



The Henna Page™

Calendar 2010

The Henna Page Calendar 2010
Copyright ©2009 TapDancing Lizard™ LLC

Terms of use: You must agree to these terms to download and use this calendar.

This is copyrighted material published by TapDancing Lizard™ LLC. All rights reserved.

You may make one (1) electronic copy of this publication for archival purposes. You may print up to five (5) printed copies of this publication for personal use. You may give away up to five (5) copies of this publication as gifts. You may not sell, nor offer for sale, any copies of this publication, nor may You sell the original electronic file.

You may not alter this publication in any way.

You may not use any of these images on any website, in any publication, or on any product without written permission from TapDancing Lizard™ LLC.

Published by TapDancing Lizard
4237 Klein Ave.
Stow, Ohio 44224 USA



Cover Art from *Mehndi Masala* by Kim Brennan
Body Art by Catherine Cartwright-Jones
Photography by Roy Jones

Credits

All patterns derived from TapDancing Lizard Publications www.tapdancinglizard.com
All body arts materials provided by Mehandi.com. All body art techniques described at [The Henna Page](#) and [The Indigo Page](#).



www.mehandi.com

Henna, Harquus, Ancient Blue, Gilding Paste
and other hard to find body art supplies

fast delivery world wide

www.mehandi.com

In association with



EMPIRE

an emporium of henna, chocolates and more ~

www.empirekent.com
135 E. MAIN, KENT, OHIO, 44240

www.empirekent.com



Bittersweet's

Handcrafted artisan chocolates, cakes, pastries

www.bittersweetsstow.com

3767 Darrow Road, Stow, Ohio 44224 Tel:234-678-5860

www.bittersweetsstow.com



The Henna Page TM

www.hennapage.com

Date research for this calendar was done by Justine Willowhawk, a henna artist serving NW Washington state USA.



www.magicalmehendi.com

Project Coordinator Catherine Cartwright-Jones



<http://www.hennapage.com/henna/ccj/>

Photography by Roy Jones



Graphic Design and Digital Artwork by Alex Morgan



www.spellstone.com

FOREWORD

by Roy Jones

This is the fifth annual Henna Page calendar and, as we do each year, we've done something a little different from the previous calendars. In the first four calendars, Catherine did all the artwork and the pictures were almost all of bodyart. This year, we feature several pieces by four other artists in addition to Catherine and we've included several examples of henna-inspired patterns on objects, including drums, sculpture, eggshells and a decorated cake.

We've also taken another step forward in photography. The first Henna Page calendar was shot with a simple 1.3 megapixel snapshot camera and available light. Each successive calendar was shot with a more advanced camera or more advanced technique. Most of this year's photos were shot with a 10 megapixel Nikon DSLR using "minimalist lighting," battery powered flash units and reflectors, instead of fixed studio lights.

As always, we offer the Henna Page calendar free of charge as our annual gift to everyone who enjoys henna bodyart. We hope you will enjoy using this year's calendar and that you will find ideas for your own artwork in the images for each month.





Artwork by Alex Morgan from *Ancient Blue* by Alex Morgan

<http://www.tapdancinglizard.com/ancientblue/>



January

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

*Technique: Henna on leather. To learn these techniques, see:

<http://www.hennapage.com/henna/encyclopedia/leather/howhennadrum/>



Artwork by Catherine Cartwright-Jones from *Arabesque* by Jessica McQueen
<http://www.tapdancinglizard.com/arabesque/index.html>



February

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

*Technique: Henna and Scheherazade on plaster body cast. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



Artwork by Catherine Cartwright-Jones from *La Belly Luna* by Justine Howland-Goodwin

<http://www.tapdancinglizard.com/labelyluna/>

March

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

*Technique: Indigo on skin with Scheherazade gilding and Swarovski crystals.

To learn these techniques, see:

<http://indigopage.com/how/skin5.htm>

<http://www.mehandi.com/shop/gilding/index.html>



Artwork by Catherine Cartwright-Jones from *Spain* by Alex Morgan
http://www.tapdancinglizard.com/spain_spellstone/index.html



April

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

*Technique: Henna with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



Artwork by Luna Hart, from *The St. Pancras Henna Pattern Book*
by Catherine Cartwright Jones
<http://www.tapdancinglizard.com/pancras/>



May

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

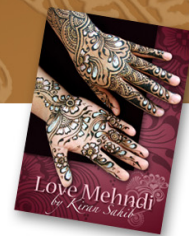
*Technique: Ancient Red henna with Scheherazade gilding. To learn these techniques, see:

<http://www.hennapage.com/henna/how/index.html>

<http://www.mehandi.com/shop/scheherazade/index.html>



Cake with chocolate painting, pastry and artwork by Todd Horvath of [Bittersweet's](http://www.bittersweetpastry.com) from *Love Mehndi* by Kiran Sahib
<http://www.tapdancinglizard.com/lovemehndi/index.html>



