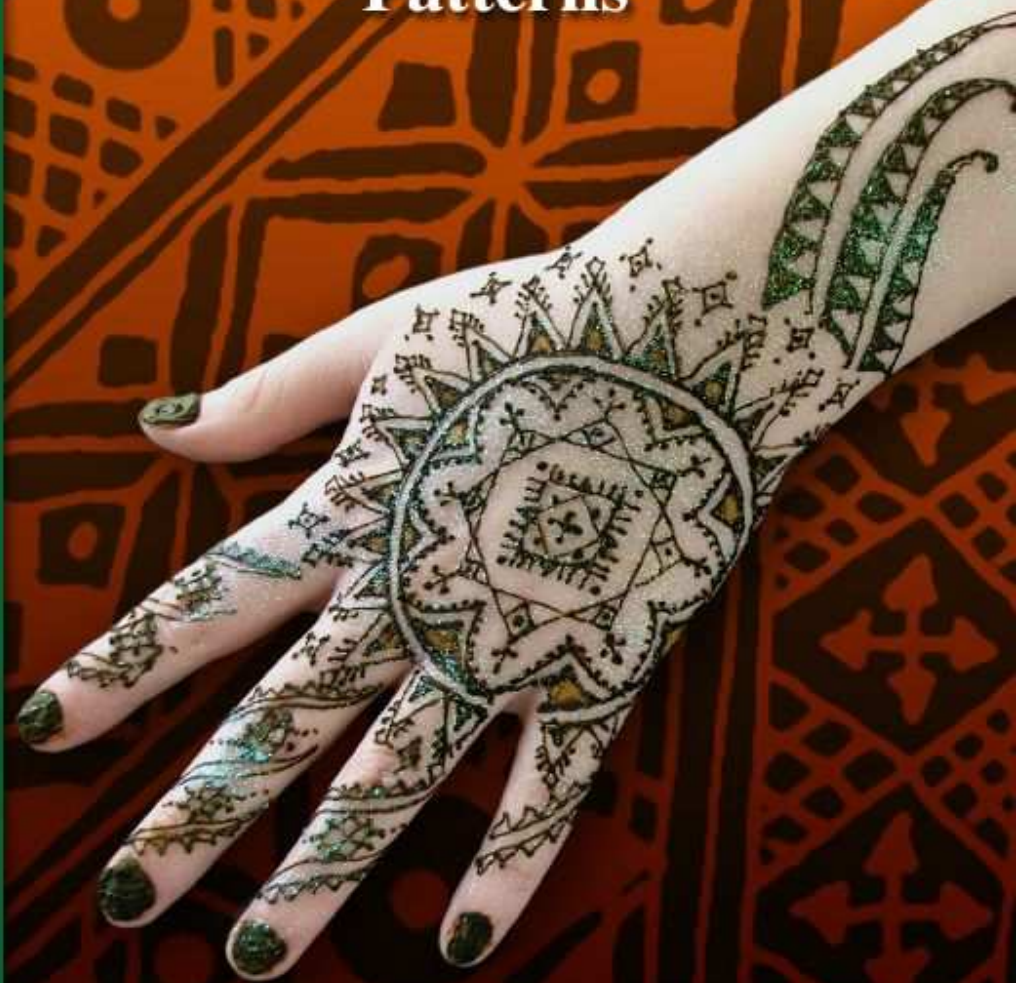


*The Henna Page "HowTo"*

**North African Henna  
Patterns**



Catherine Cartwright-Jones

The Henna Page “HowTo” North African Henna: Patterns

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# The Henna Page “How To” North African Henna: Patterns

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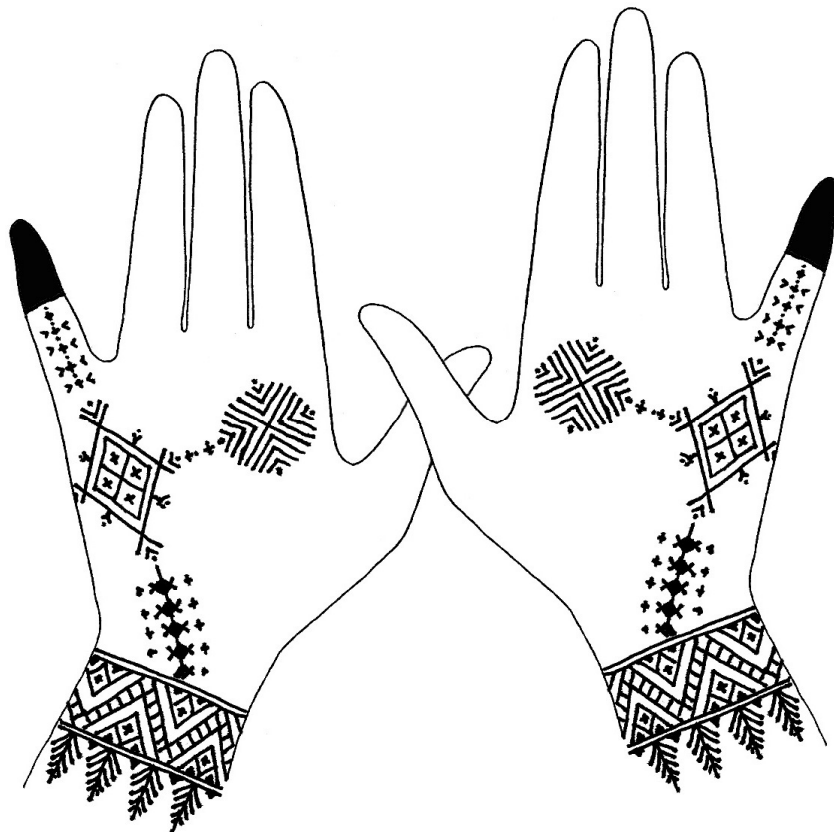
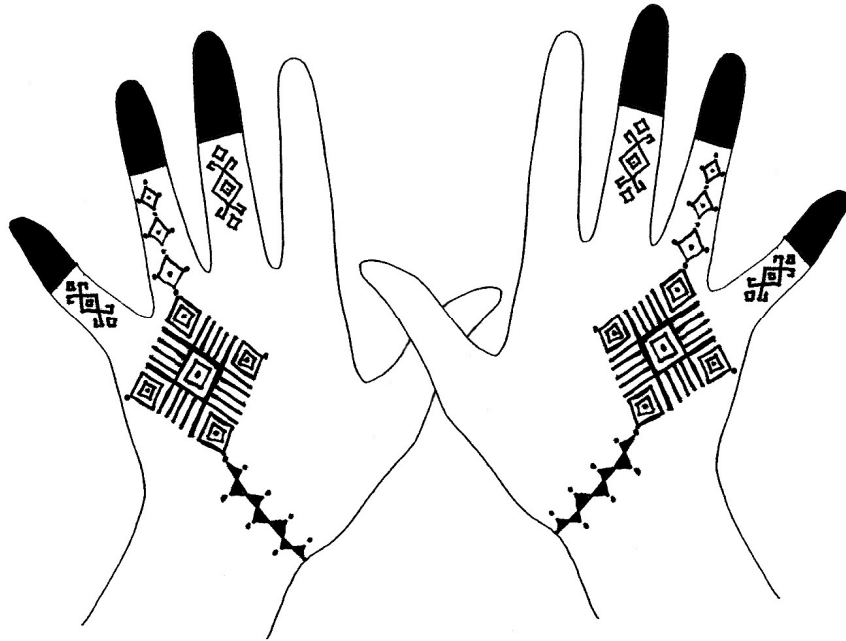
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Always use safe, natural red-brown henna in your henna work. Never use any “black henna” product containing para-phenylenediamine to stain skin. Para-phenylenediamine may cause severe injuries to both artist and client.

