

The Henna Page "HowTo" Harquus Copyright 2005 Catherine Cartwright-Jones Revised 2019 Cover Graphic by Alex Morgan

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Body Art

The Henna Page "HowTo" Harquus

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Always use safe, natural red-brown henna in your henna work. Never use any "black henna" product containing para-phenylenediamine or related coal tar dyes to stain skin. Para-phenylenediamine and coal tar dyes may cause severe injuries to both artist and client.

Harquus from mehandi.com is a safe alternative to "Black Henna"

Create black temporary tattoos with Black Temptu "Dura" Waterproof Temporary Tattoo Paint, an FDA approved black body paint



Many people want BLACK temporary body art that looks like a bold tribal tattoo. They want the body art to last a few days, and to not wash off. It is dangerous and illegal to apply "black henna," para-phenylenediamine to skin. PPD, para-phenylenediamine is oxidative black hair dye, the main ingredient of the black temporary tattoo paste sold as "Black Henna". "Black Henna" can leave people with severe scars and long-term health problems.

For more information on the dangers of Para-phenylenediamine as body art see: <u>http://www.hennaforhair.com/ppd/ppdreaction/</u> <u>http://www.hennapage.com/henna/ppd/index.html</u>

Henna is safe, but will not give people the jet-black mid-body markings that look like tattoos. There is NOTHING that you can safely add to henna to make it black. Anything called "black henna" is NOT henna. Anything that stains your skin jet black within 20 minutes is NOT henna and is NOT SAFE.

Harquus is a word for various black cosmetics traditionally used in North Africa and the Middle East. Durable black body paints have been made for generations by combining plant resins and fats with carbonized wood, lignite, and cellulose. Chemically similar

body paints are available now, developed for the film and television industry, when actors need realistic looking temporary tattoos for roles. These come in many colors. Temptu "Dura" paints are FDA approved. The ingredients of Black Temptu "Dura" Waterproof Temporary Tattoo Paint are isapropanol, ethanol, cellulose and cellulose derivatives, castor oil, with ultramarine blue and black iron oxide as the colorants. These paints are "set" with talcum powder. These are absolutely safe, even on children. When properly applied, this temporary tattoo looks identical to a REAL tattoo. These last for 1 to 5 days, depending on body placement and care. When you wish to remove this temporary tattoo, you simply wipe the paint away with rubbing alcohol or surgical spirits.

Purchase Temptu "Dura"Waterproof Temporary Tattoo Paint from http://www.mehandi.com/



Materials:

1) A small brush, size 0 to 5

2) Cotton balls and talcum powder for preparing the skin and setting the paint.

3) Rubbing alcohol for cleaning the brush and correcting mistakes.

4) Temptu or other FDA approved body paint and a tiny container such as a shot glass to pour out one drop at a time.

Do not try to use an old, ratty brush! Good brushes paint smooth lines. Make sure you have **talc** talcum powder, not cornstarch! Shot glasses and sake cups are very convenient for holding your Temptu!

You can purchase Temptu Dura and good brushes from <u>www.mehandi.com</u> <u>https://www.mehandi.com/product-p/temptu_01.htm</u> <u>https://www.mehandi.com/Brushes-for-Body-Arts-p/brush_01.htm</u>

How to apply Temptu Dura black temporary tattoo paint:

1) Clean the subject's skin with soap and water to remove cosmetics. If the subject has oily skin, clean with an astringent to remove as much oil as possible.

2) Apply talcum powder to the skin with a cotton ball, and wipe away the excess. This will prevent your Temptu from "feathering" on the skin.

3) Shake your bottle of Temptu. The pigments in the paint settle to the bottom of the bottle and you MUST shake the bottle each time to disperse the pigment. Put one drop of paint into your little cup. Allow that drop to evaporate. Pour in one more drop of paint onto the evaporated drop. Brush the two together and begin painting.