June

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3



Artwork by Deborah Brommer, from *Aloha* by Deborah Brommer
<http://www.tapdancinglizard.com/aloha/index.html>

July

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

*Technique: Ancient Red henna paste, gems, and gilding paste. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/gilding/index.html>



Artwork by Luna Hart from *Henna the Joyous Body Art* by Catherine Cartwright-Jones
<http://www.tapdancinglizard.com/sangeet/>

August

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

*Technique: Henna with Scheherazade gilding and Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



Artwork by Catherine Cartwright-Jones from *Tulips of Topkapi* by Alex Morgan
<http://www.tapdancinglizard.com/tulips/index.html>



September

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

*Technique: Harquus with Swarovski crystals. To learn these techniques, see:
<http://www.hennapage.com/henna/how/harquus/>
<http://www.mehandi.com/shop/gilding/index.html>



Artwork by Catherine Cartwright-Jones from *Sangeet and More* by Neeta Sharma
<http://www.tapdancinglizard.com/sangeetandmore/index.html>



October

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

* Technique: Ancient Red henna, gems, and Scheherazade gilding. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



Artwork by Nikki Rettman from *Jewish Patterns from Kurdish Folk Art* (revised)
by Alex Morgan

<http://www.tapdancinglizard.com/>

November

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

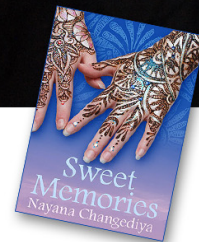
*Technique: Ancient Red henna paste and gems. To learn these techniques, see:

<http://www.hennapage.com/henna/how/index.html>

<http://www.mehandi.com/shop/gilding/index.html>



Artwork by Catherine Cartwright-Jones from *Sweet Memories* by Nayana Changediya
<http://www.tapdancinglizard.com/sweetmemories/index.html>



December

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

*Technique: Ancient Red henna paste, gems, Sheherazade gilding. To learn these techniques, see:
<http://www.hennapage.com/henna/how/index.html>
<http://www.mehandi.com/shop/scheherazade/index.html>



January

SUN	MON	TUE	WED	THU	FRI	SAT
27  From <i>Mehndi Masala</i> by Kim Brennan	28	29	30	31	1  New Years Day	2
3	4	5 Twelfth Night	6 Epiphany	7	8	9
10	11	12	13	14	15	16
17	18 	19	20	21	22	23
24	25	26	27	28	29	30 Mahayana
31	1	2	3			

From *Arabesque* by Jessica McQueen



February

SUN	MON	TUE	WED	THU	FRI	SAT
31 From <i>Ancient Blue</i> by Alex Morgan	1	2	3	4	5	6
7	8	9	10 Chinese New Year	11	12	13
14 St. Valentines Day	15 Nirvana Day	16 Shrove Tuesday Mardi Gras	17 Ash Wednesday	18	19	20
21	22	23	24	25	26 Ayyam-i-ha	27
28 Lantern Festival Purim and Holi	1	2	3	4	5	6

From *La Belly Luna* by Justine Howland-Goodwin



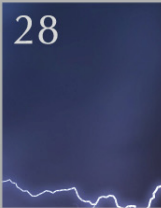
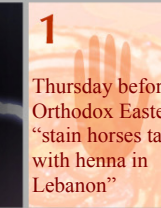
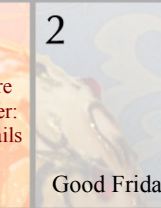
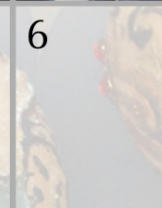
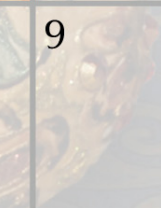
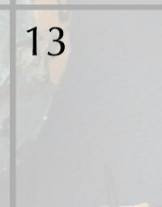
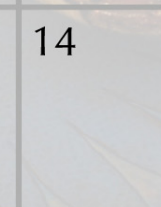
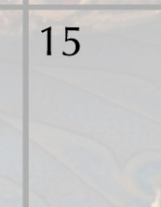
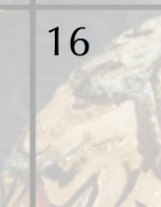
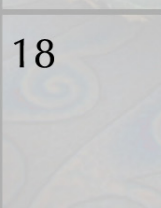
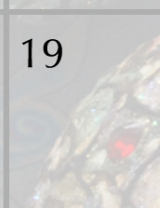
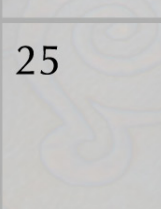
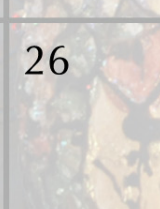
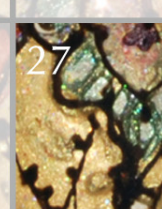
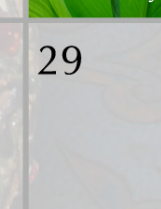
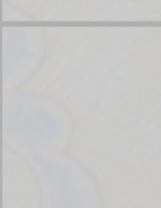
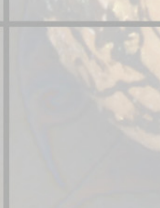
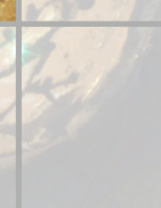
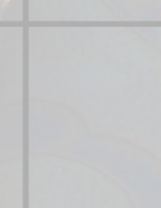
March