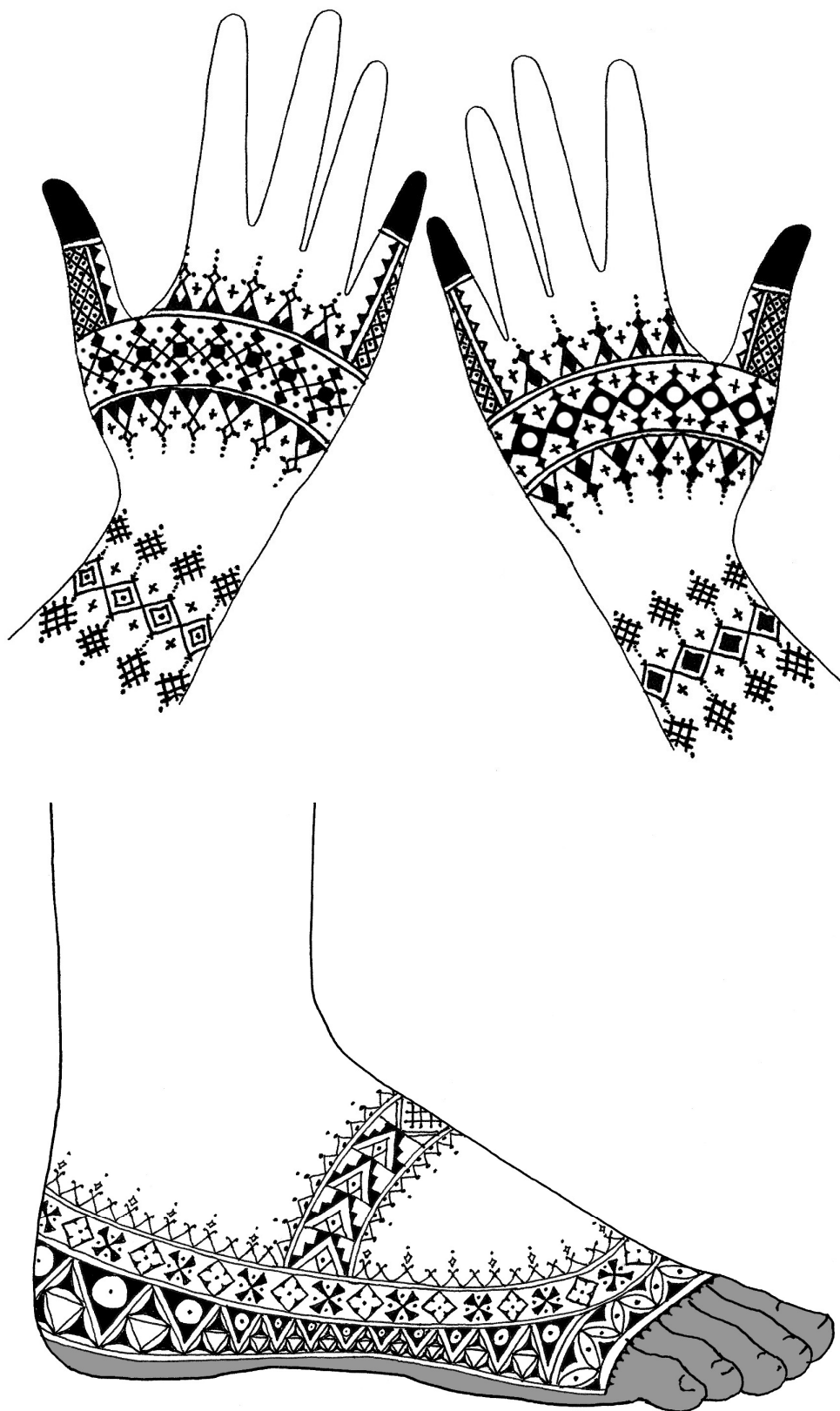
## Patterns

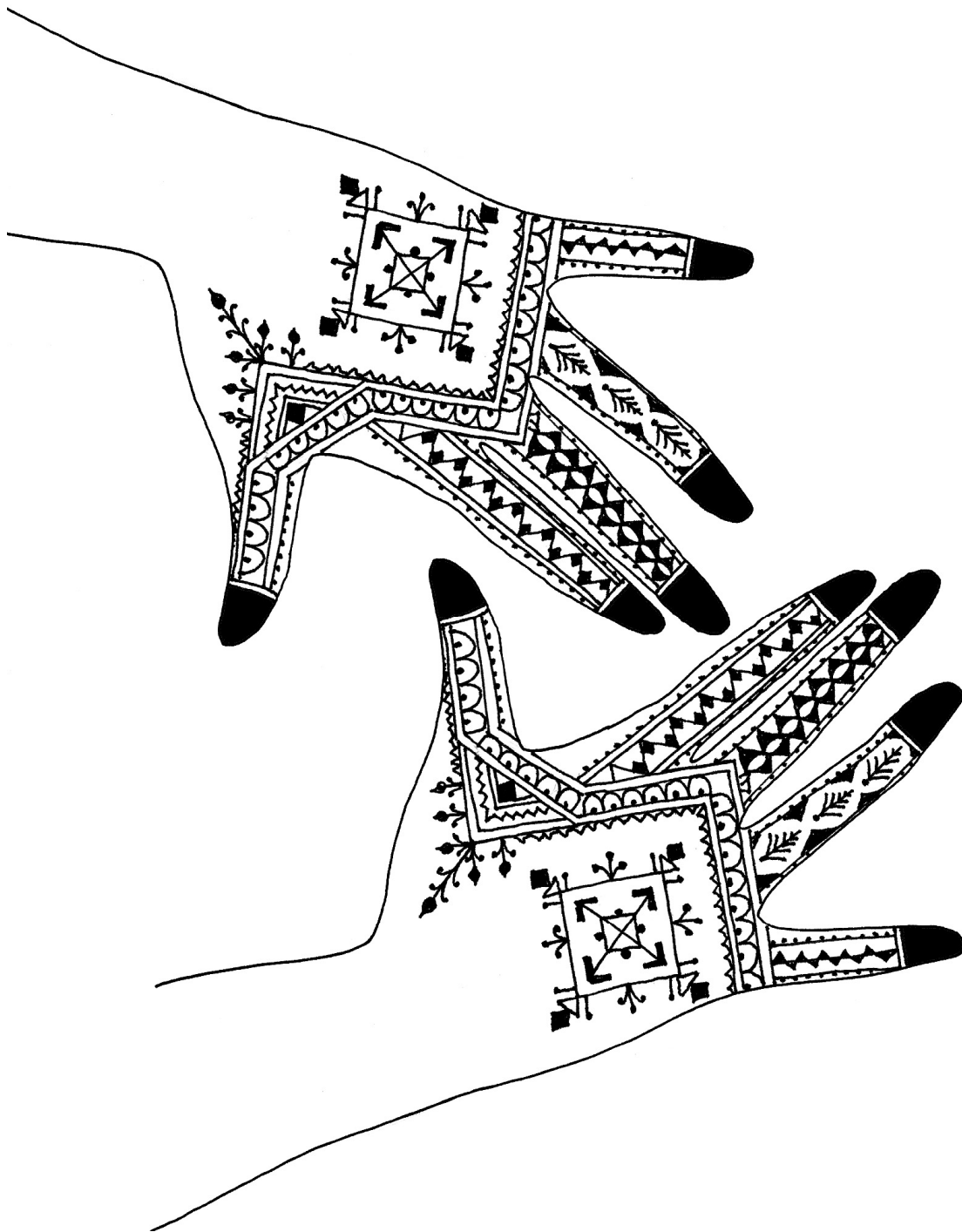


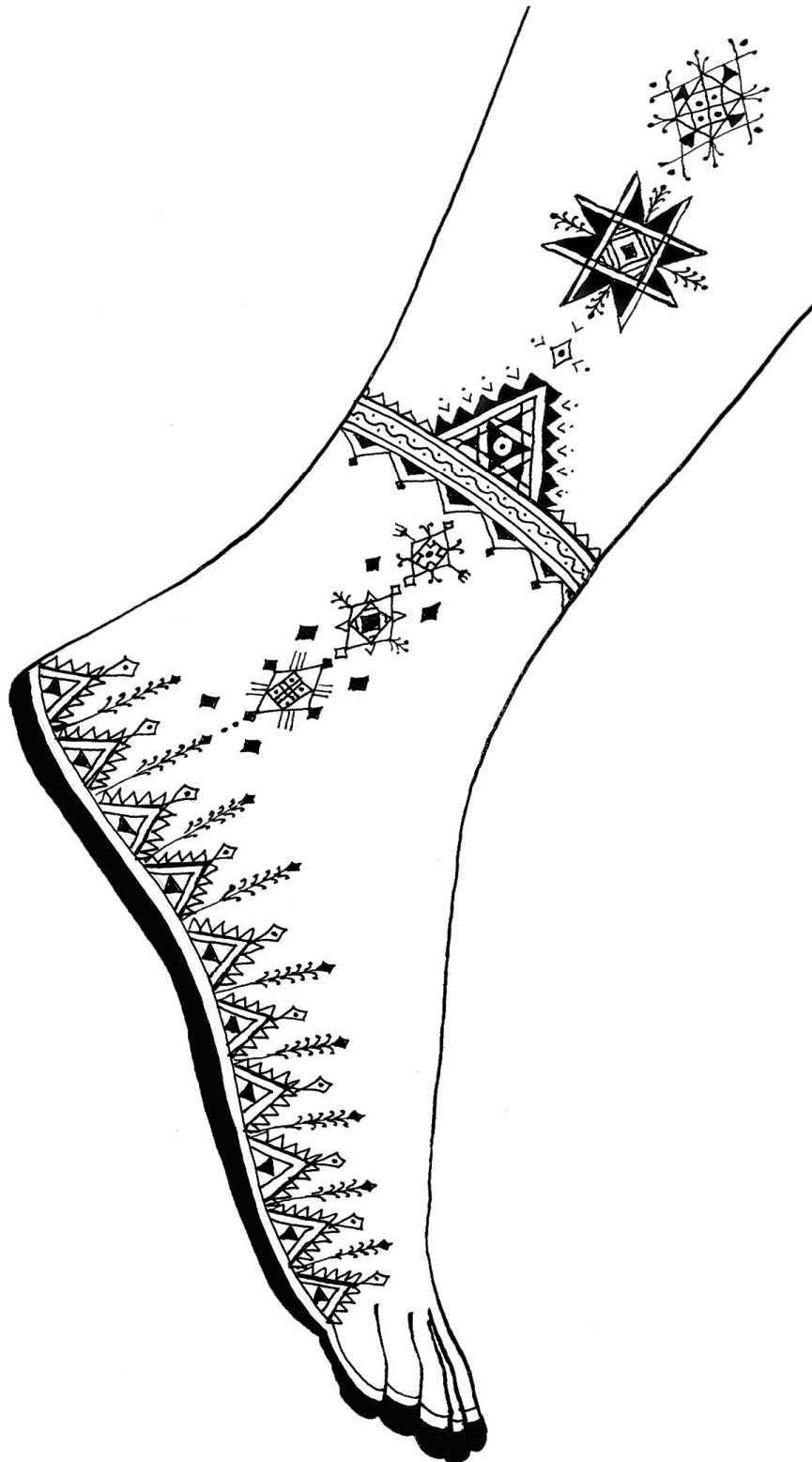


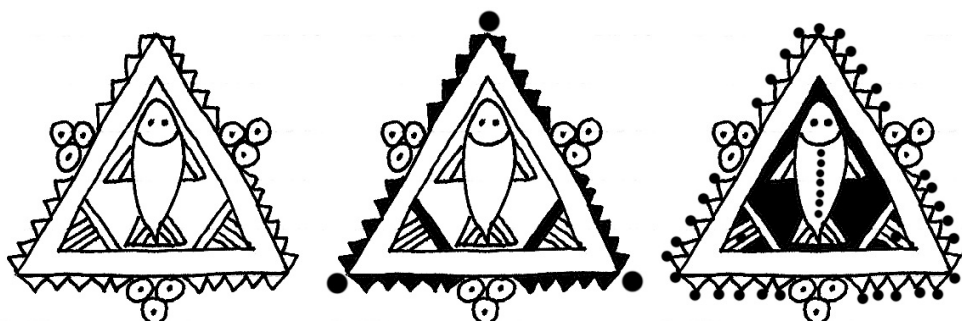


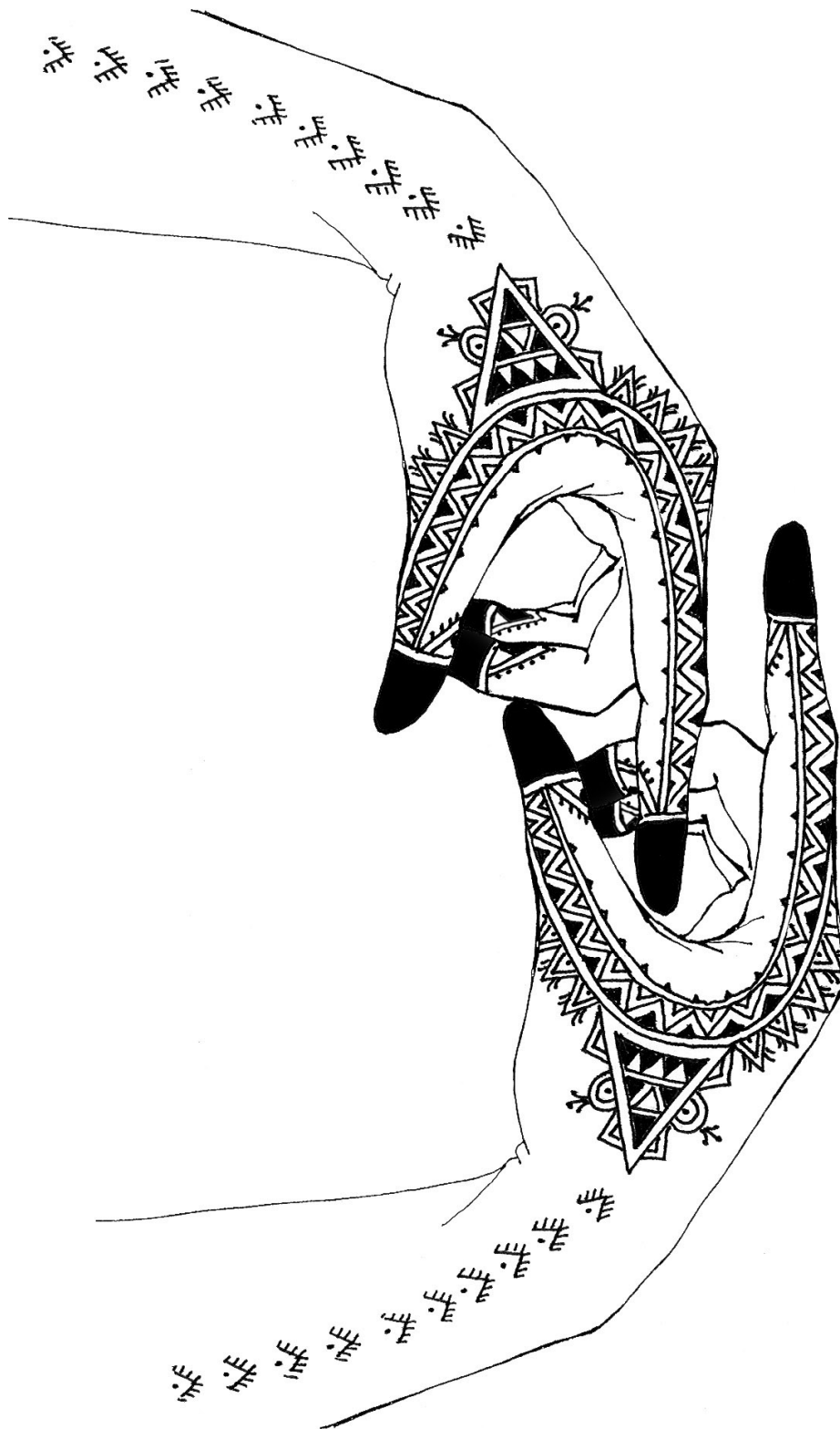




