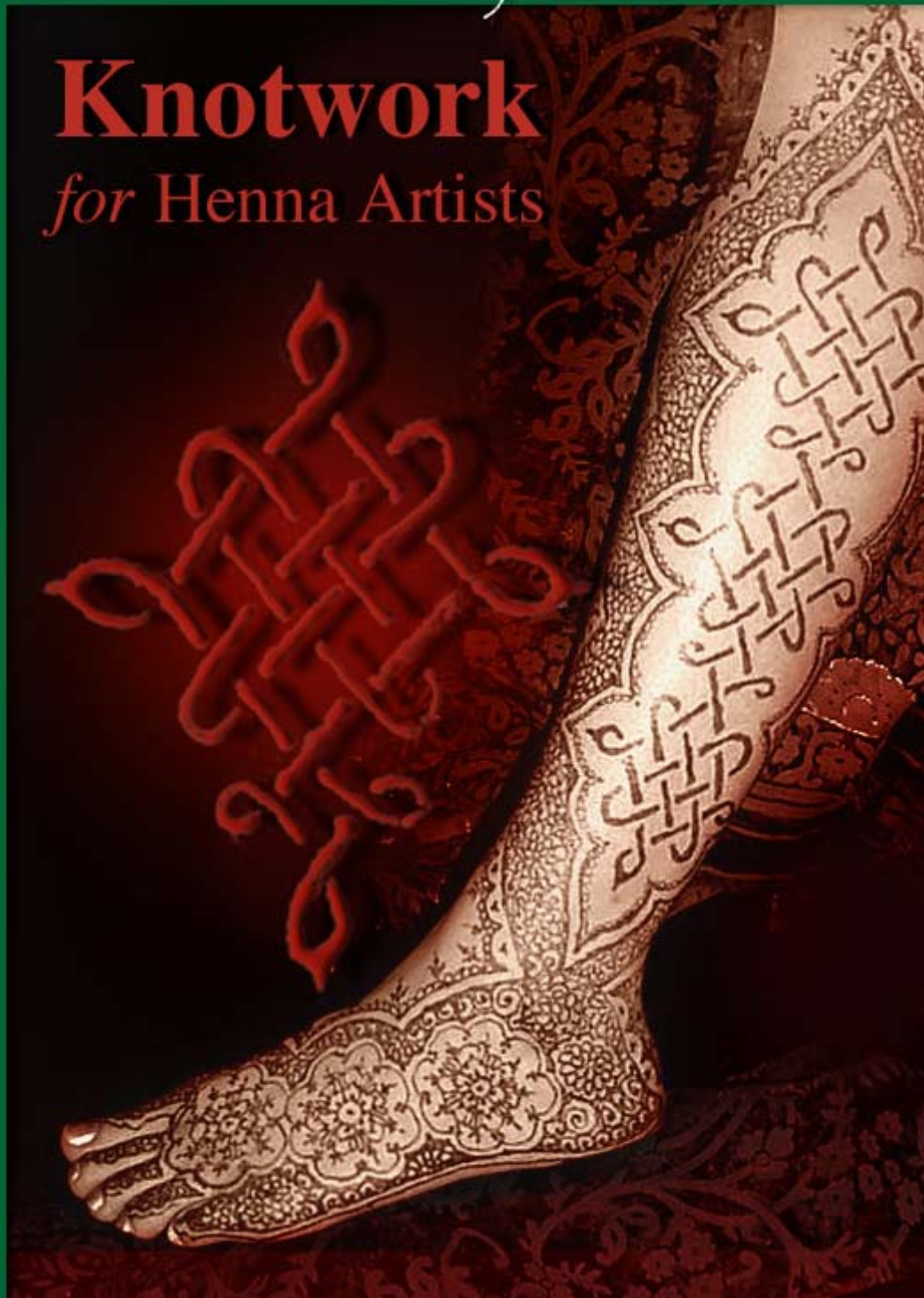


# The Henna Page "HowTo"

## **Knotwork** *for Henna Artists*



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The Henna Page "HowTo" Knotwork for Henna Artists

# The Henna Page “HowTo” Patterns Volume 1

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Become a Certified Henna Artist:  
<http://www.icnha.org>

Always use safe, natural red-brown henna in your henna work. Never use any “black henna” product containing para-phenylenediamine to stain skin. Para-phenylenediamine may cause severe injuries to both artist and client.

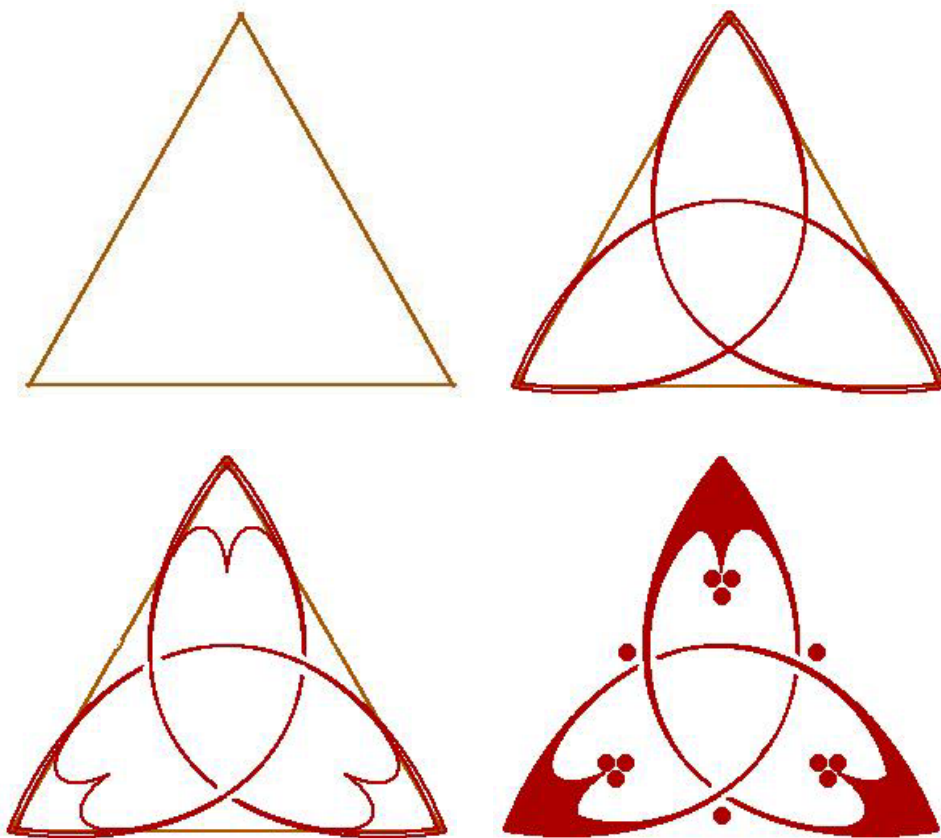
# The Henna Page “HowTo” Knotwork for Henna Artists

