

The Henna Page "HowTo"



Gilding, Glitter and Gems

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Become a Certified Henna Artist:
<http://www.icnha.org>

Always use safe, natural red-brown henna in your henna work. Never use any “black henna” product containing para-phenylenediamine to stain skin. Para-phenylenediamine may cause severe injuries to both artist and client.

Gilding and Zardosi Techniques: Gilding Paste, Gems and Glitter Work



Gilding, Glitter and Gem work is a recent popular innovation in Indian bridal technique, adding dazzle and glamor to henna. These techniques are spectacular, yet easy to master. In India, these adornments are often called Zardosi because they emulate the fabulous gold embroidered, bejeweled bridal sari fabrics. As upper class Indian wedding celebrations expand to a week or more, the modern bride may wish to have her adornment match two dozen saris or more, with an artist re-applying dazzle twice a day. These transitory techniques can be used on their own, at the time of henna paste application, or to ornament the henna stain. They are designed to be "of the moment", to please the camera's eye, and delight the wedding guests.

If you're working a festival, and you're competing with other henna artists, gilding gems, and glitter will make your henna stand out from the competition! There will always be potential clients who would like to be adorned, but who don't want a lingering stain. Offer them these techniques! There are always little children who want adornment, but whom you should NOT henna for health reasons.

Learn how to create your own pastes and do this beautiful work.



[Learn to make gilding pastes](#)



[Learn to make glitter pastes](#)



[Learn how to apply gems](#)



[Learn to Glitter Your Henna](#)

Examples of Gilding and Glitter work:



Gilding pastes and gems



Gilding and Gems as adornment to paste and stain: 1



Gilding paste as an adornment to paste and stain: 2



Gilding and Gems with paste



Gilding paste for reverse work: 1



Gilding paste used for reverse work: 2



Willowhawk's Gilding and Glitter Mix



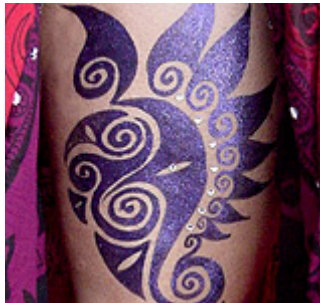
Glitter work done with hair glue



Glitter work with medical adhesive



Glitter work with resin-based body paint



Glitter work with resin-based body paint



Gilding with resin-based body paint



[Gilding over henna stains](#)



[An example of gilding work over henna from Warrior](#)

Gilding Techniques: Spiking Gel and Hair Glue Method

Make your own gilding pastes easily, safely and
inexpensively!

Use hair spiking gel (also called sculpting gel) or hair glue for your base.

Choose a spiking gel:

To find a spiking gel suitable for making gilding paste, go shopping for a hair styling gel which advertises "super hold", "wicked hold" and is meant to pull hair up into rigid gravity-defying spikes. Look for "water resistant" in the product descriptions. Turn the bottle of spiking gel upside down and see if any bubbles rise quickly, slowly, or don't move at all. If the bubble rises fast, your gilding paste will be runny and not hold its shape. If the bubble stays still, your gilding paste will hold a fine, neat, firm line.



Turn the spiking gel upside down to see if bubbles rise or stay in place.

Left: Bubble rising in hair gel: the paste may be runny.

Right: Bubbles do not rise in hair gel: paste will hold its shape.

If you can find a spiking gel that is water resistant, and so thick that the bubbles rise slowly or not at all, that's the one to get. The ones from beauty supply stores are more expensive, but tend to work better than those from grocery stores. Manufacturers change their formulae, change products, and products vary in different areas, so shop around for your gel, and expect to have to change your mix from time to time.

Spiking gel based pastes are slow to dry, but once they're completely dry, they're tenacious, flexible, and water resistant. If you scrub or soak them, they're GONE. The ones that are slow drying tend to flake less. Those that dry quickly flake more. Thicker, more expensive beauty supply shop gels hold their shape and line better than thinner, cheaper grocery store gels. If you don't know which gel to get, go to a beauty supply shop, and ask what gel makes the highest, most rigid hair spikes, and doesn't easily wash out. Buy that one.

You will need pigment:

Lumiere powder is an excellent source for pigment! "Lumiere Powder" comes in all sorts of colors and metallics. Most theatrical and costume supply shops carry Lumiere Powder, and you can find sources online by searching "gold lumiere powder".