SUN	MON	TUE	WED	THU	FRI	SAT
31  From <i>Arabesque</i> by Jessica McQueen	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17  Hindu New Year St. Patrick's Day	18	19	20  Equinox
21  Noruz	22	23	24	25	26	27
28	29	30  Passover begins	31	1	2	3
						

From *Spain* by Alex Morgan



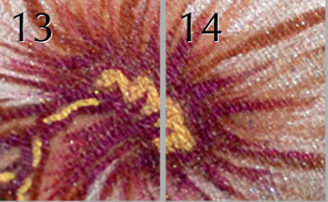
April

SUN	MON	TUE	WED	THU	FRI	SAT
28 	29 	30 	31 	1  Thursday before Orthodox Easter: "stain horses tails with henna in Lebanon"	2 Good Friday	3 
4  Easter	5 	6 	7 	8 	9 	10 
11 	12 	13 	14 	15 	16 	17 
18 	19 	20 	21 	22  Earth Day	23 	24 
25 	26 	27 	28 	29 	30 	1 
						

From *The St. Pancras Henna Pattern Book*
by Catherine Cartwright-Jones



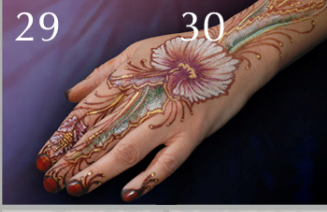
May

SUN	MON	TUE	WED	THU	FRI	SAT
25  From Spain by Alex Morgan	26	27	28	29	30	1 Beltane Northern Hemisphere Samhain Southern Hemisphere
2	3	4	5	6 Matsu Festival	7	8
9  Mother's Day USA	10	11	12	13 	14	15
16	17	18	19  Shavuot	20 	21	22
23	24	25	26	27	28	29
30 All Saints' Day Orthodox	31	1	2	3	4 	

From Love Mehndi by Kiran Sahib



June

SUN	MON	TUE	WED	THU	FRI	SAT
29 	30	1	2 	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20 Father's Day USA	21 Solstice Litha, Northern Hemisphere Yule, Southern Hemisphere	22	23 	24	25	26
27	28	29	30	1	2	3
						

From *Aloha* by Deborah Brommer



July

SUN	MON	TUE	WED	THU	FRI	SAT
25 	26	27	28	1	2	3
4	5	6 	7	8	9 Martyrdom of the Bab	10
11	12	13	14	15	16	17
18	19 	20 Tisha B'av	21	22	23	24
25	26	27	28	29	30	31
						

From *Henna the Joyous Body Art*
by Catherine Cartwright-Jones



August

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Lammas Northern Hemisphere Imbloc Southern Hemisphere	3	4 Birthday of the Lotus	5	6	7
8	9	10	11 Ramadan begins	12	13 Obon	14
15	16 Seven Sisters Festival	17	18	19	20	21
22	23	24 Raksha Bandhan	25	26	27	28
29	30	31	1	2	3	

From *Tulips of Topkapi* by Alex Morgan



September

SUN	MON	TUE	WED	THU	FRI	SAT
29  From <i>Henna the Joyous Body Art</i> by Catherine Cartwright-Jones	30	31	1  Krishna's Birthday	2	3	4
5	6		8	9  Eid al Fitr Ramadan ends	10	11  Teej Festival begins
12  Ganesha's Birthday	13	14	15	16	17	18 Yom Kippur
19		21	22	23  Equinox Sukkot begins	24	25
26	27	28	29	30	1	2
						

From *Sangeet and More* by Neeta Sharma



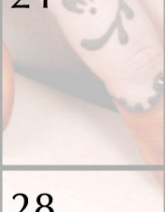
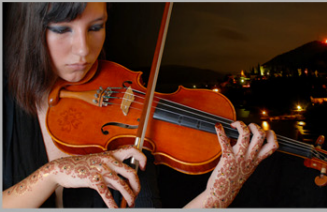
October

SUN	MON	TUE	WED	THU	FRI	SAT
27 	28 	29 	30	31	1	2
3 	4 	5 	6 	7 	8 	9
10 	11 	12 	13 	14 	15 	16
17 Dashara	18 	19 	20 	21 	22 	23
24 	25 	26 	27 Karva Chauth	28 	29 	30
31 Samhain, Northern Hemisphere Beltane , Southern Hemisphere	1 	2 	3 	4 	5 	6