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TapDancing Lizard™ LLC  
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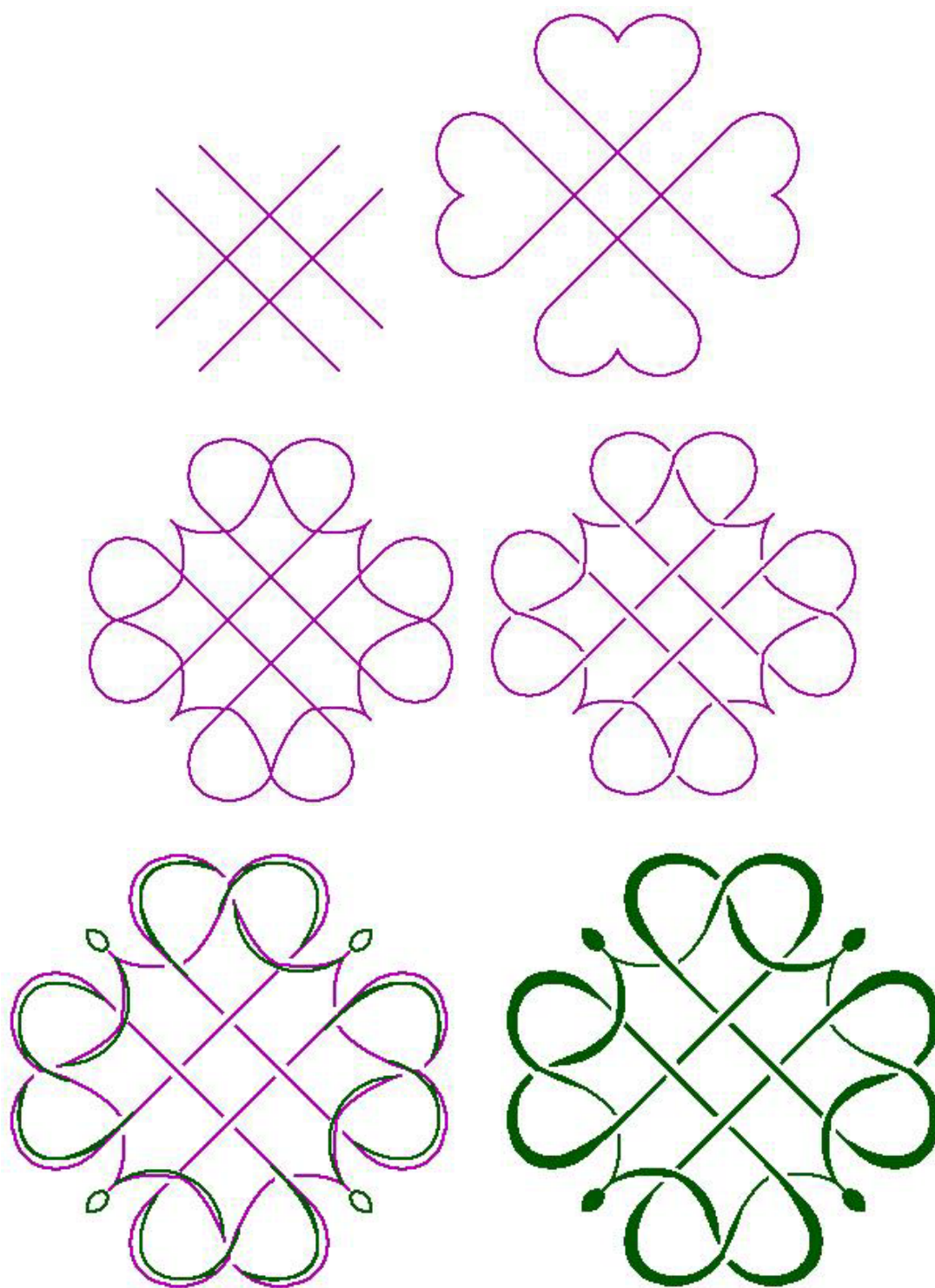
Here are some knotwork patterns, step by step:

- 1) Sketch the basic form lightly in pencil.
- 2) Fill it out.
- 3) Find the “over-under.”
- 4) When you have it the way you want it, apply henna!

