

Example #1: Candace and Cassia



Candace has relaxed hair which has had various chemical treatments. She doesn't want to change the color of her hair, but she would like a healthier scalp, and stronger, shinier, more manageable hair. A monthly Ancient Sunrise® cassia application will help her hair texture, strength, and growth.



Talia, the stylist, mixes 300g of Ancient Sunrise® cassia with lemon juice and lets the paste sit overnight.¹ She shampoos Candace’s hair to clear away all the styling products and then dries it. Talia begins to section Candace’s hair, and clips the sections so the cassia can be quickly and easily applied.



When Candace’s hair is sectioned and clipped Talia begins to apply the cassia paste.



Talia pushes the Ancient Sunrise® cassia paste into Candace’s hair, down on to the scalp, and then pulls it out to the tips of the hair. When a lock of hair is completely saturated in cassia paste, Talia winds it into a curl, out of the way, so she can go to the next section.

¹ For a complete description of preparing cassia, see Chapter 7, Mixing and Testing Your Henna Mix



Section after section, Talia applies Ancient Sunrise® cassia paste to Candace's hair. Each time, she pushes the paste down to the scalp and strokes the paste out to the ends of her hair.



When one quarter section of Candace's hair is saturated with cassia paste, Talia sculpts it into a swirl, and goes to the next section.



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Talia continues to apply Ancient Sunrise® cassia paste to all of Candace's hair. Each section must be done separately to ensure that every hair is coated, and that there are no dry spots.



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Talia continues applying paste to Candace's hair until all of her hair is saturated with Ancient Sunrise® cassia.



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Talia wraps Candace's hair with plastic wrap so the paste will not become dry. After several hours, Talia washes Candace's hair and styles it. Candace's hair is now shining, thicker, less damaged, and styles more easily!





Candace's hair is lovely! Her scalp is healthy! Many women with relaxed, natural, or transitioning hair have a cassia treatment once a month to improve the health of their hair and scalp.

Ancient Sunrise® Henna for Hair Chapter11, Henna for Relaxed and Natural Hair

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