From *Jewish Patterns from Kurdish Folk Art*
by Alex Morgan



November

SUN	MON	TUE	WED	THU	FRI	SAT
31 	1 All Saints' Day	2	3	4	5  Diwali	6
7 	8	9	10	11 Veterans Day Remembrance Day	12	13
14 Hajj begins	15	16  Eid al Adha, feast of the sacrifice	17	18	19	20
21 	22	23 	24	25  Thanksgiving USA	26	27
28 	29	30 	1 	2 	3 	4 
						

From *Sweet Memories* by Nayana Changediya



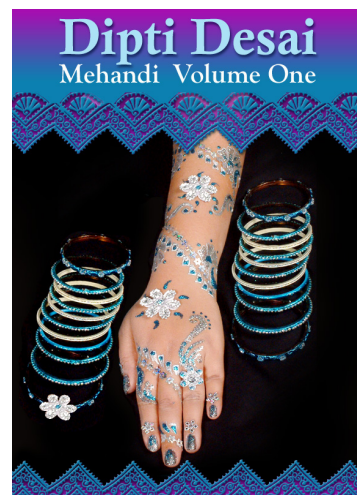
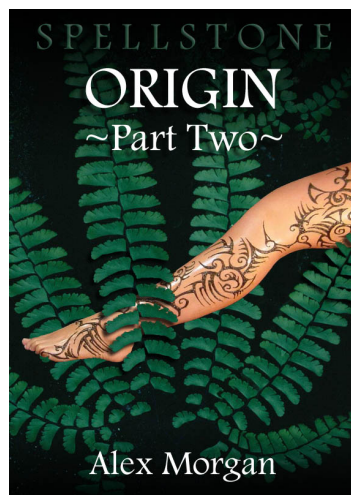
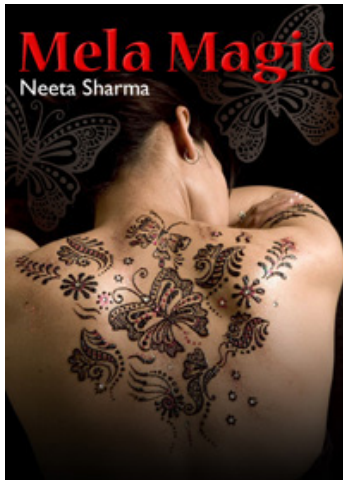
December

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2 Hannukah	3	4
5	6	7 Al- Hijra	8	9	10	11
12	13	14	15 Ashura	16	17	18
19	20	21 Winter solstice Yule, Northern Hemisphere Summer solstice Litha, Southern Hemisphere	22	23	24 Christmas Eve	25 Christmas Day
26	27	28	29	30	31 New Years Eve	1

From *Ancient Blue* by Alex Morgan

TapDancing Lizard Henna and Body Art Books

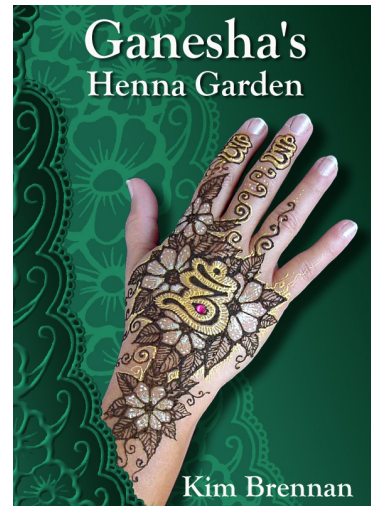
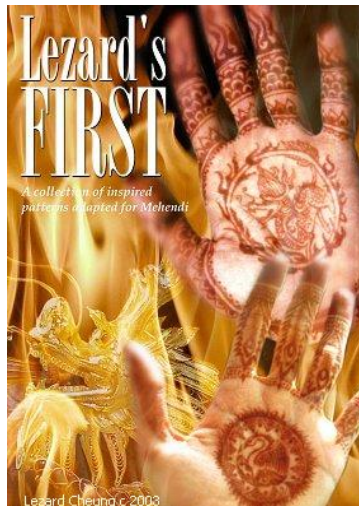
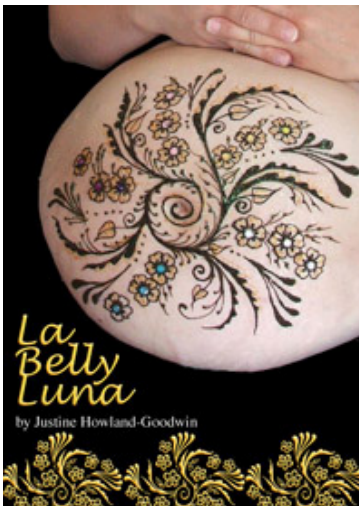
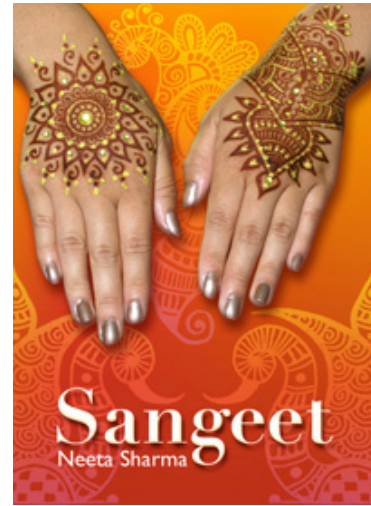
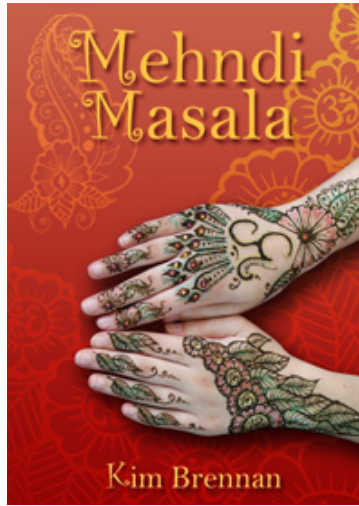
Books for Beginners