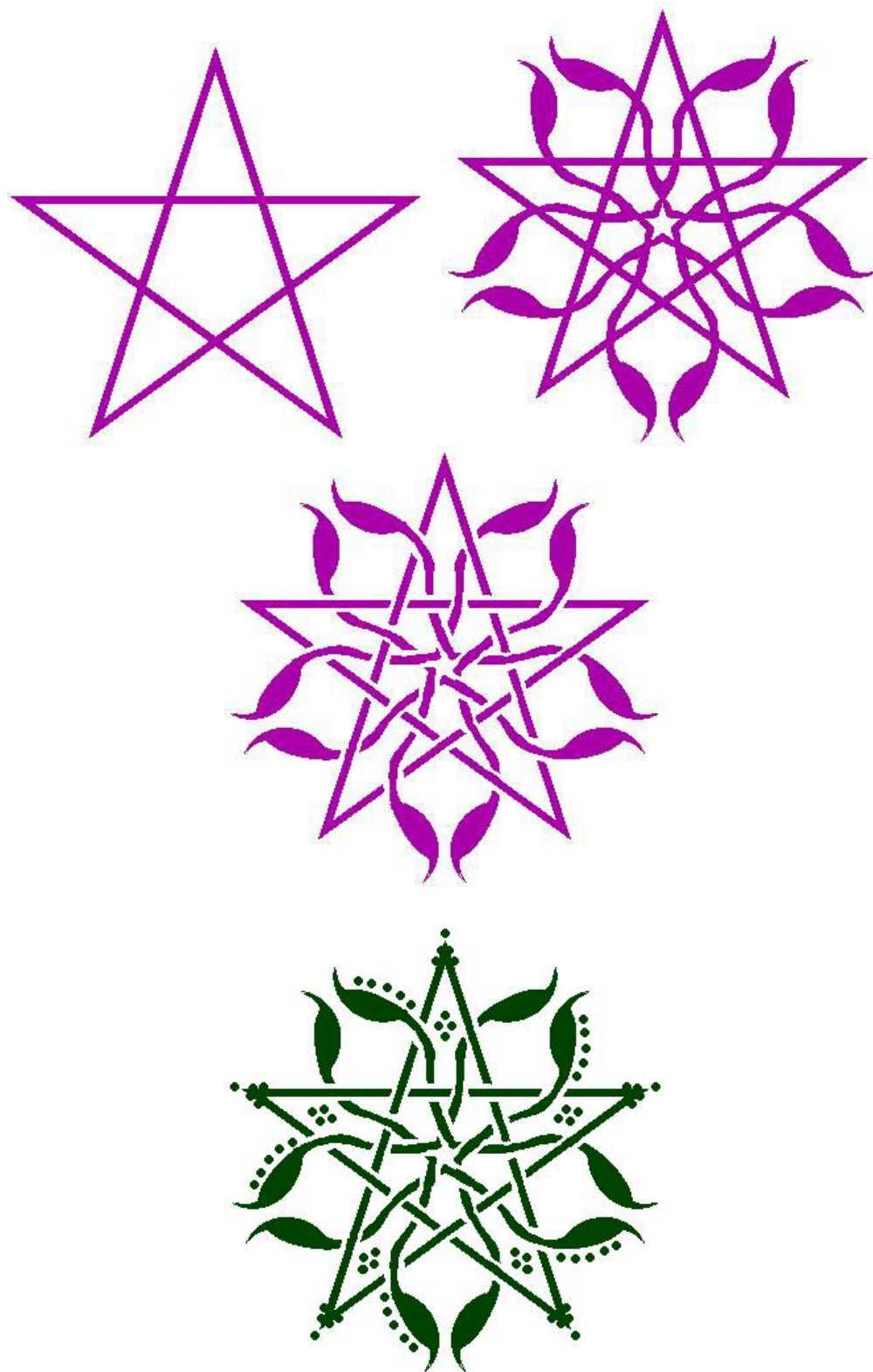
The first knot is based on a triangle:



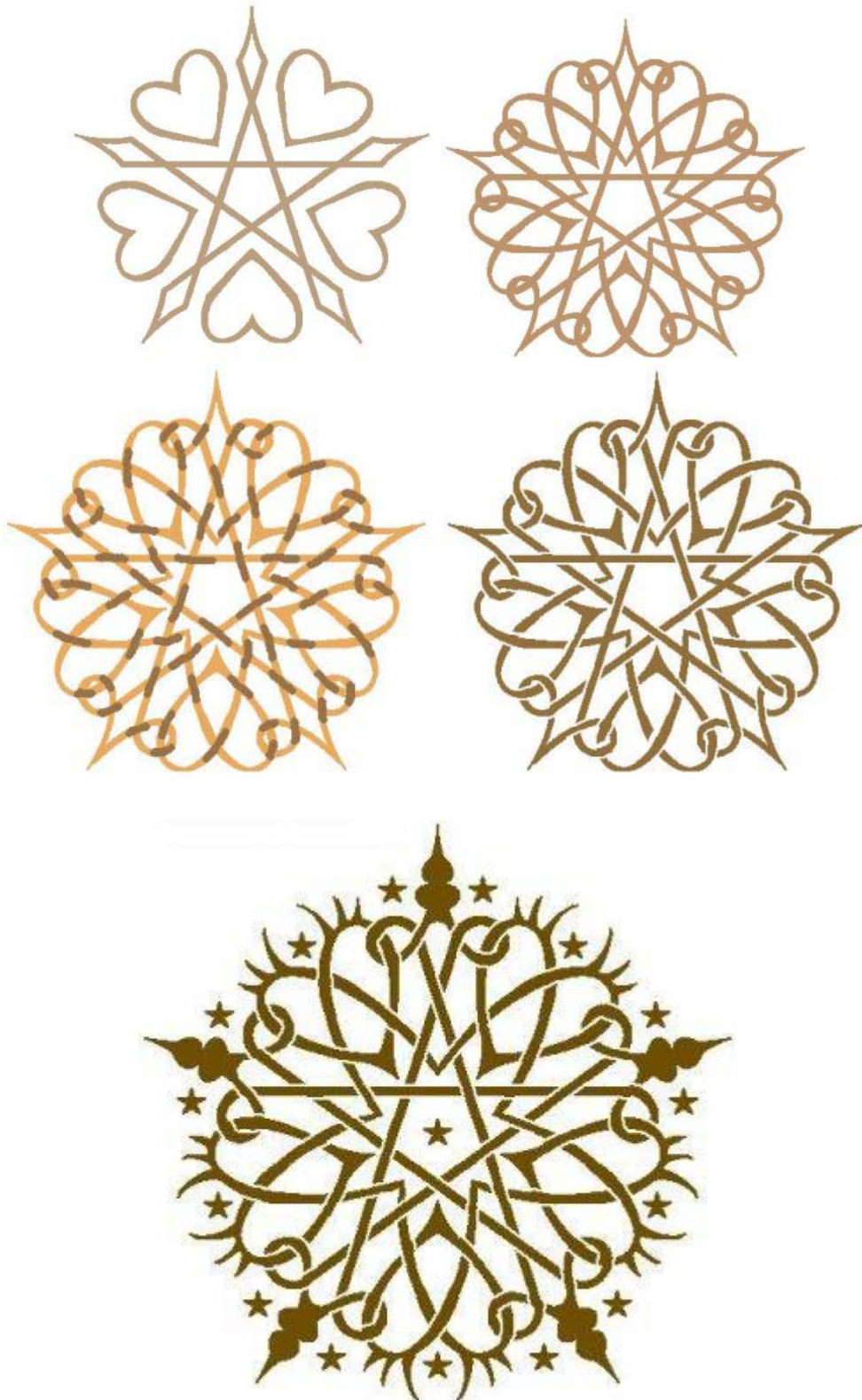
The next knot is based on a square and hearts:



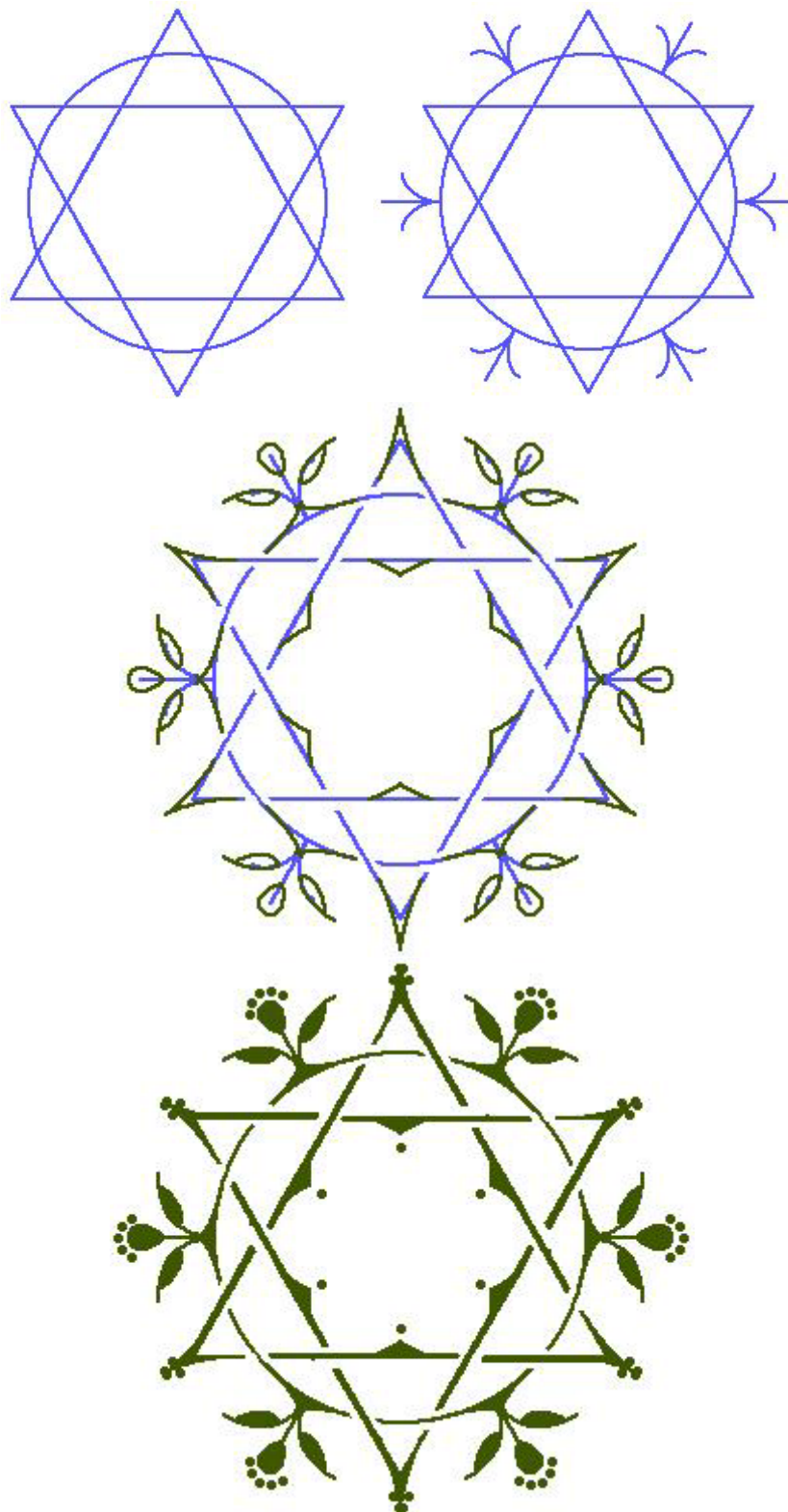
Here's a knot based on a pentagram:



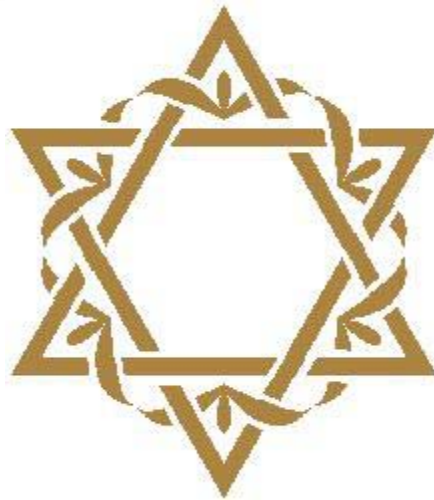
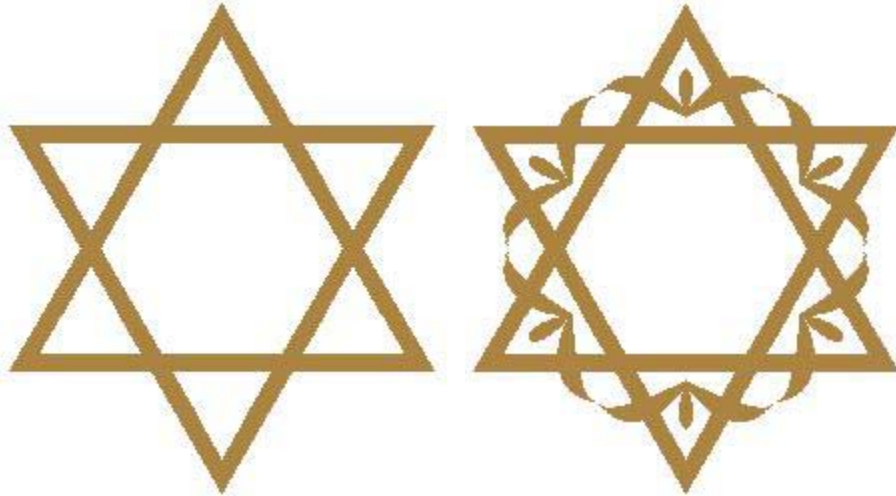
And another pentagram with a heart that's more complicated:

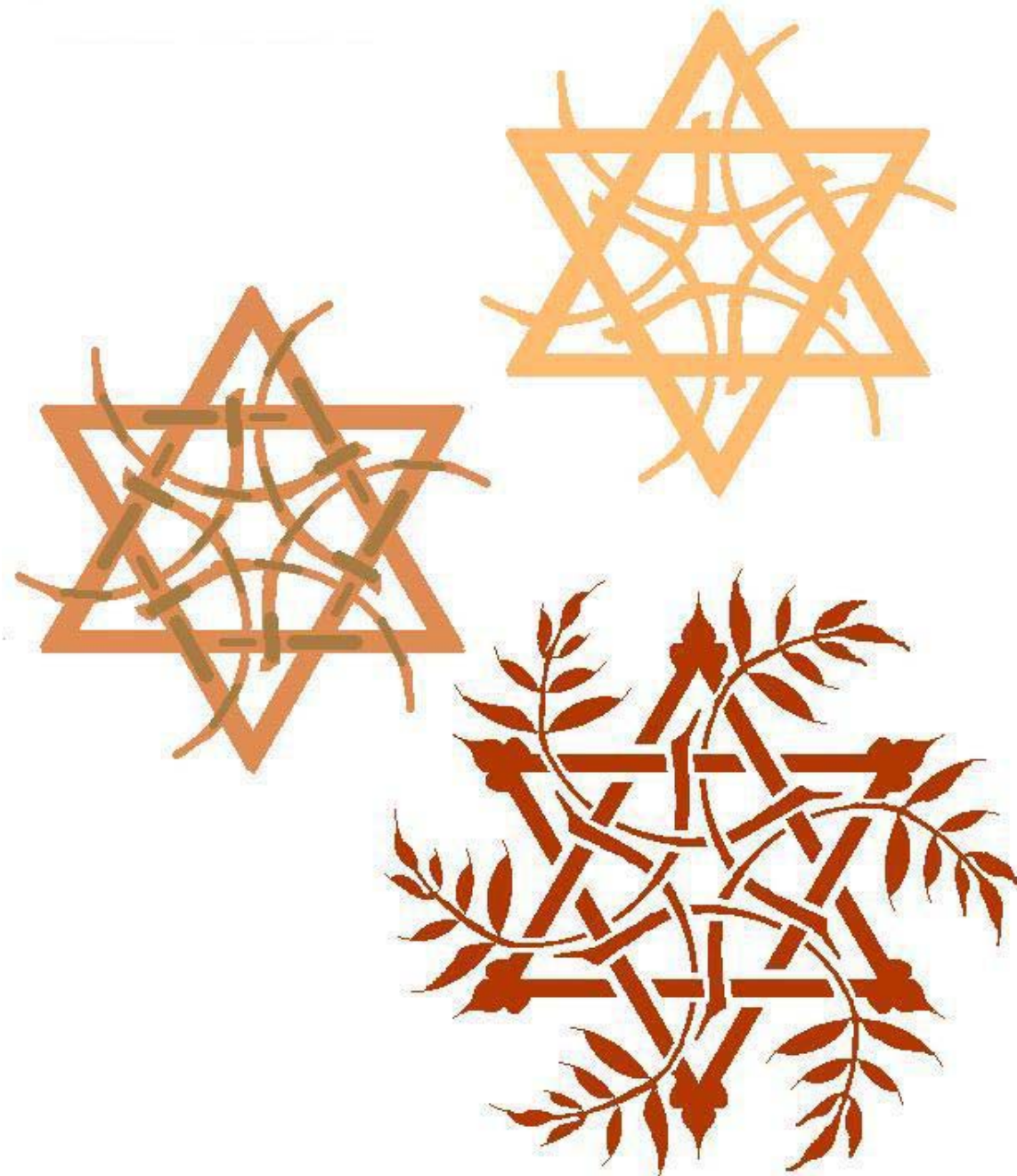


The six-pointed star knots below are based on Jewish henna patterns from Morocco.