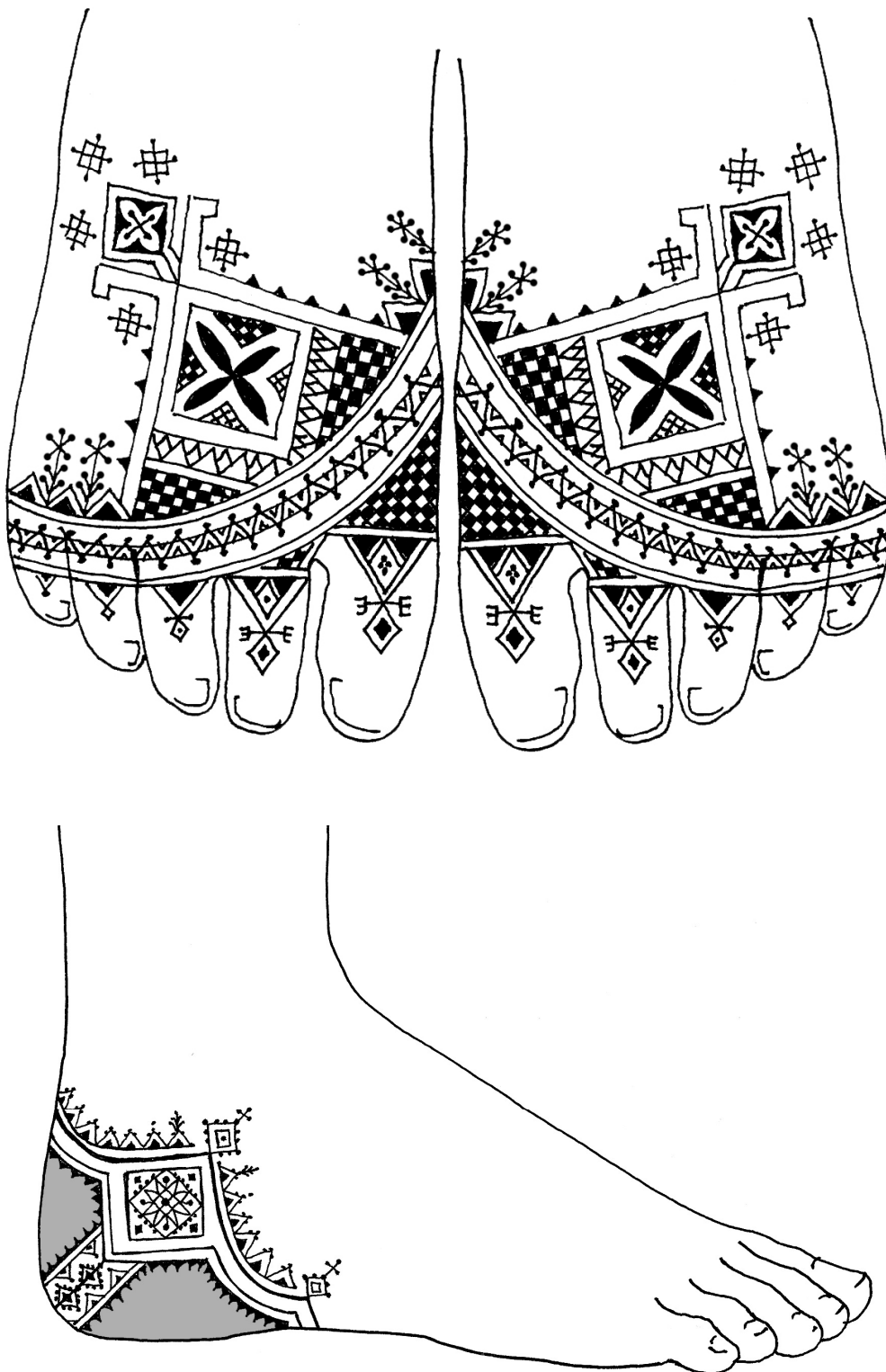


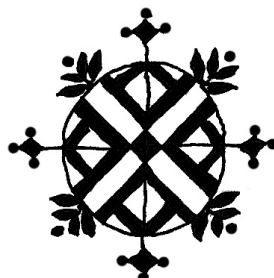
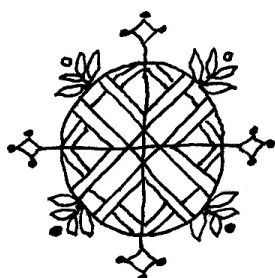
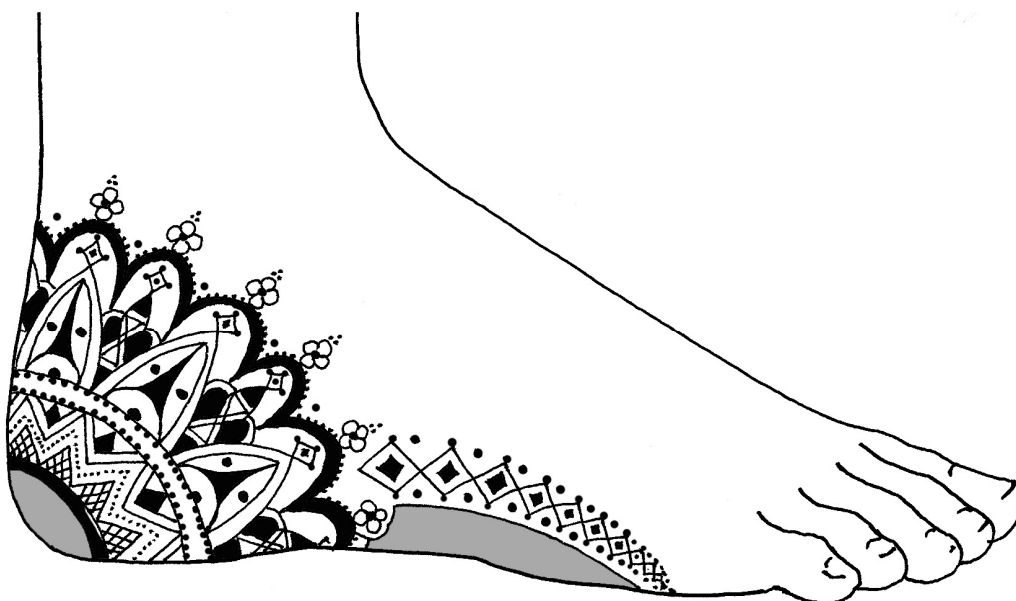
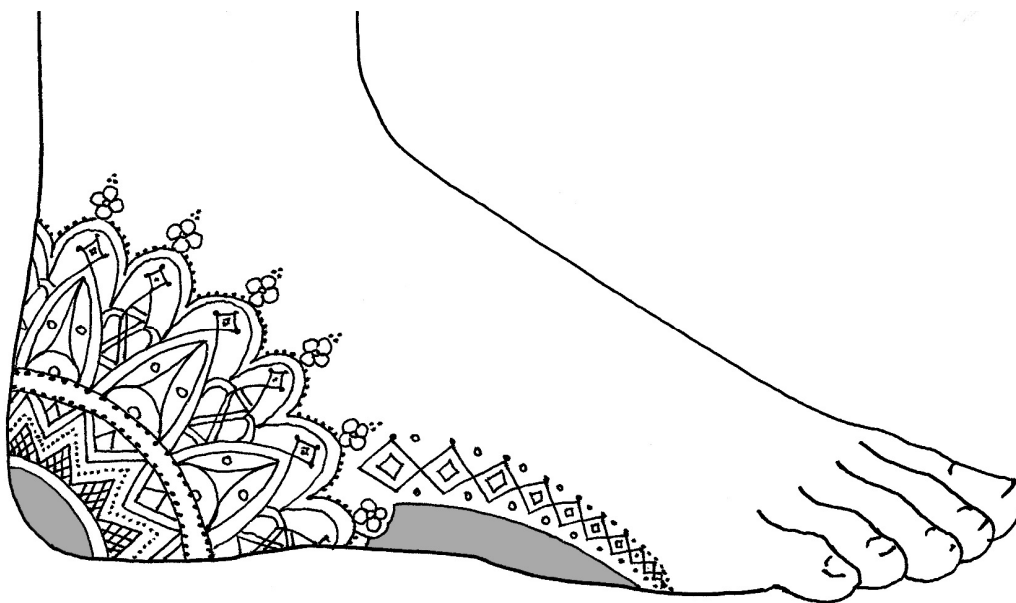


