

The Henna Page "HowTo"

**Patterns
Volume 3**



The Henna Page “HowTo” Patterns Volume 3
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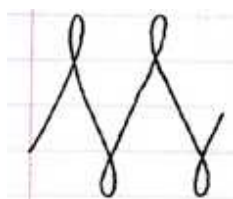
Always use safe, natural red-brown henna in your henna work. Never use any “black henna” product containing para-phenylenediamine to stain skin. Para-phenylenediamine may cause severe injuries to both artist and client.

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Page 6: The Cursive S

A curvy *S* is a thing of beauty!



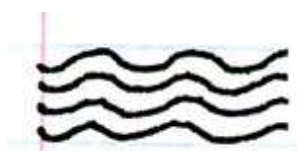
Page 10: Sloopy

Sloopy is Foofy's cousin, from the bad part of town.



Page 16: Tribbles

The tribble is a cute little pattern.



Page 20: Ripples

This pattern represents life-giving, purifying running water.



Page 25: The Kiss

This pattern is useful for flower petals, honeycomb fills, and other sweet things.



Page 30: The Knot

This pattern makes lovely leaves from simple scribbles.



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When you spin open hearts around in a circle, you have lovely flowers.



Page 39: Kitty Whiskers.

Got Tuna?



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Got cookies?



Page 51: The Seed

It's a good seed!

The Cursive S



1) The Cursive S

The cursive S is a lovely thing. Many people curse their SS's and fail to appreciate their beauty.



2) Make a row of simple S's

These are lazy S's who don't aspire to do anything beyond a third grade penmanship S. They make nice leaves and flower petals.



3) Curl the S up tighter, and exaggerate the curls.

These are Tight S's. Though most people complain about tight S's, they do make lovely flower petals!



4) Make the S full and round

There are those who find a Fat S to be a thing of wonderment and beauty. Use these to make beautiful flowers.



5) Make a skinny S

So many people look at their S's and wish they were thin. Skinny S's are good for pointy leaves and petals.



6) Practice a row of diminishing S's.

Diminishing S's are great for fern-like branches. It is not necessary to go hungry to diminish these S's..



7) A kick in the S!

Kick up the tail of your S!



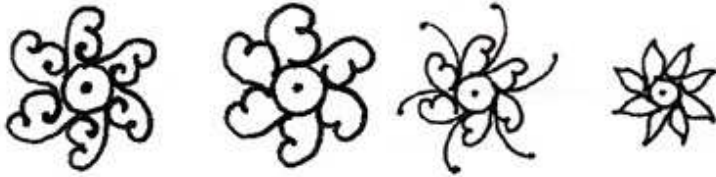
8) Make a bracelet of kicking S's , down a wavy vine!



9) Make a curvy vine of S's



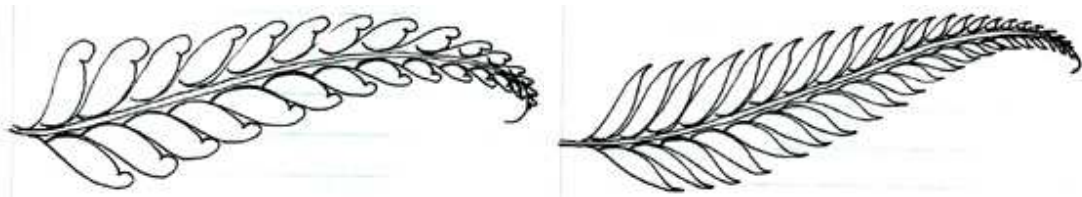
10) Wind lazy S's around a center for an easy flower; a lazy S flower.



9) Try making tight S flowers, fat S flowers, kick-S flowers and skinny S flowers.



10) Double your S's by pairing up big S's and little S's!

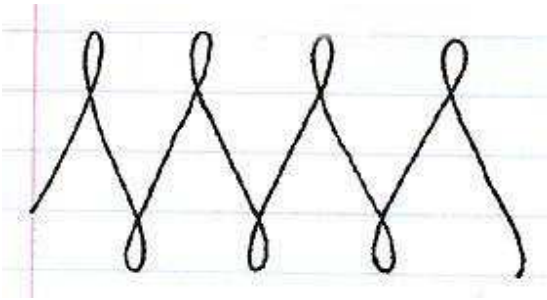


11) To make lovely ferns, you'll have to get your S on backwards. This takes practice!