Ben Nye and Mehron both have Lumiere powders. These are very finely ground so they are easy to mix up and won't clog even the finest tip. You can also grind up old eyeshadow powder and use that for color, if you can even out all the lumps. The Mehron gold and silver powders have a chemical reaction with some hair gels 4 days after mixing, separating into curds, water and bubbles. The Ben Nye powders do not to this, except for the silver.

Mix paste with hair spiking gel:



Stir 1 part Lumiere powder into 8 parts of spiking gel. That proportion is very approximate! Please experiment and decide for yourself what's going to work best for YOU! Stir it until there are no more lumps and the powder is completely mixed into the paste.



If you're doing a lot of this, use a filter mask! The Lumiere powder would prefer to fly around than mix into the paste! It's easier to put the Lumiere powder on top of the paste and stir it in, rather than trying to stir gel into Lumiere!

Mix gilding paste with hair glue.

Hair glues are slower to dry than gels; you will probably need to use a blow dryer to get them completely dried. They are often vinyl based, and are tenacious and flexible. Once dried, they are more water resistant than hair gel.



Most hair glue is white or transparent. Some beauty supply shops have bright colored hair glue that make beautiful gilding paste base! Choose a glue that compliments your pigment color. Add 1 part Lumiere powder to 5 parts of hair glue.



Apply your hair glue paste in fine, delicate patterns or they'll never dry. Fine patterns take about an hour to dry without a blow dryer.



When you've got your pastes stirred up, put them into baggies or carrot bags. The gilding gels and glues will stay fresh in the refrigerator or a cool place until you need them! Do not freeze your gilding paste; it may separate when it thaws.



When you're ready to work, squeeze some paste from your carrot bag into a mylar cone. Make the tip smaller than you do for henna. [Click HERE to Learn to make and use a mylar cone!](#)



The pattern above is adapted from
"Bella's Wildflowers" by Christine Fenzl,
from [TapDancing Lizard](#).

Apply the gilding paste in very fine lines, finer than you usually apply henna

paste! Thinner lines dry faster, and are less likely to peel off than thicker lines. Use the same techniques and skills with gilding paste as you use for henna.



If you use hair glue based gilding paste, make the lines as fine as possible.

You can get Lumiere powder at costume shops or online from <http://www.stagesupply.com/lumgrand.html>

Gilding Techniques: Spiking Gel and Body Glitter

Make your own glitter pastes easily, safely and inexpensively!

Use hair spiking gel (also called sculpting gel) for your base.



See <http://www.hennapage.com/henna/how/gilding/> to decide what hair gel to purchase. Its especially important to get a thick, non-runny hair gel for your glitter mix, because

glitter will separate out of a runny gel, and be impossible to use. Hair gels come in several colors, though they dry nearly transparent. Get hair spiking gel in a color that will compliment your glitter.

Get superfine body glitter to make your glitter paste. Chunky glitters will clog your cone tip. Use cosmetic quality glitter, not craft glitter.

Jerome Russell's Pixie Sparkle body glitter is fine enough to go through the finest cone tip, and is available at Sally's Beauty Supply shops.

A reliable online supplier for fine cosmetic quality glitter is <http://www.amerikanbodyart.com/>

Add 1 part glitter to 8 parts hair gel. (That proportion is very approximate! Please experiment and decide for yourself what's going to work best for YOU!) Add a small amount of lumiere powder if you want the paste to be slightly opaque. Stir these together.



Put that into a carrot bag.



When its time to use the glitter paste, squeeze some from the carrot bag into a mylar cone. Apply the glitter paste with the mylar cone, just as you would apply henna.



Apply your glitter pastes by themselves, with henna paste, or on a finished henna design. There are commercially available glitter products you can use with your henna. Look in a costume or theatrical supply shop for "waterproof glitter" or in a shop with a wide range of cosmetics. Some come in bottles ready to apply as you would henna paste. Others come with a built in brush. Most of these products are tenacious, beautiful, and easy to use. Look for a product that has a list of ingredients and read them! Some products have very strange smells, and others will burn the skin. Products from reputable cosmetic companies are the safest!