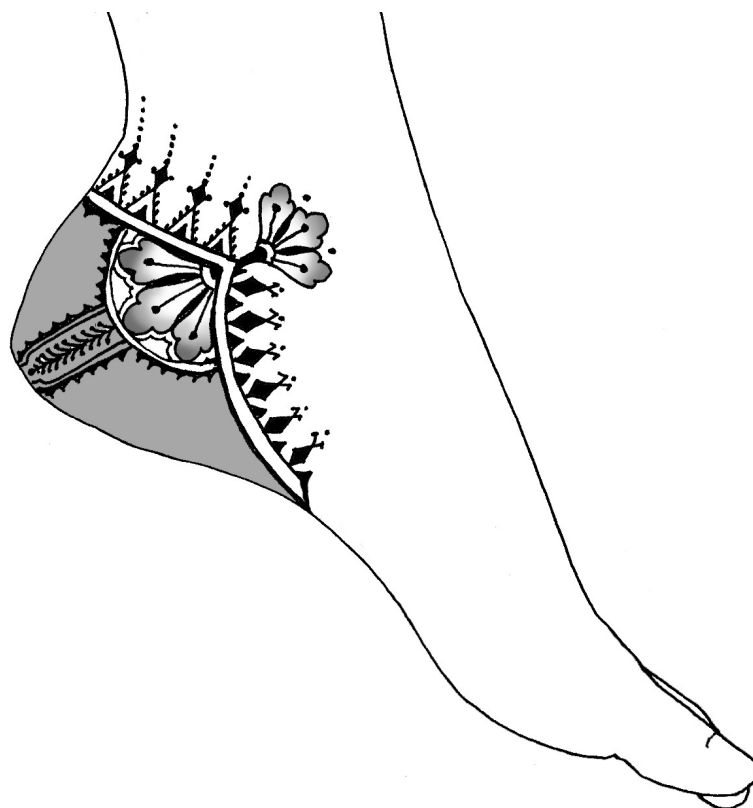
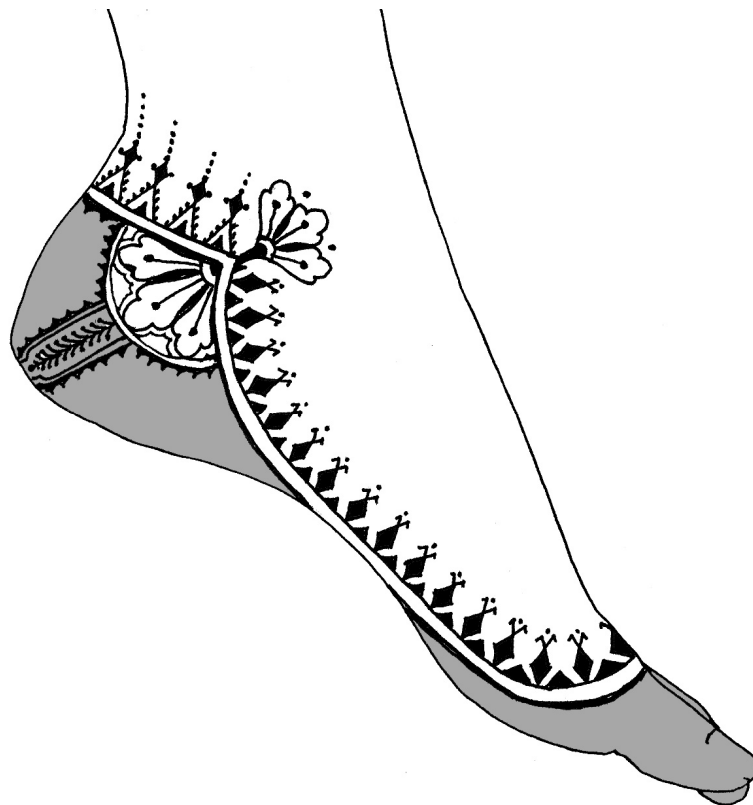


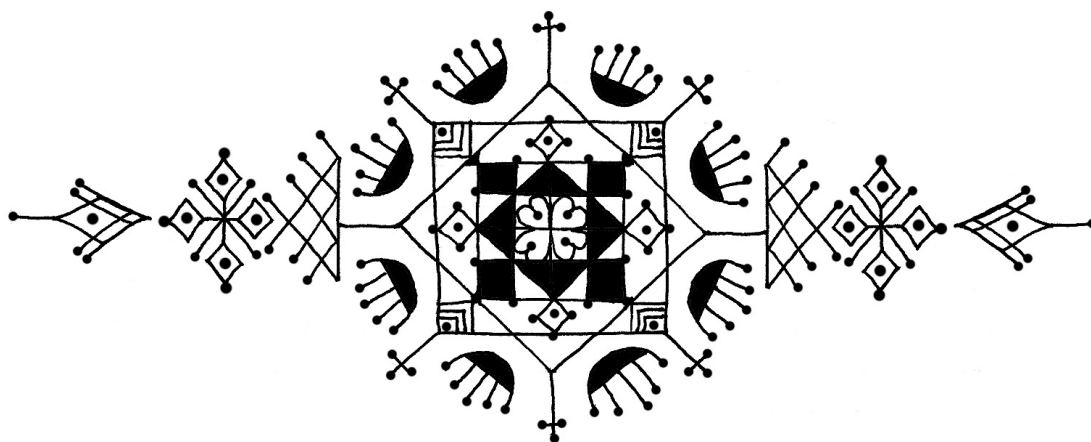
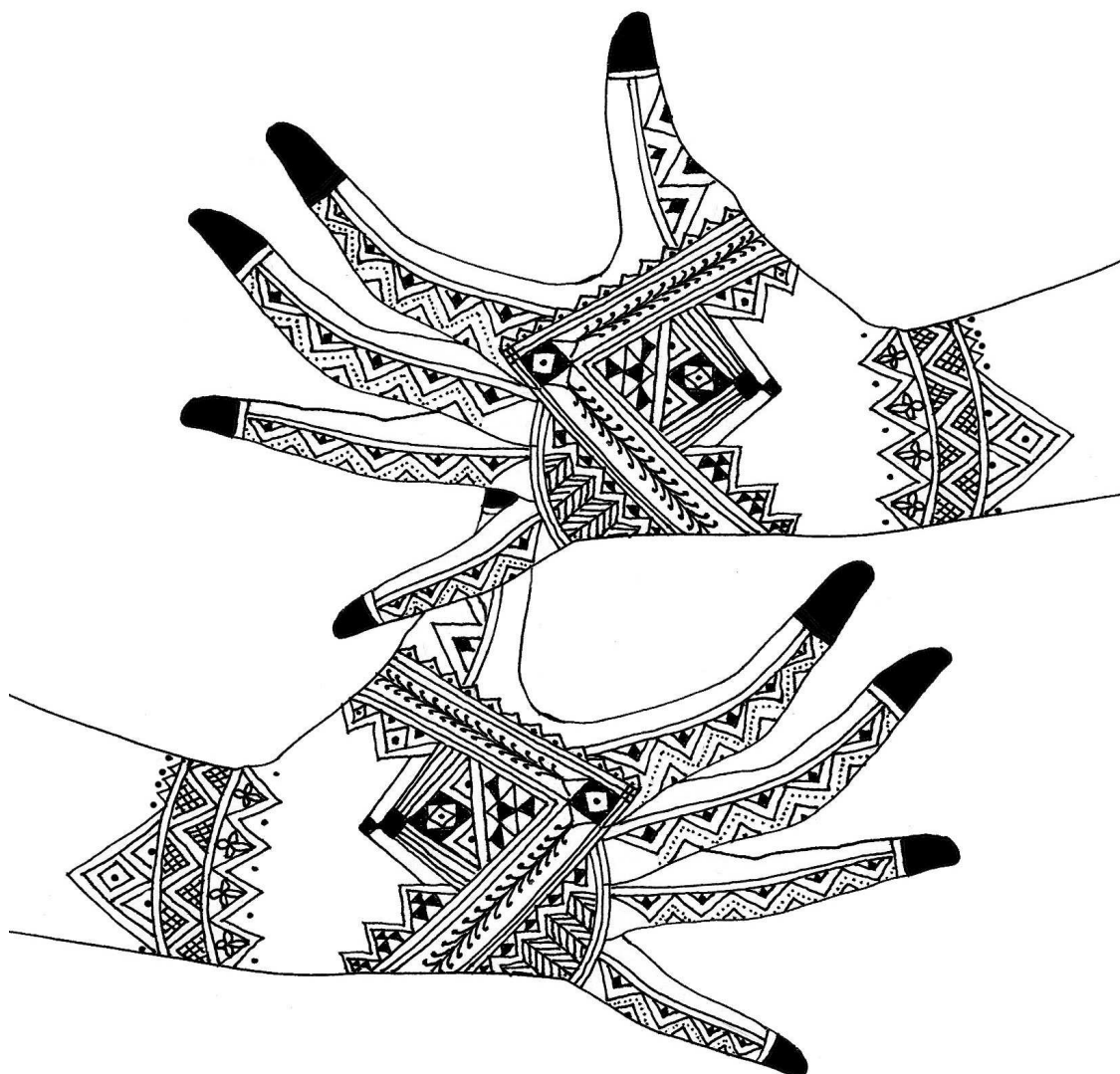


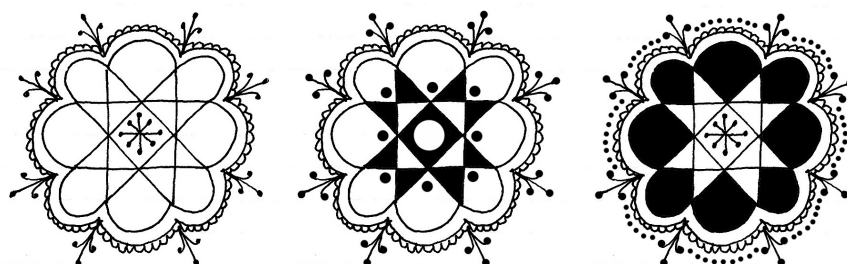
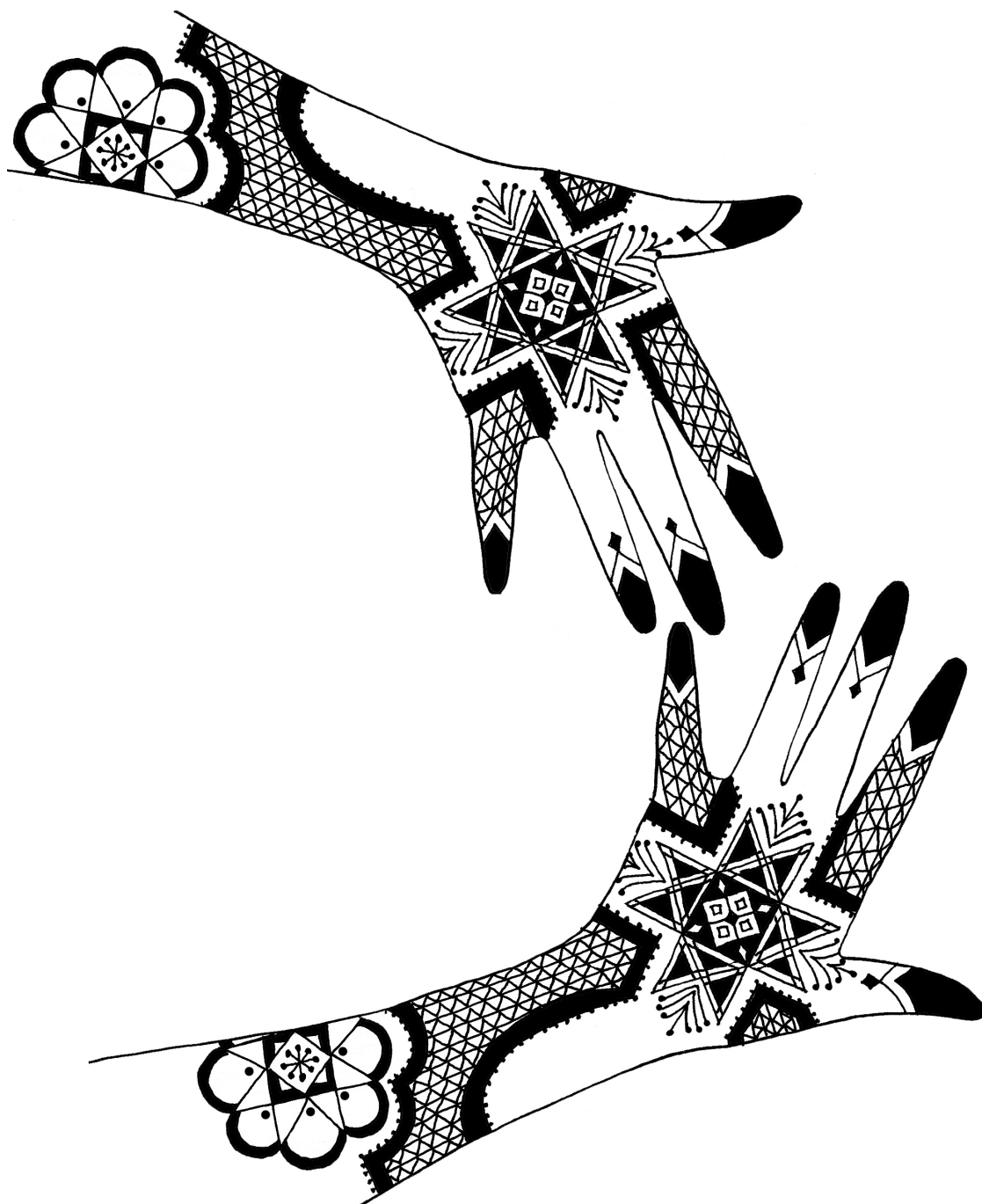