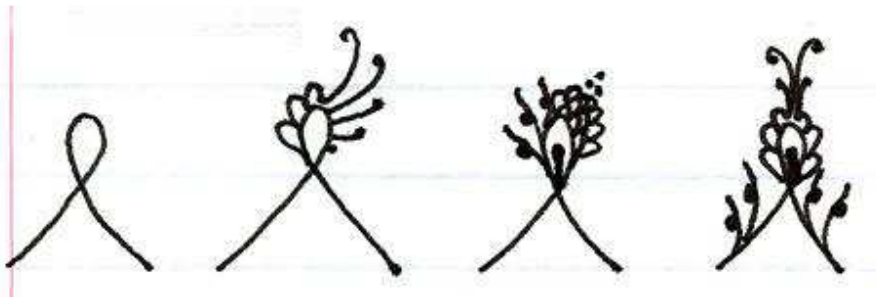
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The Henna Page © 2005

Sloopy!

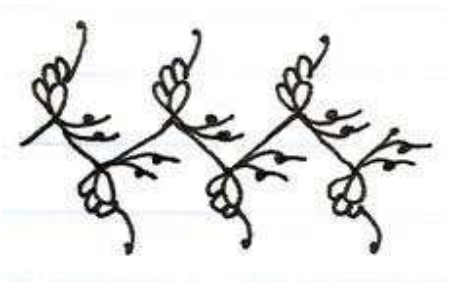


1) This is Sloopy.

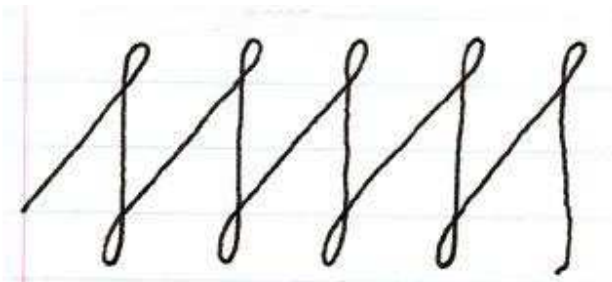
Sloopy is the very relaxed cousin of [Foofy](#). Foofy's kinda wound up tight, but Sloopy likes to hang loose.



2) You can HANG twiddles ON SLOOPY!

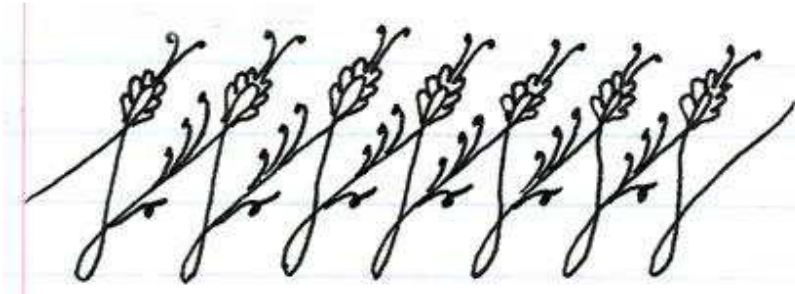


3) Sloopy, Hang On! (lookin good!)

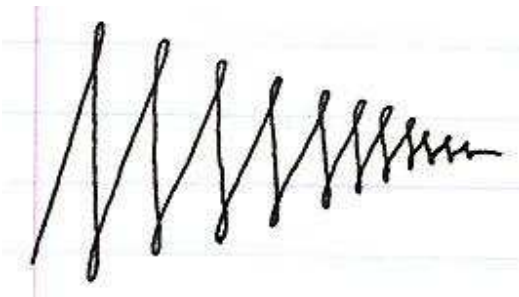


4) Sometimes Sloopy leans to the right.....

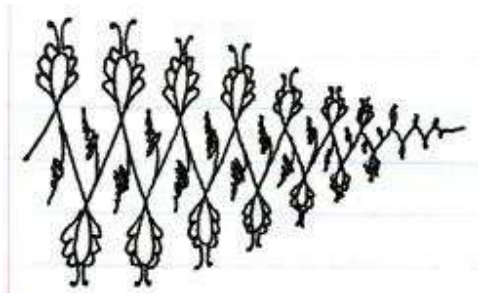
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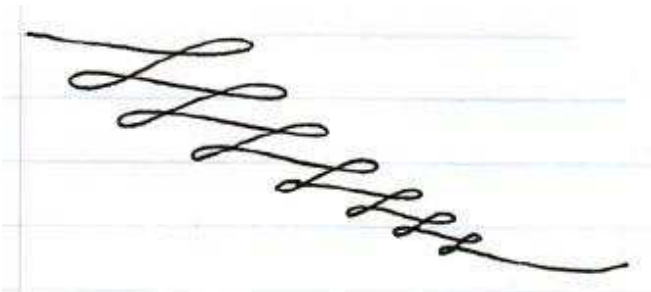
5) And again, you can HANG twiddles ON SLOOPY.