<http://www.tapdancinglizard.com/indianaspiring/index.html>
<http://www.tapdancinglizard.com/melamagic/index.html>
<http://www.tapdancinglizard.com/wildflowers/>
<http://www.tapdancinglizard.com/spellorigin1.html>
<http://www.tapdancinglizard.com/spellorigin2.html>
<http://www.tapdancinglizard.com/desai/index.html>
<http://www.tapdancinglizard.com/aegean/>



Intermediate Level Patterns



<http://www.tapdancinglizard.com/aloha/index.html>

<http://www.tapdancinglizard.com/mehndimasala/index.html>

<http://www.tapdancinglizard.com/sangeet/>

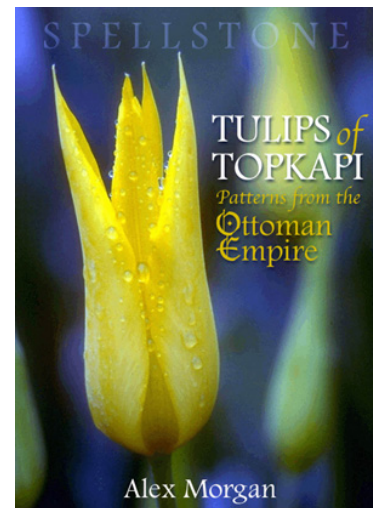
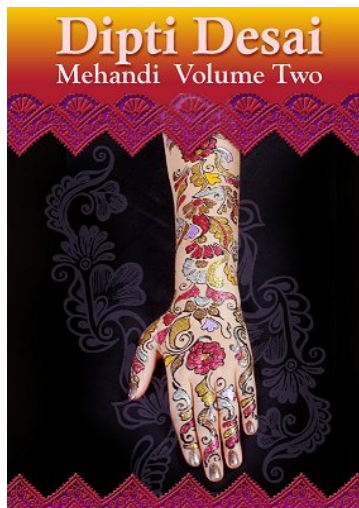
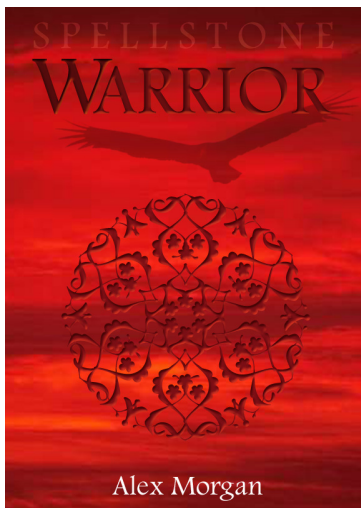
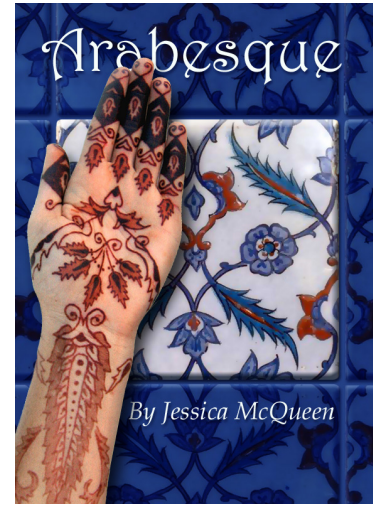
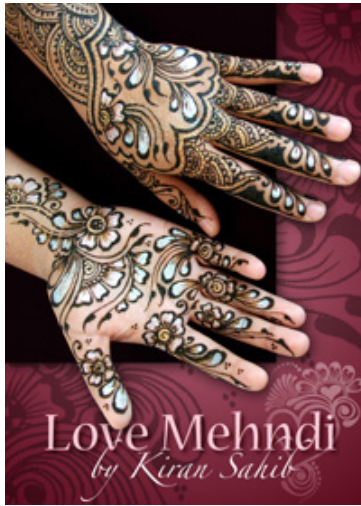
<http://www.tapdancinglizard.com/labellyluna/>

