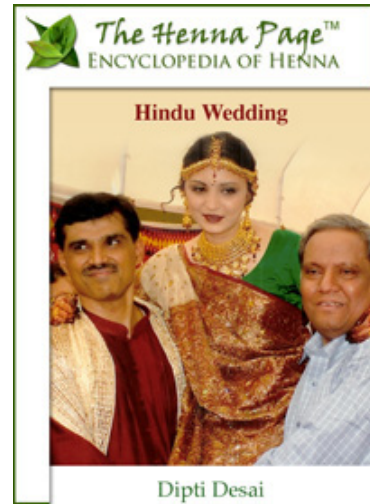
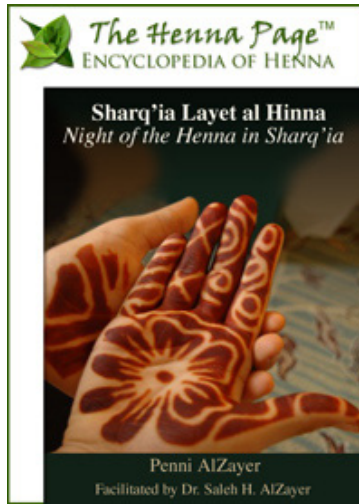
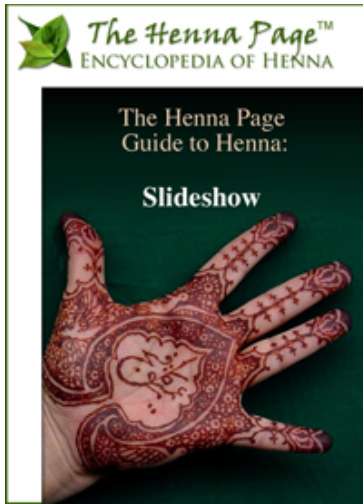


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