Mehandi Tapdancing Lizard™ The Henna Page™

http://www.mehandi.com 4237 Klein Ave., Stow, Ohio, 44224

330-688-1130 phone 330-688-8803 FAX

Catherine Cartwright-Jones Email: info@mehandi.com

"I Want to Try It" Body Art Samples	Quantity	Price	Total
No-Sift Henna		\$1	
Stringy Henna		\$1	
Turmeric		\$1	
Pickling Lime		\$1	
Sample of Ancient Blue Crystal Indigo for Body Art		\$3.50	
3 Plastic Gloves		\$1	
1 Cotton Glove		\$1	
3 Carrot Bags		\$1	
4 Mylar and/or Cellowrap Triangles		\$1	
Tattoo Transfer Paper		\$1	
3 Templates		\$1	
Citric Acid		\$1	
Tamarind Paste		\$1	
2 Dried Limes		\$1	
Cardamom Pods		\$1	
Fructose		\$1	
Dextrose		\$1	
00 metal tip for carrot bags		\$3	
Sample Aurora Purple Mist Glitter #34		\$1	
Sample Aurora Rose Glitter #13		\$1	
Sample Bridal Red Glitter #2		\$1	
Sample Aurora Sunrise Red Glitter #4		\$1	
Sample Bright Gold Glitter #16		\$1	
Sample Aurora Gold Glitter #40		\$1	
Sample Aurora Willow Glitter #6		\$1	
Sample Aurora Goddess Green Glitter #15		\$1	
Sample Peacock #14		\$1	
Sample Tropical Sea Glitter #19		\$1	
Sample Aurora Sky Glitter #8		\$1	
Sample Ultraviolet glitter #18		\$1	
Sample Aurora Silver Glitter #7		\$1	
Sample Aurora Ice Glitter #25		\$1	
No additional shipping charge on the above items			
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Ancient Blue Crystal Indigo			
25 g Ancient Blue™ Crystal Indigo for Body Art		\$7.50	
50 g Ancient Blue™ Crystal Indigo for Body Art		\$12.50	
100 g Ancient Blue™ Crystal Indigo for Body Art		\$21.50	
Ancient Blue Crystal Indigo Kit		\$29.95	
Harquus			
Harquus: 30 ml bottle		\$12.	

Harquus: 120 ml bottle		\$32.00	
Brushes for Indigo and Harquus			
5 brush Set		\$7.50	
Henna			
"Personal Stash" 100g Jamila henna powder 2007		\$8.00	
"Personal Stash" 200g Jamila henna powder 2007		\$16.00	
"Personal Stash" 300g Jamila henna powder 2007		\$23.00	
"Personal Stash" 400g Jamila henna powder 2007		\$30.00	
"Personal Stash" 500g Jamila henna powder 2007		\$36.00	
"Personal Stash" 100g Yemen Summer 2006 henna		\$8.00	
"Personal Stash" 200g Yemen Summer 2006 henna		\$16.00	
"Personal Stash" 300g Yemen Summer 2006 henna		\$23.00	
"Personal Stash" 400g Yemen Summer 2006 henna		\$30.00	
"Personal Stash" 500g Yemen Summer 2006 henna		\$36.00	
Rajasathani Stringy 100g Monsoon 2006 henna		\$6.50	
Rajasathani Stringy 200g Monsoon 2006 henna		\$13.00	
Rajasathani Stringy 300g Monsoon 2006 henna		\$19.00	
Rajasathani Stringy 400g Monsoon 2006 henna		\$24.00	
Rajasathani Stringy 500g Monsoon 2006 henna		\$30.00	
Henna Shooter (35 ml = 1.5 oz, 70 ml = 3 oz)			
35 ml oz henna shooter (empty)		\$2.50	
70 ml henna shooter (empty)		\$2.50	
Ten 35 ml henna shooters (empty)		\$20.	
Ten 70 ml henna shooters (empty)		\$20	
Shot Cups			
Five 35 ml shot with cap (empty)		\$5	
Twenty 35 ml shots with caps (empty)		\$15	
"Terps" Aromatherapy Quality Pure Essential Oils			
10 ml Cajeput, Basil and Cardamom		\$9.00	
10 ml Cajeput, Wild Thyme and Rosemary		\$9.00	
10 ml Cajeput, Cardamom and Clove Bud		\$9.00	
10 ml Cajeput, Geranium Bourbon and Clove Bud		\$9.00	
10 ml Lavender and Cedar		\$12.00	
10 ml Lavender, Cardamom and Clove Bud		\$12.00	
10 ml Lavender, Geranium Bourbon and Clove Bud		\$12.00	
10 ml Lavender and Bay		\$12.00	
10 ml Naiouli, Wild Thyme and Rosemary		\$7.50	
10 ml Naiouli, Basil and Bay		\$7.50	
10 ml Naiouli, Cardamom and Clove Bud		\$7.50	
10 ml Naiouli, Geranium Bourbon and Clove Bud		\$7.50	
30 ml Tea Tree and Cedarwood		\$12.00	
30 ml Tea Tree, Cardamom and Clove Bud		\$12.00	
30 ml Tea Tree, Geranium Bourbon and Clove Bud		\$12.00	
30 ml Tea Tree, Bay and Clove Bud		\$12.00	
30 ml Tea Tree, Cedarwood and Vetivert		\$12.00	
Gilding Paste (35 ml = 1.5 oz)			
35 ml Gold Gilding Paste		\$8.00	
35 ml Platinum Gilding Paste		\$8.00	
Henna Pattern Transfer Paper			
20 sheets Henna Pattern Transfer Paper		\$10	
50 sheets Henna Pattern Transfer Paper		\$20	
Mehandi GildingGel to Make Your Own Gilding Paste			
35 ml gel shot for "make your own" gilding paste		\$2.50	
Five 35 ml gel shots "make your own" gilding paste		\$11.00	
Ten 35 ml gel shots for "make your own" gilding paste		\$20.00	
Gilding Powder to Make Your Own Gilding Paste			
Pearl #22 4g gilding powder		\$6.50	