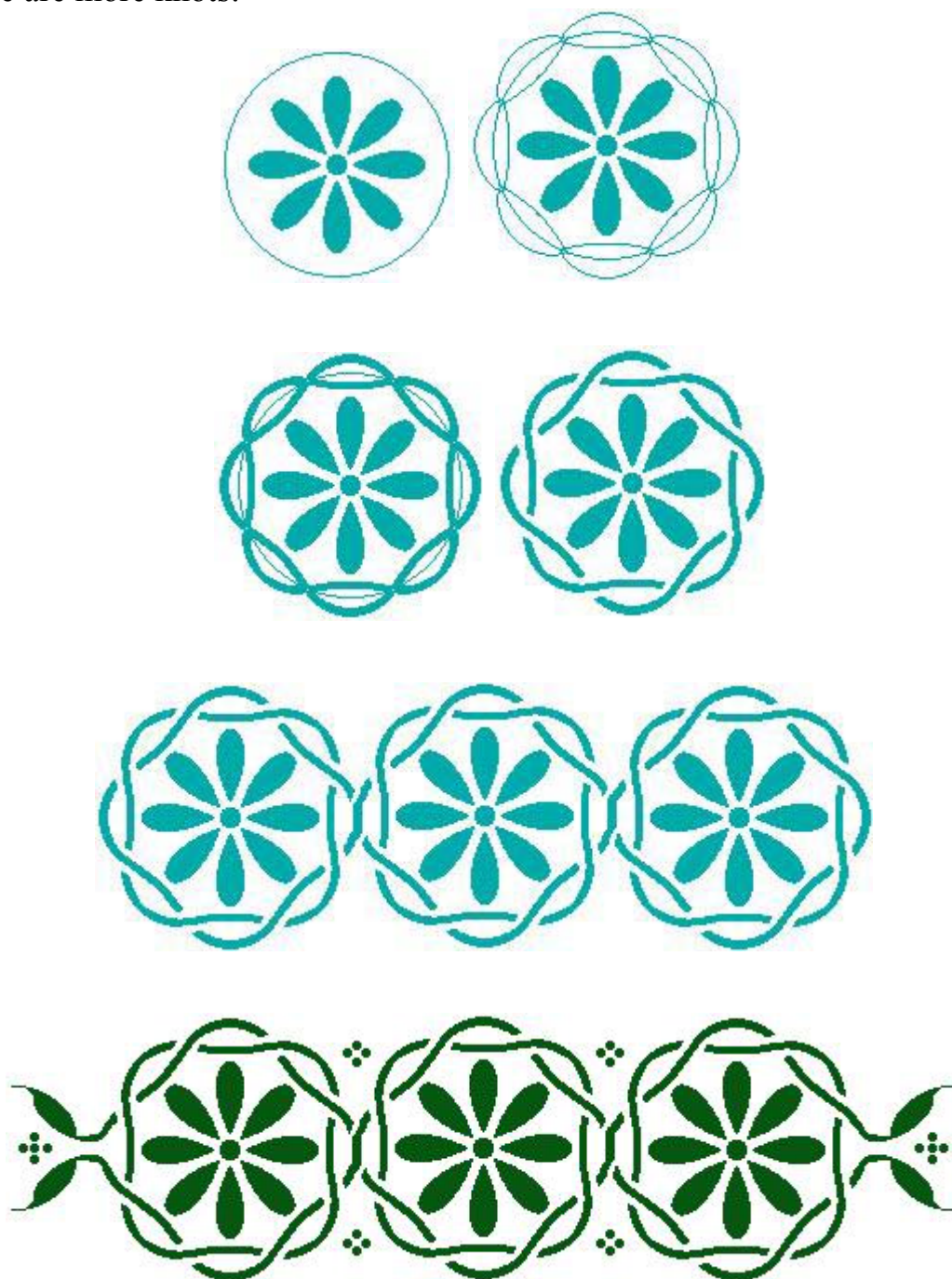


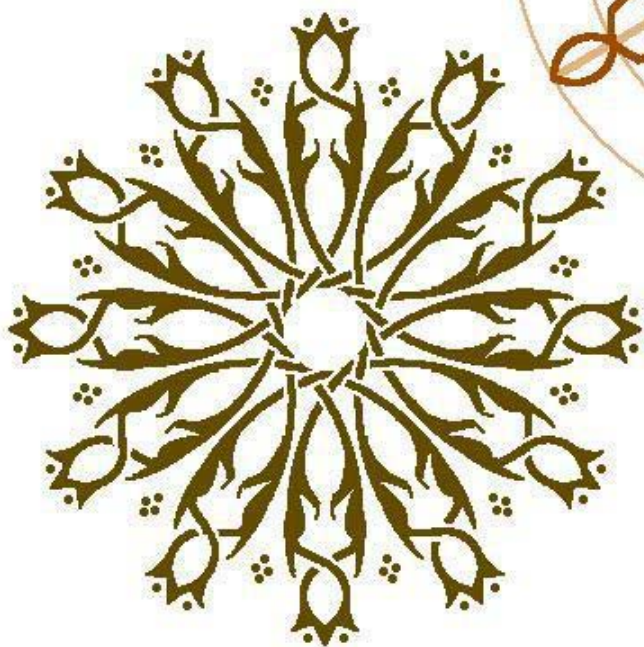
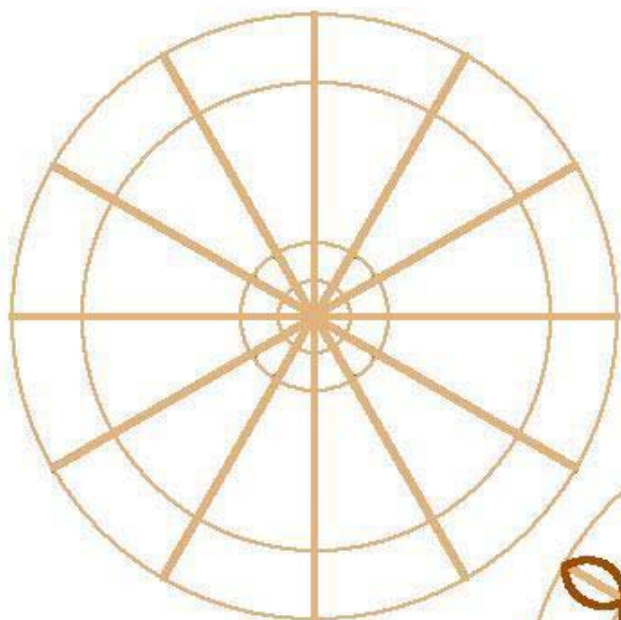