4) Apply the patterns. If your brush gets heavy with paint, rinse it in rubbing alcohol. If your paint is too thin, evaporate another drop in your little cup. If your paint is too thick, add half a drop of rubbing alcohol.



5) When you have finished applying the paint, powder the patterns again with talcum powder. Make sure the powder is "talc" and not corn starch. This powder will bind with the paint to create a durable, realistic-looking temporary tattoo.

6) Gently rub the talcum powder into the skin. In a few minutes, all of the powder will be absorbed into the paint. The paint will be water-resistant, but can be removed quickly with rubbing alcohol. If you apply a second coat of paint and talcum, the Temptu Dura will be more durable. When you are done, rub talcum powder into the Temptu Dura again, and dust off the excess.

You can make your Temptu last longer on the skin by dusting it lightly with talcum power after bathing, or when it starts to look shiny. This will keep your Temptu looking like a

real tattoo for several days! When you're ready to remove your temporary tattoo, just rub it off with rubbing alcohol or surgical spirits, or rub lotion onto the Temptu.



Temptu Dura Black fixed with talcum powder is excellent for dancers who wish to perform with facial tattoos, but be able to remove them after the performance. Temptu Dura will last through a weekend of performances, and not sweat or shower off.



TapDancing Lizard has free books of traditional women's tattoos that you can use: Harquus: North African Women's Traditional Body ArtVolume 2: Paint <u>http://www.hennapage.com/henna/encyclopedia/nahq/HQNA2.pdf</u> Harquus: North African Women's Traditional Body Art Volume 3: Tattoo <u>http://www.hennapage.com/henna/encyclopedia/nahq/HQNA3.pdf</u>

You can Brush Becoming Moonlight® body glitter over your Temptu Dura:

Instead of using talcum powder to seal the paint, brush glitter onto the slightly tacky Temptu. Pour loose Becoming Moonlight body glitter into a small cup and brush it over the paint with a wide brush. The example below was done with Becoming Moonlight glitter, Becoming Moonlight gems applied with Becoming Moonlight gilding paste, and Temptu from www.mehandi.com.



For a beautiful effect, brush Angel or Opal Becoming Moonlight® body glitter over Temptu Dura Black while the paint is still sticky and add Becoming Moonlight® gems for extra dazzle. You can see that the opalescent glitter in the bowl has no color of its own, but is highly reflective. Opalescent glitter over black resin-based body paint reflects irridescent greens and blues.



You can achieve different effects over Temptu black by applying other colors of glitter over the sticky paint:



When the Temptu Dura Black is still sticky, brush Becoming Moonlight® body glitter over Temptu Dura black. The glitter sticks to the surface of the tacky Temptu, and creates a solid, dry, dazzling surface that shimmers with every move. Becoming Moonlight® gems highlight the design.



This example shows Becoming Moonlight Peacock glitter and Crystal gems over Temptu Dura Black: <u>https://www.mehandi.com/ProductDetails.asp?ProductCode=glitter_01</u> <u>https://www.mehandi.com/ProductDetails.asp?ProductCode=gem_01</u>

Dust your Temptu with Becoming Moonlight® gilding powder for more special effects:



Instead of brushing talcum powder over the body paint, brush Becoming Moonlight® Gilding Powder over the Temptu paint while it still sticky. Keep brushing on powder until the surface of the Temptu feels dry. This work was created by brushing Tourmaline Becoming Moonlight® Gilding Powder over Temptu Dura Black <u>https://www.mehandi.com/ProductDetails.asp?ProductCode=gild-pwdr_01</u>

Two Step-by-Step Projects:



The following two step-by-step projects are adapted from patterns in "Ancient Blue Pagan Patterns from Ancient Europe" a free ebook:

You can view these projects as slideshows

 View <u>"Viking Dragon"</u>, step by step: 8 MB download, wmv file <u>http://www.hennapage.com/henna/how/harquus/harquus1.wmv</u>
View <u>"Scorpion Dance"</u>, step by step: 5 MB download, wmv file <u>http://www.hennapage.com/henna/how/harquus/harquus3.wmv</u>
View <u>"Swan"</u>, step by step: 7 MB download, wmv file <u>http://www.hennapage.com/henna/how/harquus/harquus2.wmv</u>

These are based on patterns from "Ancient Blue Pagan Patterns from Ancient Europe" by Alex Morgan: <u>http://www.tapdancinglizard.com/ancientblue/index.html</u>



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Project 1: The Viking Dragon Ship

Step by Step:

Clean the skin and lightly dust it with talcum powder. Begin painting.



Shake your bottle of Temptu Dura. The pigments in the paint settle to the bottom of the bottle and you MUST shake the bottle each time to disperse the pigment. Put one drop of

paint into your little cup. Allow that drop to evaporate. Pour in one more drop of paint onto the evaporated drop. Brush the two together and begin painting.

Apply the patterns. If your brush gets heavy with paint, rinse it in rubbing alcohol. If your paint is too thin, evaporate another drop in your little cup. If your paint is too thick, add half a drop of rubbing alcohol.



When you have finished applying the paint, powder the patterns again with talcum powder. Make sure the powder is "talc", not cornstarch. Talc will bind with the paint to create a durable, realistic-looking temporary tattoo.



Gently rub the talcum powder into the skin. In a few minutes, all of the powder will be absorbed into the paint. The paint will be water-resistant, but can be removed quickly with rubbing alcohol.

Broad areas of Temptu may be uneven, and need a second coat. It is better to apply two thin coats of Temptu than to try to apply one thick coat. If you apply a second coat of paint and talcum, the Temptu will be more durable.

Go over the Temptu with a second coat for greater durability and even color. Copyright © 2005 Catherine Cartwright-Jones Tapdancing Lizard LLC All rights reserved This book is provided free to you by <u>www.mehandi.com</u> and <u>www.tapdancinglizard.com</u> **PURCHASE HENNA AND BODY ART SUPPLIES FROM www.mehandi.com**



When you are done, rub talcum powder into the Temptu again, and dust off the excess.



Dust off the excess talcum powder, and the paint will last on the skin for 4 - 7 days. It is waterproof, so you can shower with the paint on the skin. If you perspire heavily or have oily skin, the paint may only last 2 - 3 days.

Project 2: The Swan



Swam, Step by Step:



Clean the skin and lightly dust it with talcum powder. Begin painting.



Shake your bottle of Temptu Dura. The pigments in the paint settle to the bottom of the bottle and you MUST shake the bottle each time to disperse the pigment. Put one drop of paint into your little cup. Allow that drop to evaporate. Pour in one more drop of paint onto the evaporated drop. Brush the two together and begin painting.

Apply the patterns. If your brush gets heavy with paint, rinse it in rubbing alcohol. If your paint is too thin, evaporate another drop in your little cup. If your paint is too thick, add half a drop of rubbing alcohol.



Gently rub the talcum powder into the skin. In a few minutes, all of the powder will be absorbed into the paint. The paint will be water-resistant, but can be removed quickly with rubbing alcohol.

Broad areas of Temptu Dura may be uneven, and need a second coat. It is better to apply two thin coats of Temptu Dura than to try to apply one thick coat. If you apply a second coat of paint and talcum, the Temptu will be more durable.



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When you have finished applying the Temptu Dura Black, powder the patterns again with talcum powder. Make sure the powder is "talc", not cornstarch. Talc will bind with the paint to create a durable, realistic-looking temporary tattoo.



When you are done, rub talcum powder into the Temptu again, and dust off the excess.



Shop online at Mehandi.com for henna and bodyart supplies. Mehandi.com has the best quality, the widest product range, and expert customer support for your beautiful art!

Shop at EMPIRE 135 E. Main St. in Kent, Ohio, for your henna and bodyart supplies. Get free advice, demonstrations, & help with your bodyart projects.