<http://www.tapdancinglizard.com/lezard1/index.html>

<http://www.tapdancinglizard.com/ganesha/index.html>



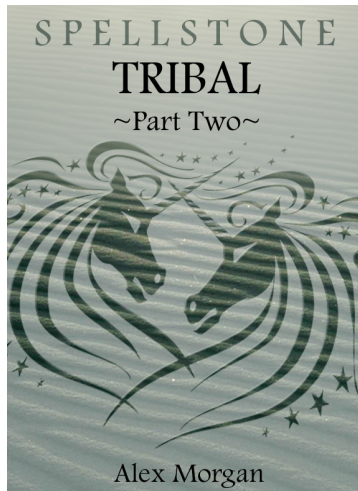
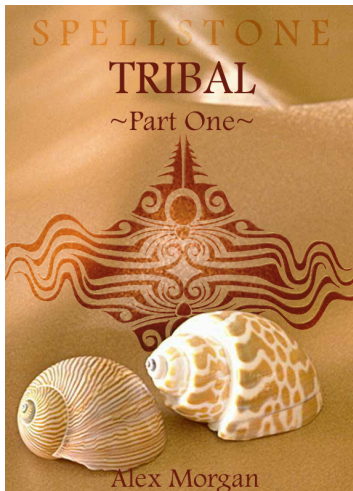
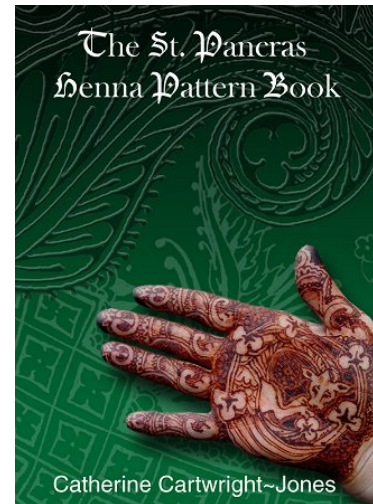
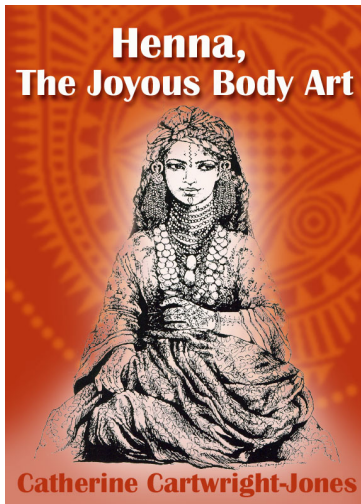
Advanced Level Patterns



<http://www.tapdancinglizard.com/lovemehndi/index.html>
<http://www.tapdancinglizard.com/deepali/>
<http://www.tapdancinglizard.com/arabesque/index.html>
<http://www.tapdancinglizard.com/warrior/>
<http://www.tapdancinglizard.com/desai2/index.html>
<http://www.tapdancinglizard.com/tulips/index.html>
<http://www.tapdancinglizard.com/sweetmemories/index.html>



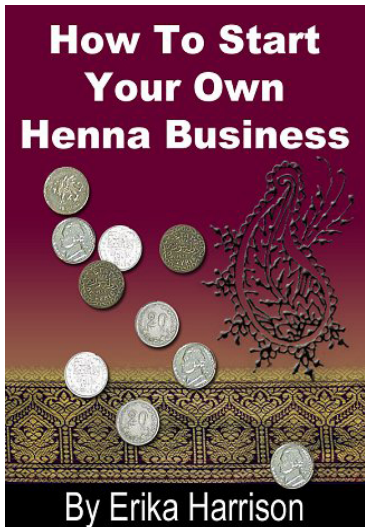
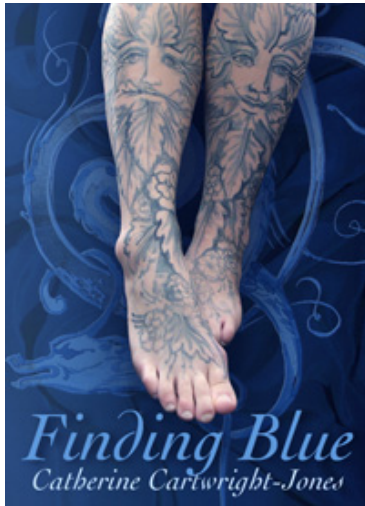
Varied Difficulty Collections