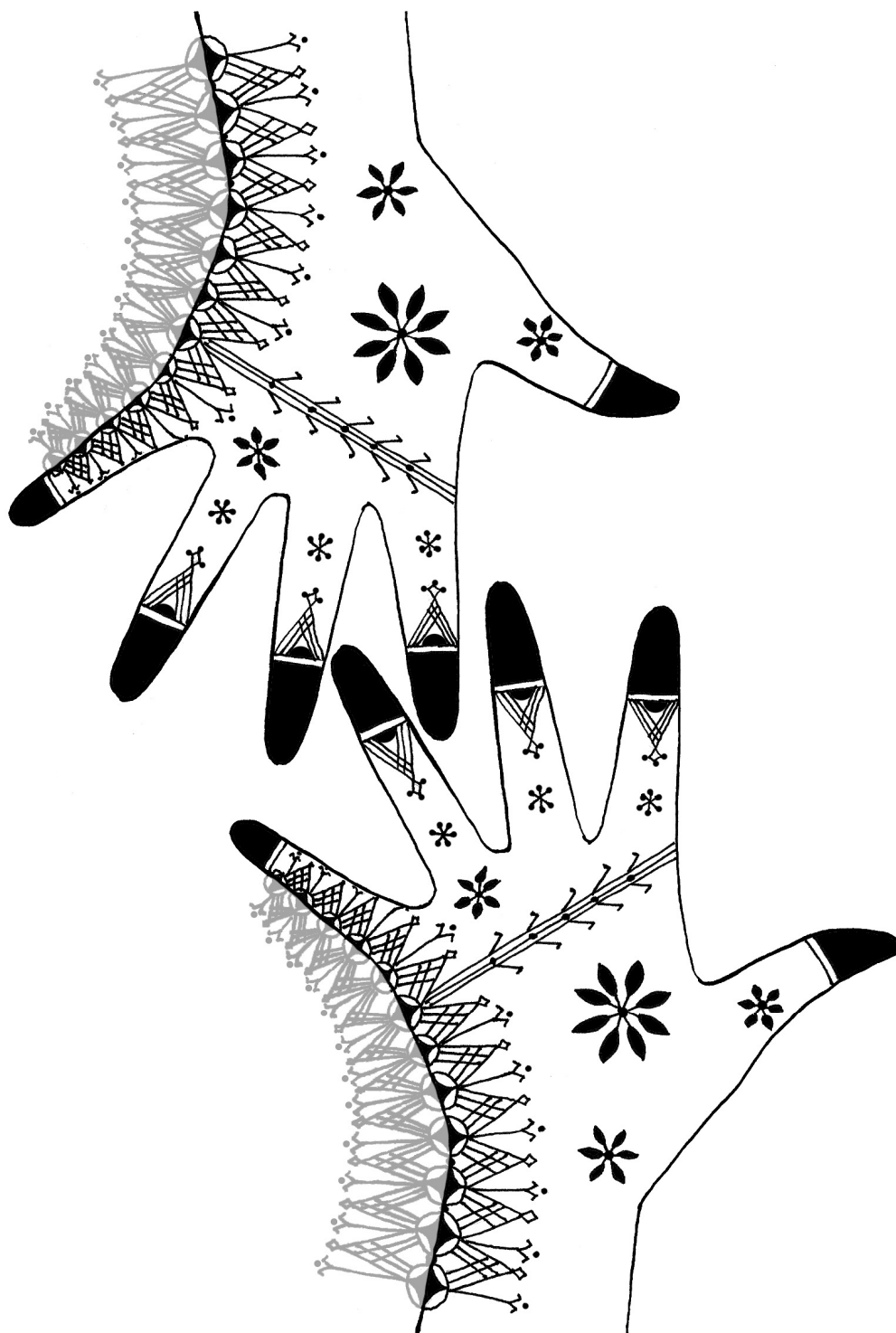




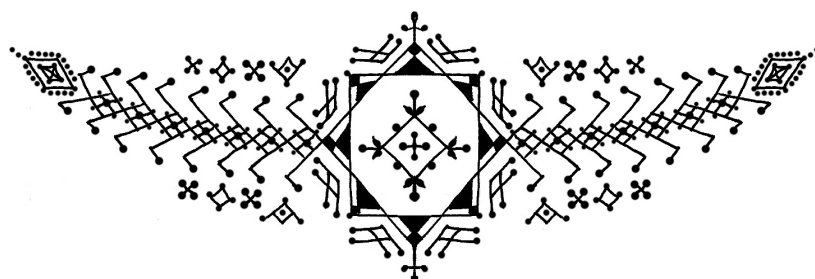
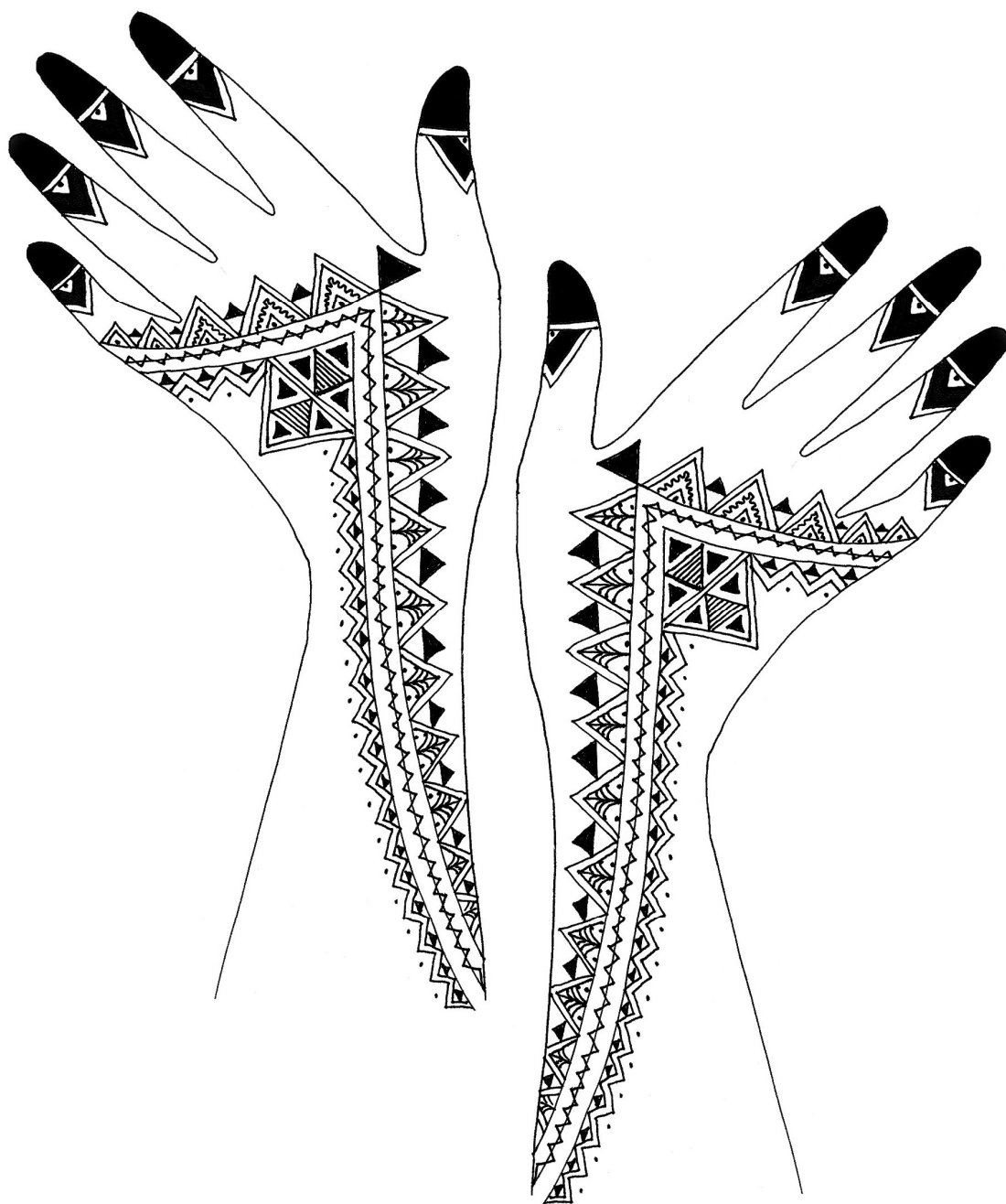




