

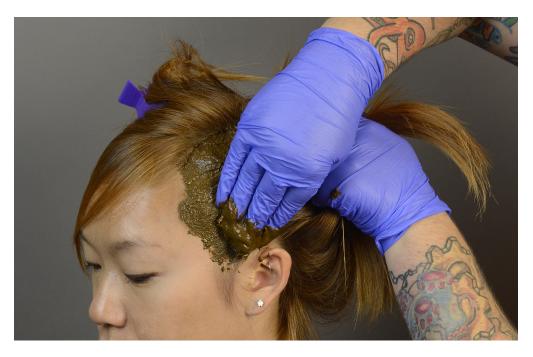


Rebecca wanted to dye her Chinese black hair to red, but bleach damaged her hair and didn't give her the results she'd hoped for. Melissa prepares to apply Ancient Sunrise® henna to Rebecca's bleached hair.¹ The whole length of her hair, the roots to the tips, will be dyed with henna.



¹ For more information on mixing henna, see Chapter 7, Mixing and Testing your Henna Mix

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Melissa mixes Ancient Sunrise® henna with cranberry juice and lets it sit overnight. She sections Rebecca's hair, and begins to apply the henna at her hairline. Melissa applies henna with either a tinting brush or with her hands; the tools don't matter too much as long as hair is meticulously covered with paste. She smears the henna paste onto one section, separates a new section of hair, pushes henna into that, and lays it down over the previous section.



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Melissa continues to apply the paste around Rebecca's hair, scalp to roots, in 1/8" sections all the way around her head. Then, she wraps Rebecca's hair in plastic wrap to keep the paste warm and moist for several hours.



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After washing, Rebecca's hair glows with henna color, is soft, shining, and healthy; Ancient Sunrise® henna created the perfect red she'd hoped for!



Rebecca's natural black hair regrows quickly, but she wants to keep her red hair. She has two choices: one was to regularly bleach and re-henna her hair. Melissa recommends that she alternate bleaching in highlights and doing henna to create an array of "firelights" that will show a line of roots. Go to chapter 10 to see how beautifully this works!²

² For complete information and instructions on maintenance of lightening black hair to red and golden, see Chapter 10, Lightening your Hennaed Hair

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