<http://www.tapdancinglizard.com/patternbook1.htm>
<http://www.tapdancinglizard.com/abouttribals.htm>
<http://www.tapdancinglizard.com/pancras/>
<http://www.tapdancinglizard.com/aboutspellstone.htm>
<http://www.tapdancinglizard.com/spelltribal2.htm>
<http://www.tapdancinglizard.com/spain/>
<http://www.tapdancinglizard.com/sangeetandmore/index.html>



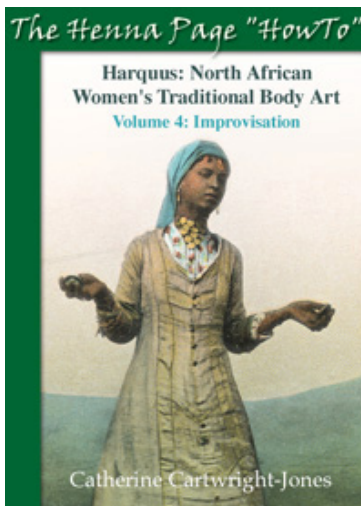
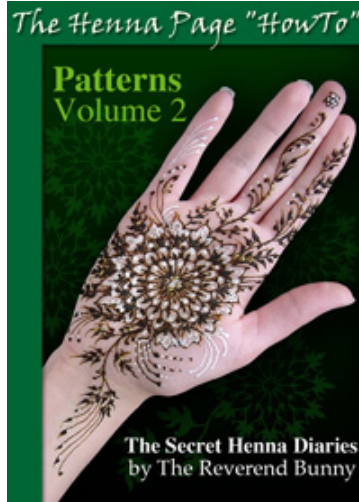
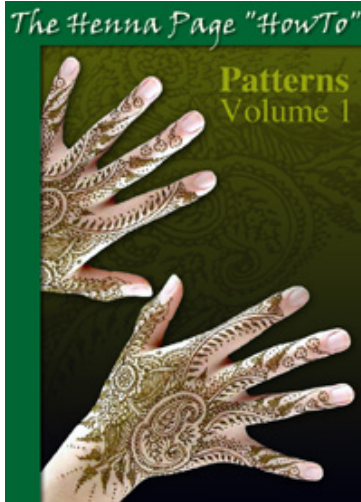
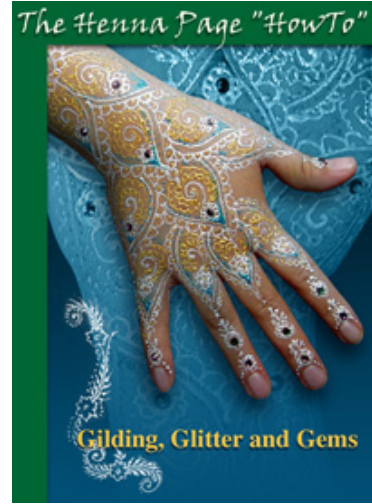
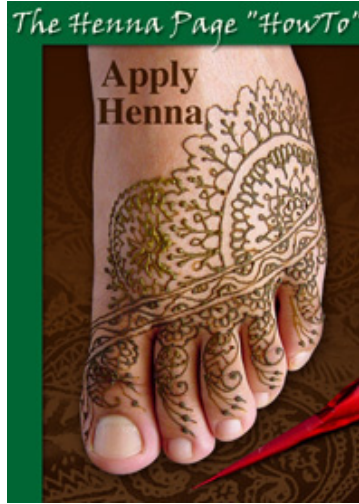
History, Traditions and Related Arts