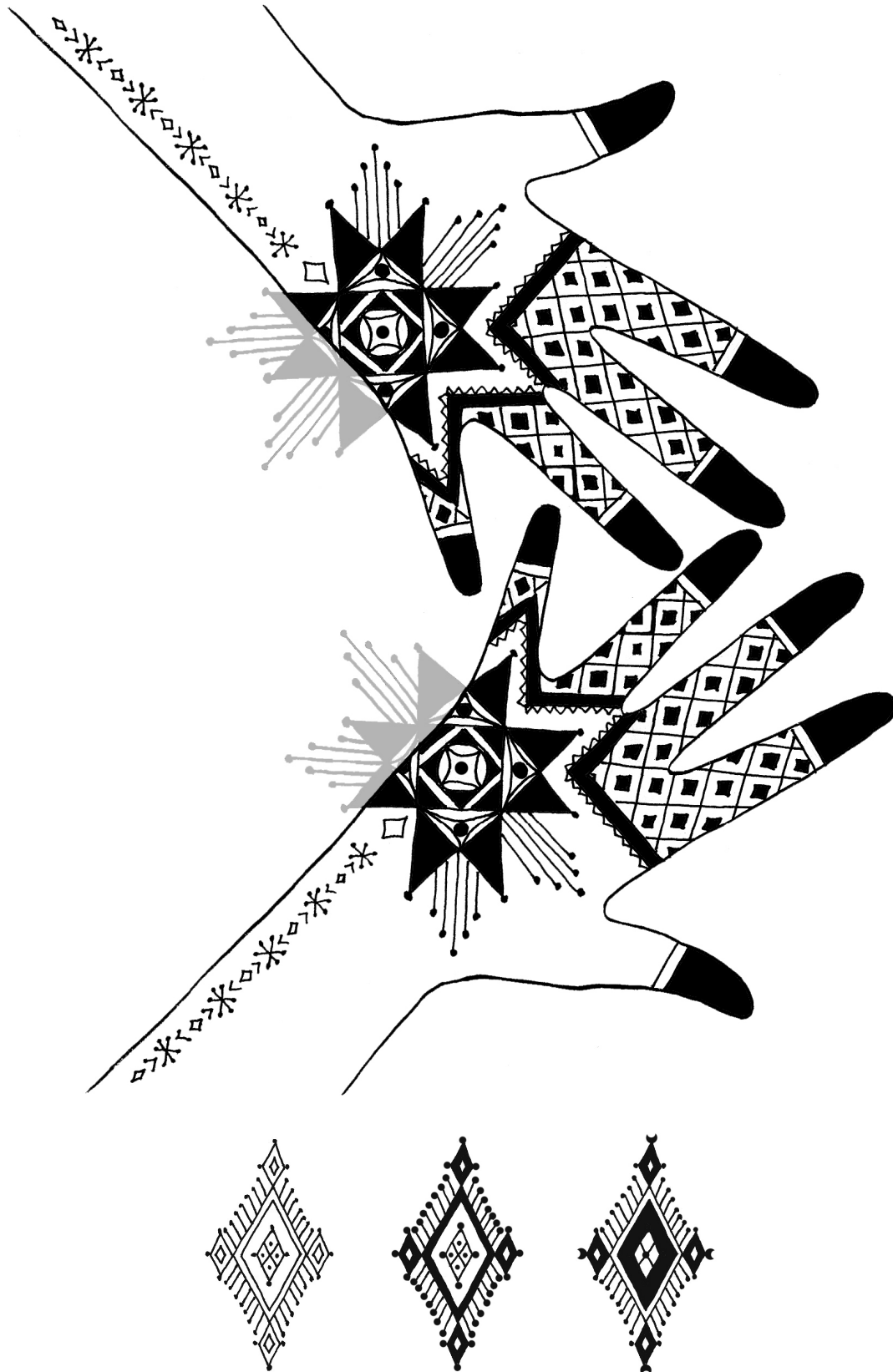




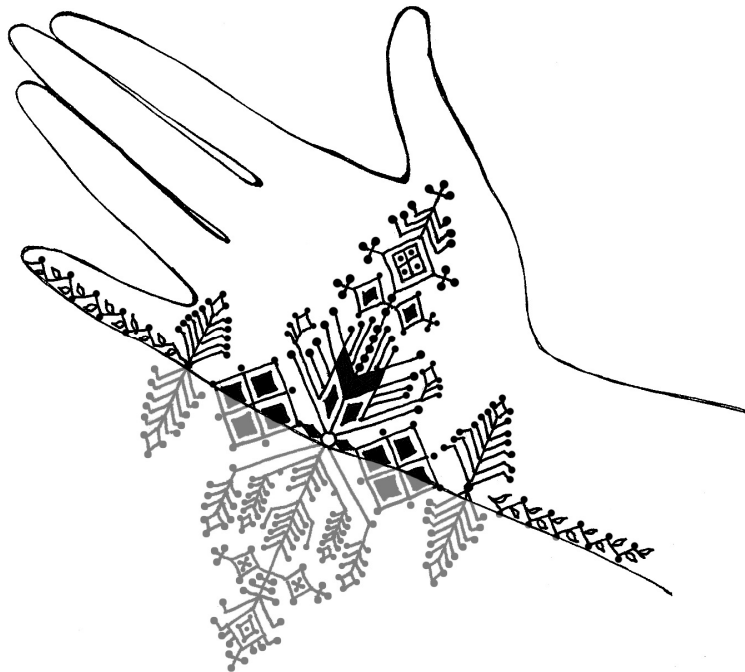
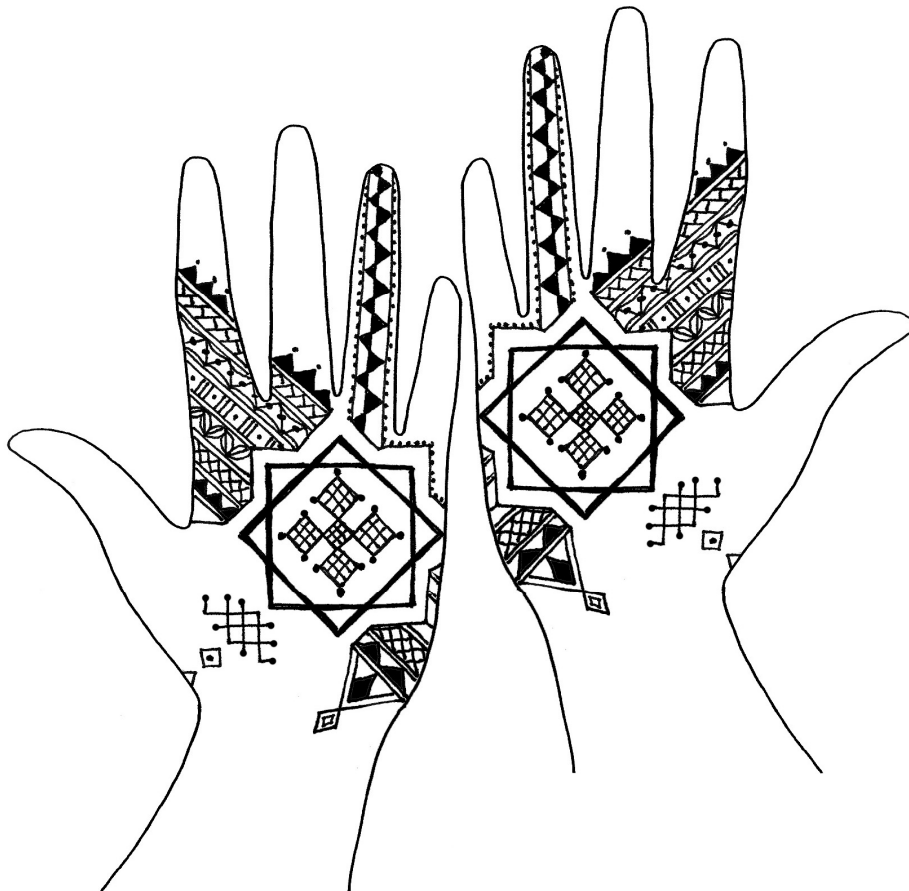