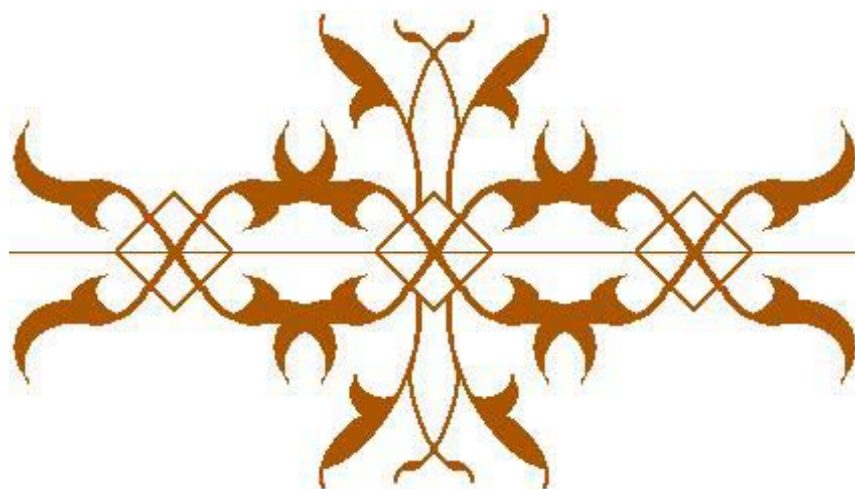
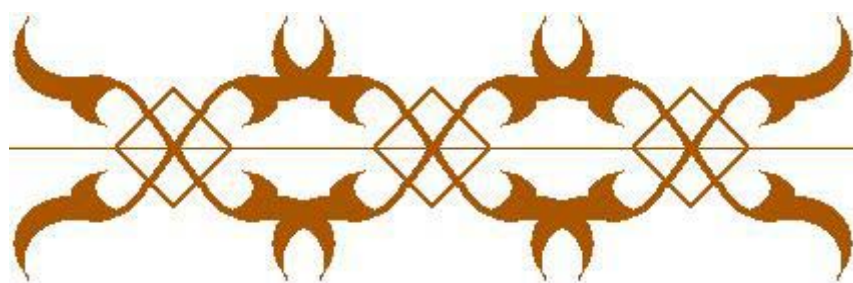
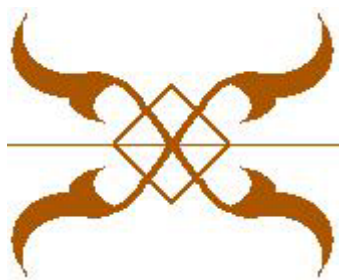


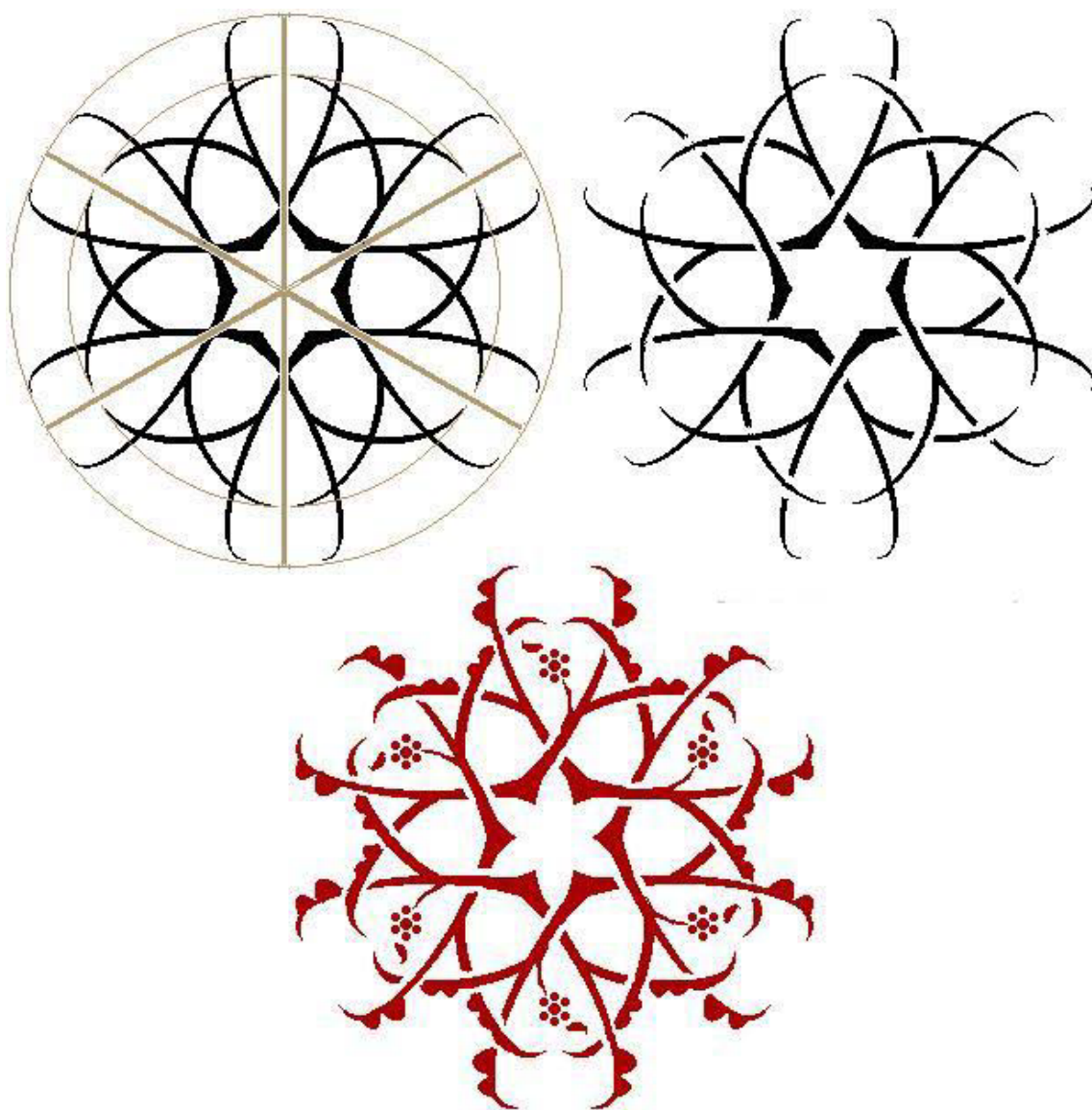
Here are more knots:



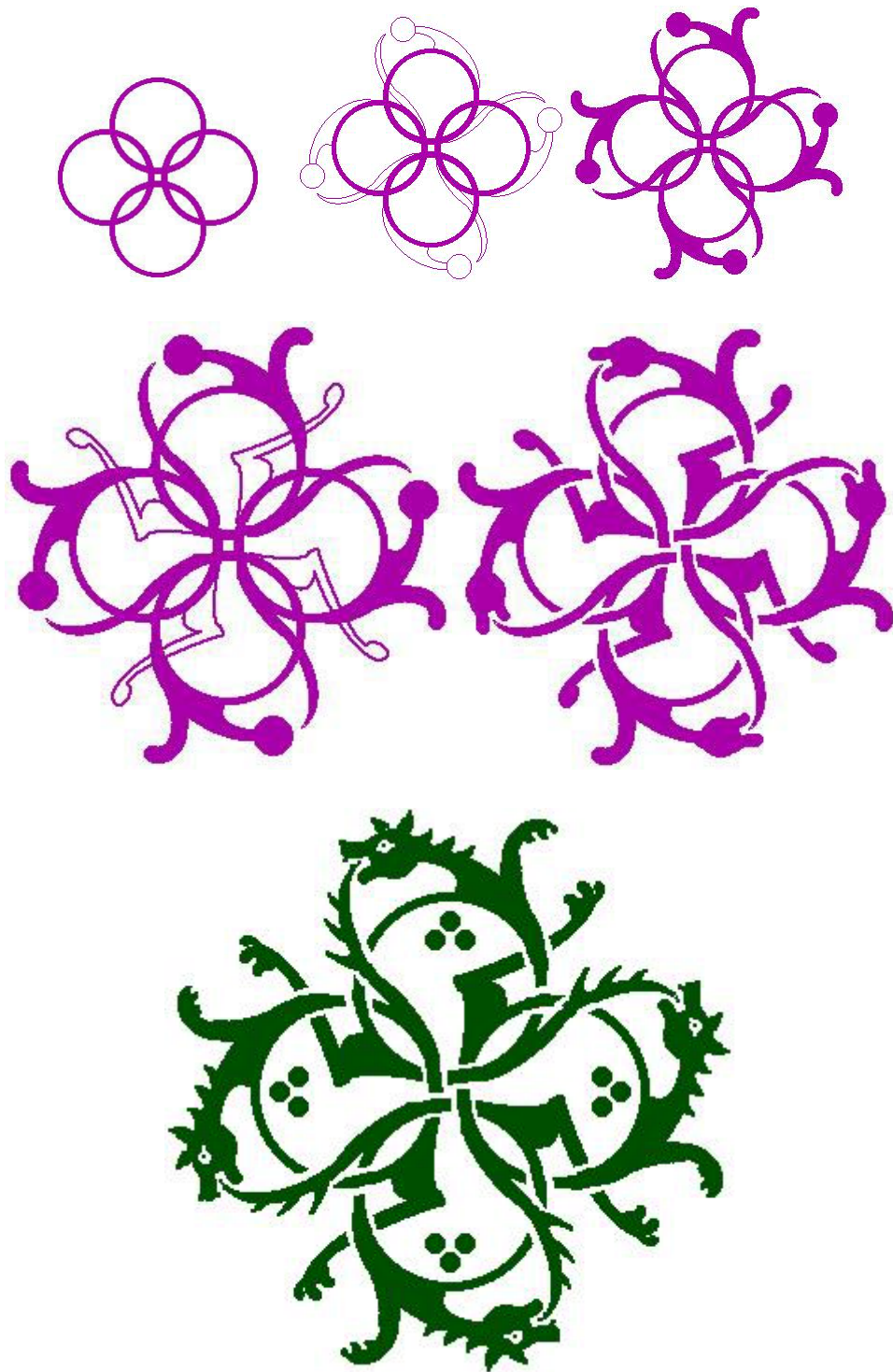








Drawing beasts isn't beastly if you know how!





The next two patterns are adapted from knotwork in Medieval Spanish Christian manuscripts:





Thank you for your interest in henna! To learn more about how to do henna, visit The Henna Page, <http://www.hennapage.com>, and its sister sites. The Henna Page and TapDancing Lizard, <http://www.tapdancinglizard.com>, have pattern books for you! Aquarellable pencils are available from your local art store and Mehandi.com, <http://www.mehandi.com>.

Please always use safe, natural henna, and never Black Henna! For more information on how to do henna safely and naturally, visit the “how” section at The Henna Page, <http://www.hennapage.com/henna/how/index.html>, and to learn how dangerous Black Henna can be, visit <http://www.hennapage.com/henna/ppd/index.html>.


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