Silver #111 4g gilding powder		\$6.50	
Sunshine Gold #103 4g gilding powder		\$6.50	
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Bridal Red #33 4g gilding powder		\$6.50	
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75 Swarovski Multicolor gems		\$9.00	
75 Swarovski Aurora borealis crystals		\$9.00	
75 Swarovski Amethyst		\$9.00	
75 Swarovski Emerald		\$9.00	
75 Swarovski Tourmaline		\$9.00	
75 Swarovski Fire Opal		\$9.00	
75 Swarovski Ruby Aurora		\$9.00	
75 Swarovski Dowry Gold		\$9.00	
75 Swarovski Ruby		\$9.00	
75 Swarovski Sapphire		\$9.00	
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75 Swarovski Aurora Sapphire		\$9.00	
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100 pre-cut small Mylar Triangles for SuperCones		\$20.00	
100 pre-cut large Mylar Triangles for SuperCones		\$20.00	
20 small pre-rolled cones		\$10.00	
20 large pre-rolled cones		\$10.00	
Ultra Fine Mehandi Glitter:			
5g Aurora Purple Mist Glitter #34		\$6.50	
5g Aurora Rose Glitter #13		\$6.50	
5g Bridal Red Glitter #2		\$6.50	
5g Aurora Sunrise Red Glitter #4		\$6.50	
5g Bright Gold Glitter #16		\$6.50	
5g Aurora Gold Glitter #40		\$6.50	
5g Aurora Willow Glitter #6		\$6.50	
5g Aurora Goddess Green Glitter #15		\$6.50	
5g Peacock #14		\$6.50	
5g Tropical Sea Glitter #19		\$6.50	
5g Aurora Sky Glitter #8		\$6.50	
5g Ultraviolet Glitter #18		\$6.50	
5g Holographic Violet# 44		\$6.50	
5g Aurora Silver Glitter #7		\$6.50	
5g Aurora Ice Glitter #25		\$6.50	
5g Aurora Shimmering Midnight #10			
12g Bridal Red Glitter #2		\$11	
12g Aurora Gold Glitter #40		\$11	
12g Aurora Ice Glitter #25		\$11	
12 g Aurora Silver Glitter #7		\$11	
Starz Mehandi Glitter			
5g Angel Aurora Starz		\$9	
5g Dark Angel Aurora Starz		\$9	
5g Diva Gold Starz		\$9	
5g Rockstar Silver Starz		\$9	
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1 Pack of Disposable Cotton Gloves (24 gloves)		\$10.00	

Disposable Gloves			
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3 Aquarellable Pencils (henna colors)		\$6.00	
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