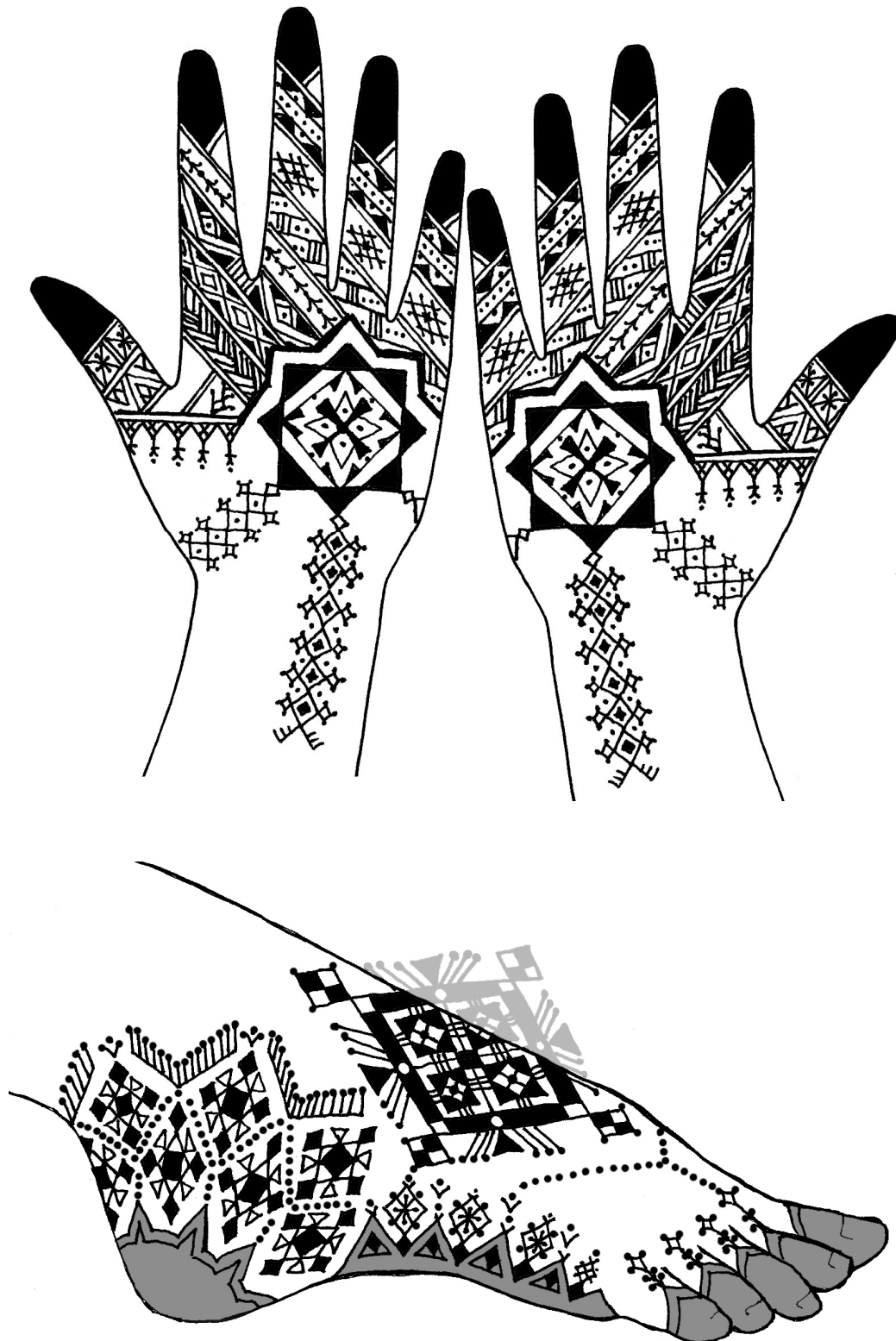


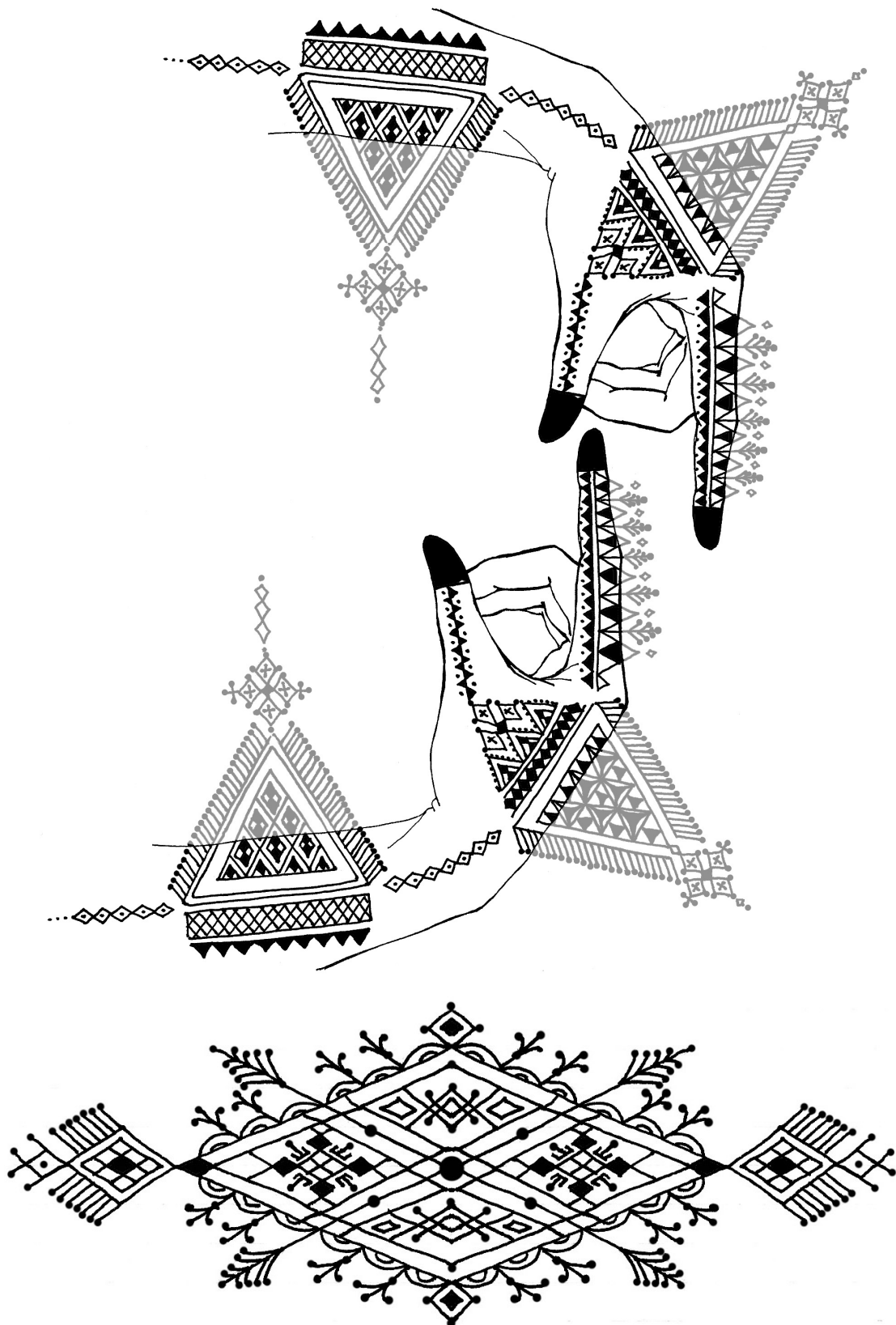




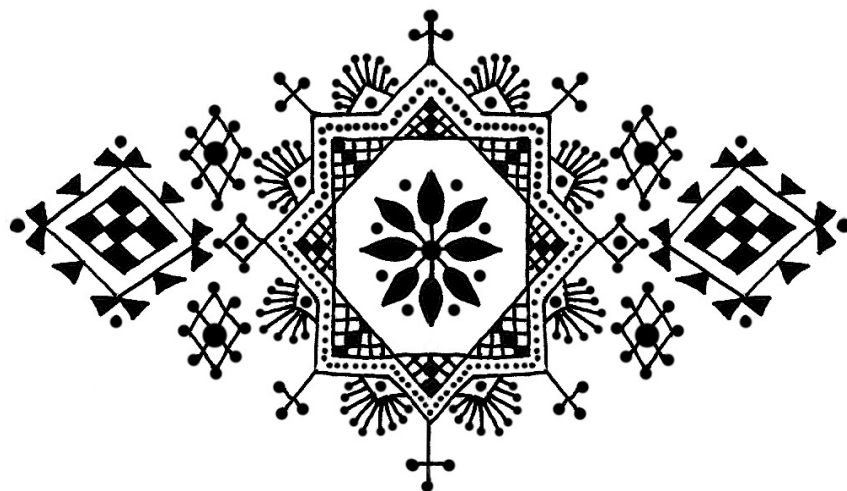




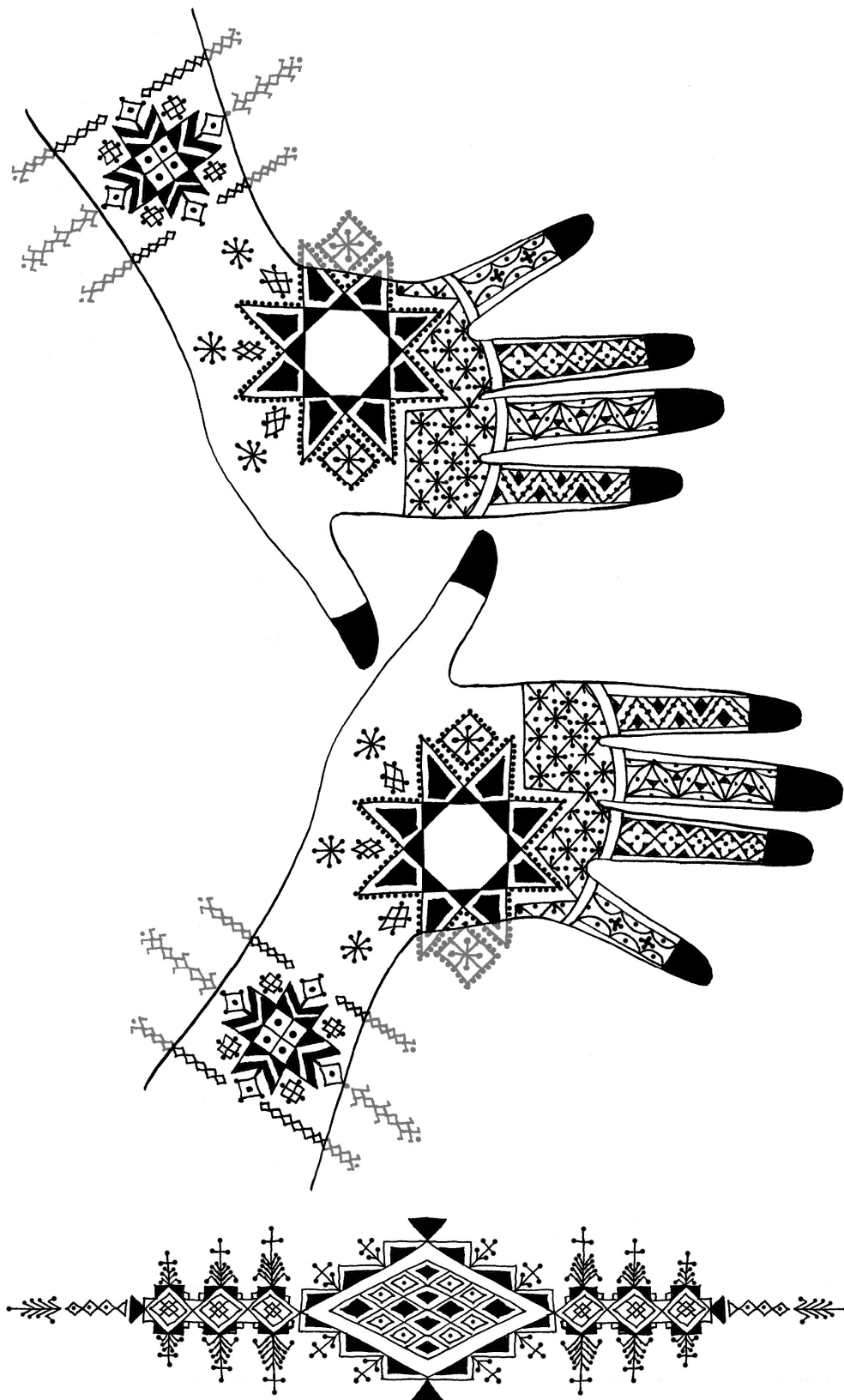


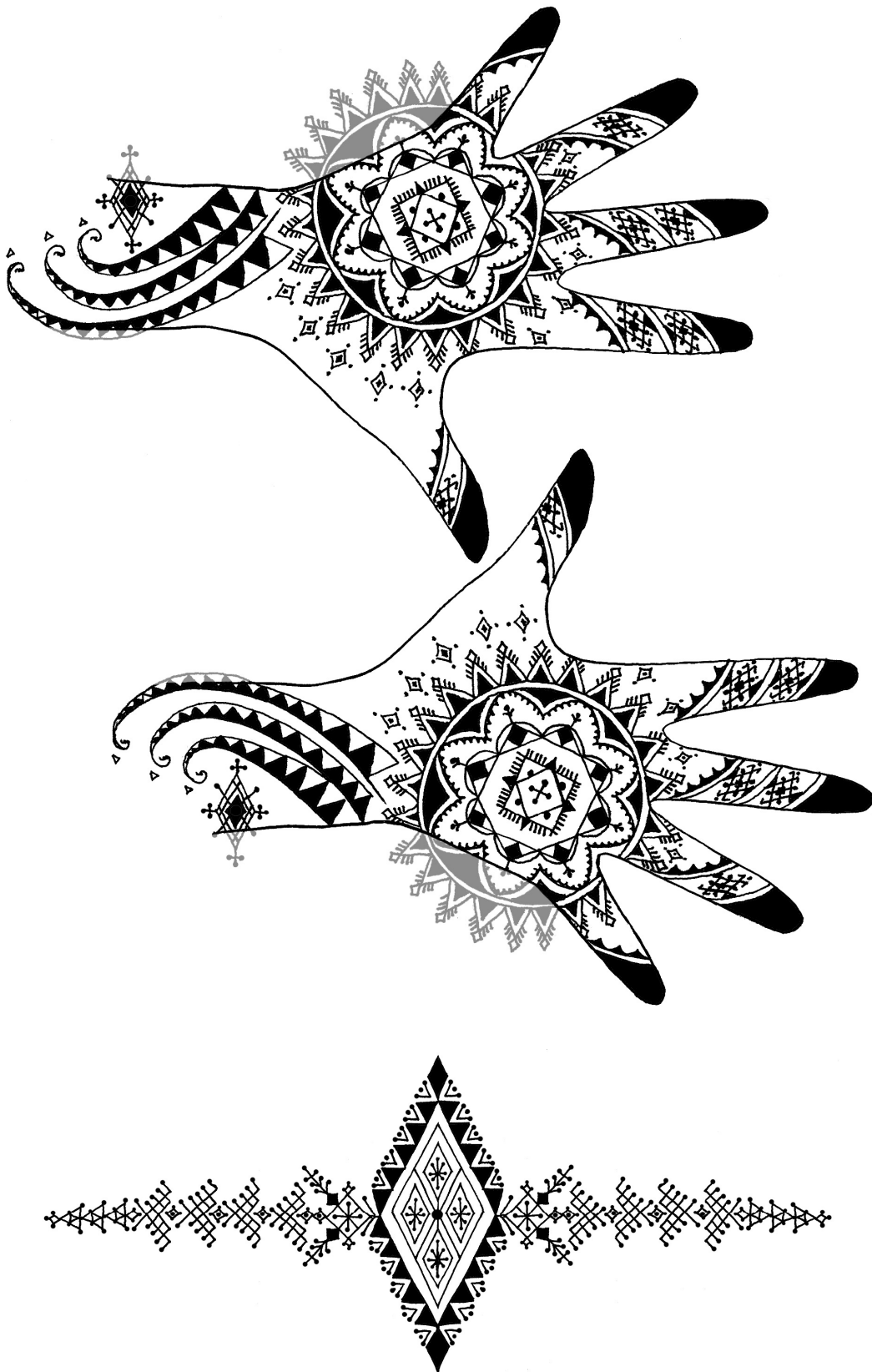


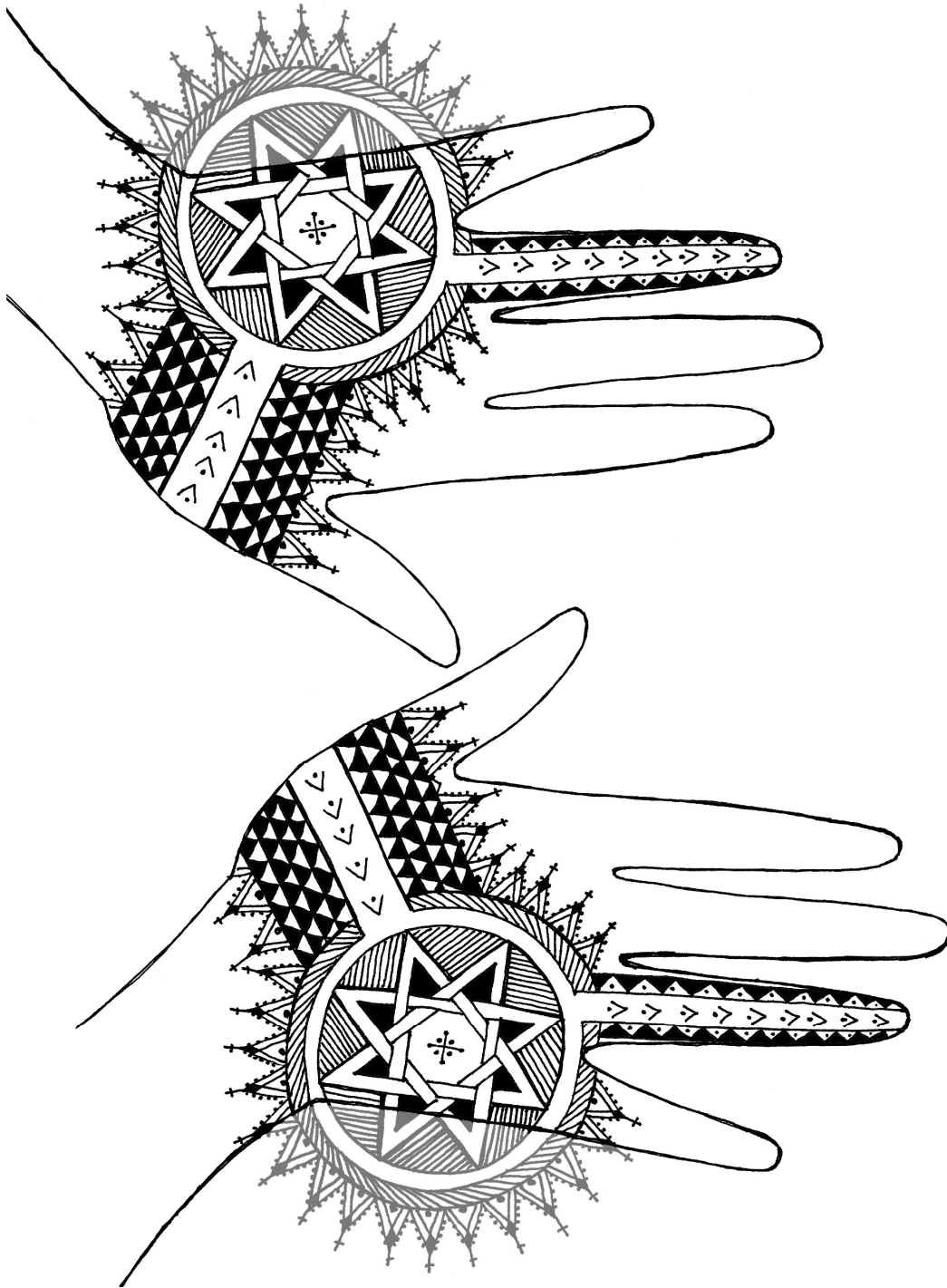


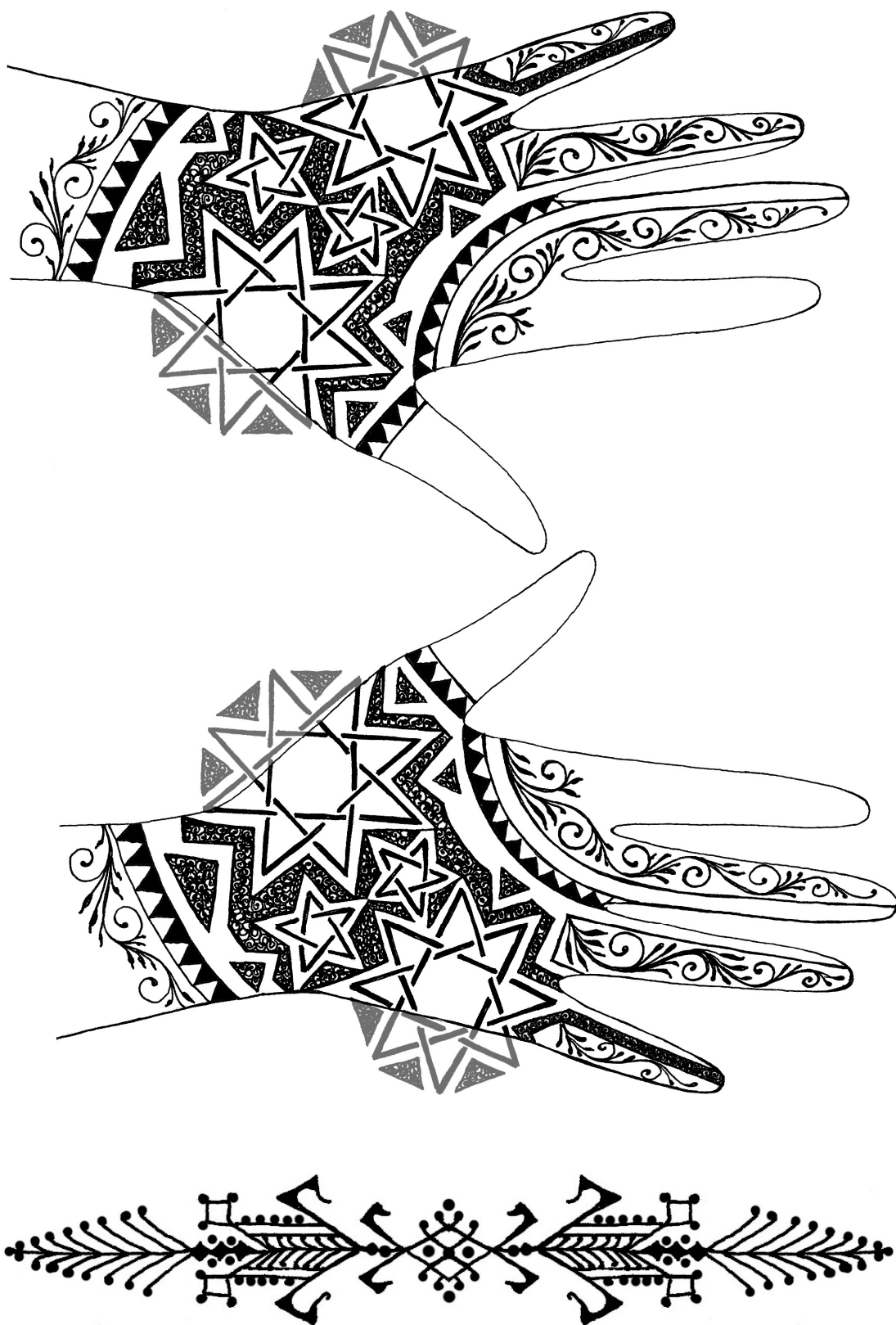














## Examples of Contemporary Techniques and North African Style











Contemporary henna techniques can be adapted to the traditional North African pattern elements. Glitter, gems, and gilding add glamour and dazzle, and need not be viewed as “out of place” as henna evolves. North African women have always loved jewels, beauty and color! Learn about techniques for gilding, gem work and glitter  
<http://www.mehandi.com/shop/gilding/gildinghowto.pdf> and  
<http://www.hennapage.com/henna/what/freebooks/gilding.pdf> and have fun!

## Additional Information on Mixing, Application, and Gilding Henna



Learn to mix henna for safe, dark, beautiful stains.

Download the free e-book “The Henna Page “HowTo” Mix Henna” instructions from <http://www.hennapage.com/henna/what/freebooks/mix.pdf>.

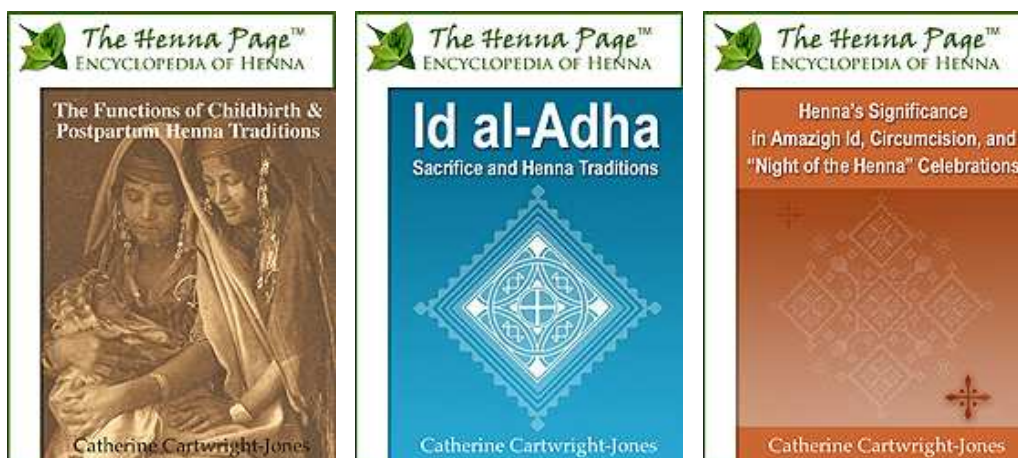
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Learn to use gilding, glitter and gems with your henna

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## Additional Information on North African Henna Traditions



### The Henna Page "Encyclopedia of Henna" "The Functions of Childbirth and Postpartum Henna Traditions"

This book has information on North African childbirth henna traditions, G6PD deficiency and kohl, with citations from medical and scientific journal articles. Download this free e-book at

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### The Henna Page "Encyclopedia of Henna" Id al-Adha: The Muslim Feast of Sacrifice, and the Significance of Henna in this Sacrifice.

This paper details Id sacrifice traditions and effects, focusing on henna and ecosystem management, from its origins in the Neolithic Mediterranean world, to present day, and includes simple traditional North African patterns.

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### The Henna Page "Encyclopedia of Henna" "Henna's Significance in Amazigh Id, Circumcision and "Night of the Henna" Celebrations"

This book has information and analysis of Moroccan traditions of henna for Id al-Adha, circumcision, and the "Night of the Henna", based on eyewitness accounts from the late 1800's and early 1900's.

Download this free e-book at

<http://www.tapdancinglizard.com/biblos/significanceofhenna1/sighenna.pdf>

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