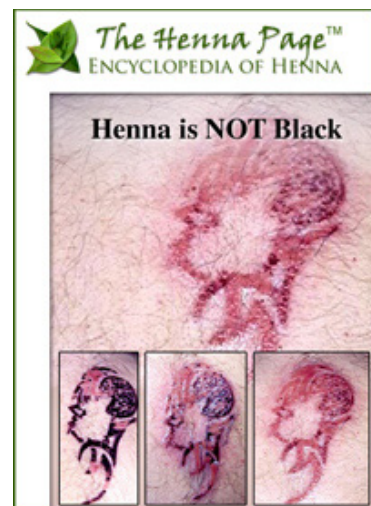
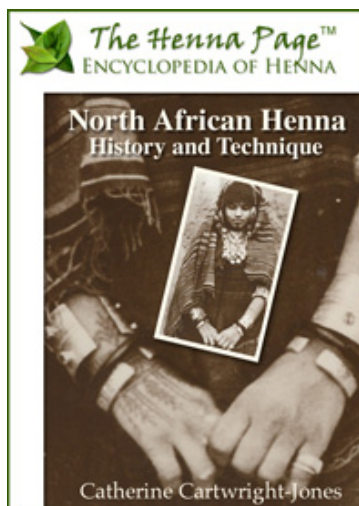
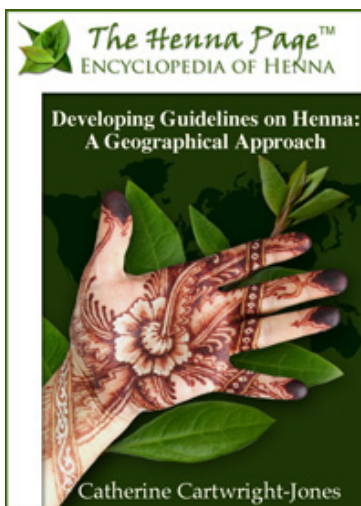
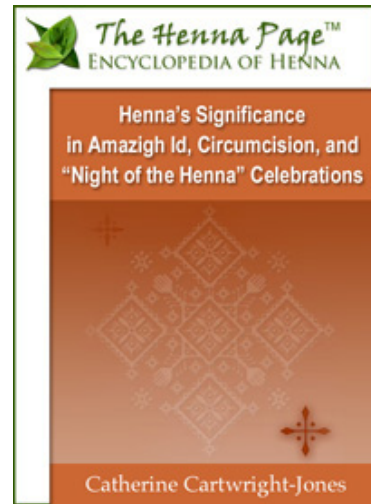
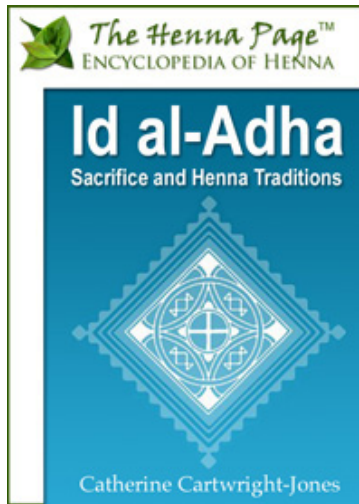
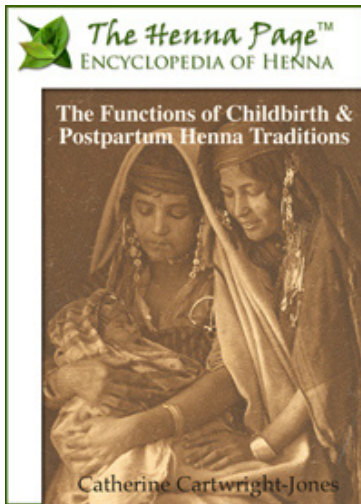
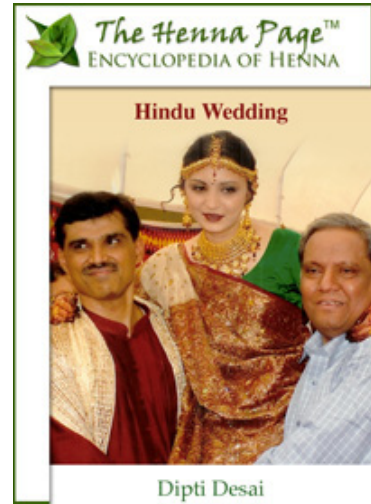
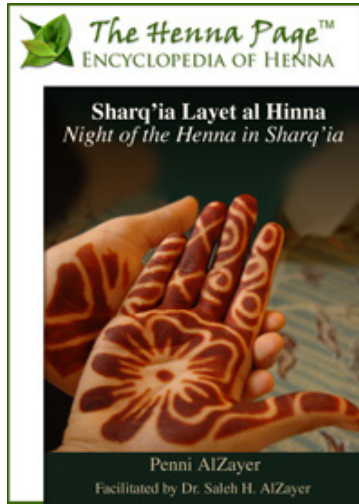
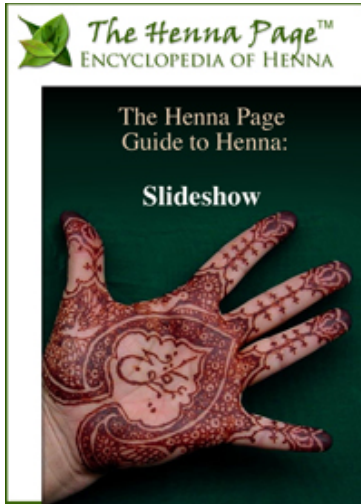
<http://www.tapdancinglizard.com/findingblue/index.html>
<http://www.tapdancinglizard.com/ancientblue/>
<http://www.tapdancinglizard.com/hennabiz/index.html>
<http://www.tapdancinglizard.com/mens/>
<http://www.tapdancinglizard.com/rangolipromo/index.html>



Free Publications from The Henna Page



Free Publications from The Henna Page





The Henna Page Calendar 2010

©2009 Designed & Produced for the
Henna Page by Alex Morgan
www.spellstone.com