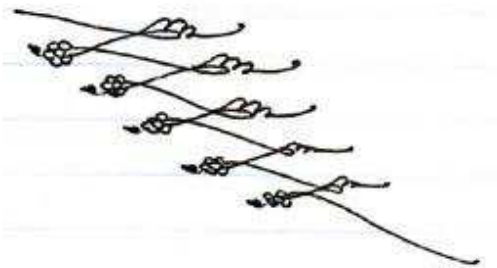
6) Sometimes people put Sloopy down.



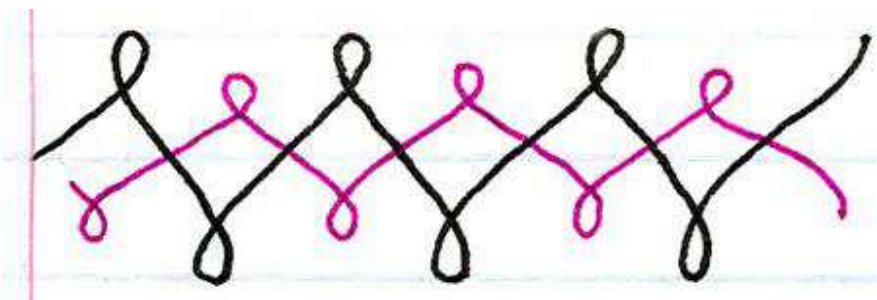
7) And you can still HANG twiddles ON SLOOPY!



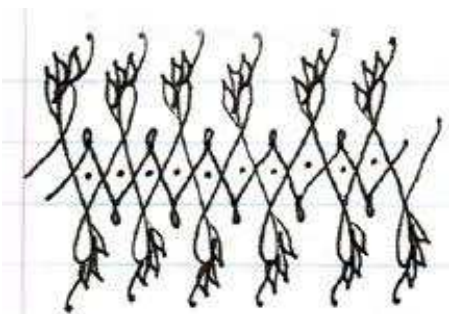
8) Sometimes Sloopy lets her hair down.



9) And lets it hangs down on me!



10) Sloopy can double up and shake it!

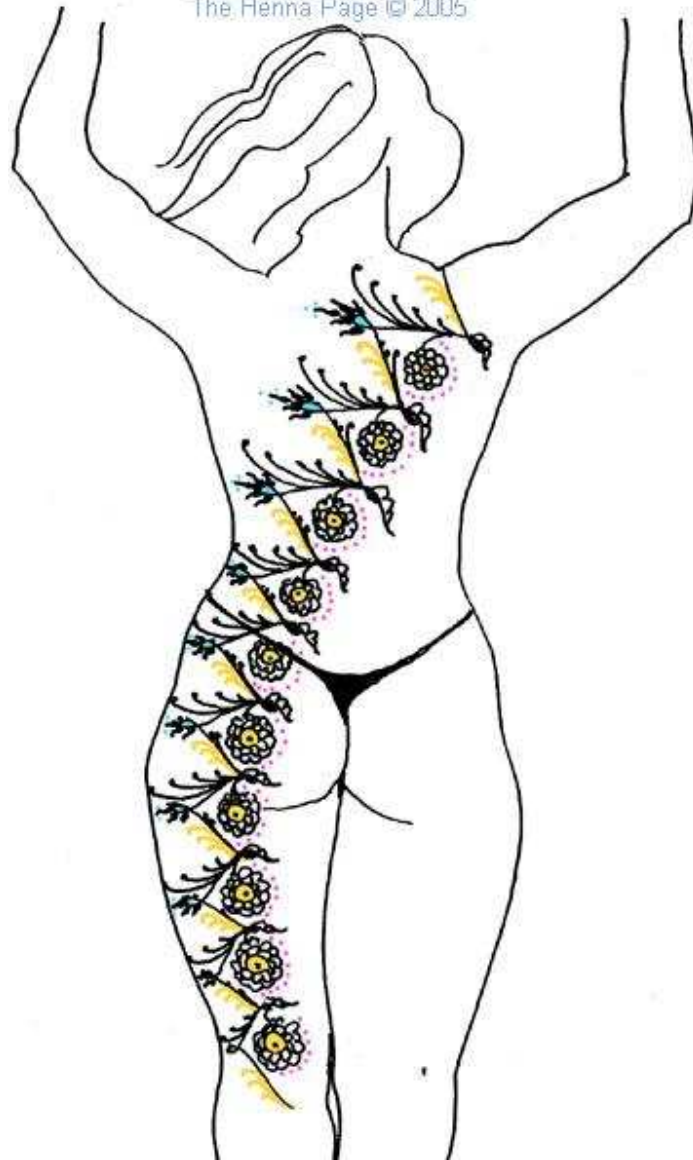


11) And you can HANG twiddles ON SLOOPY!

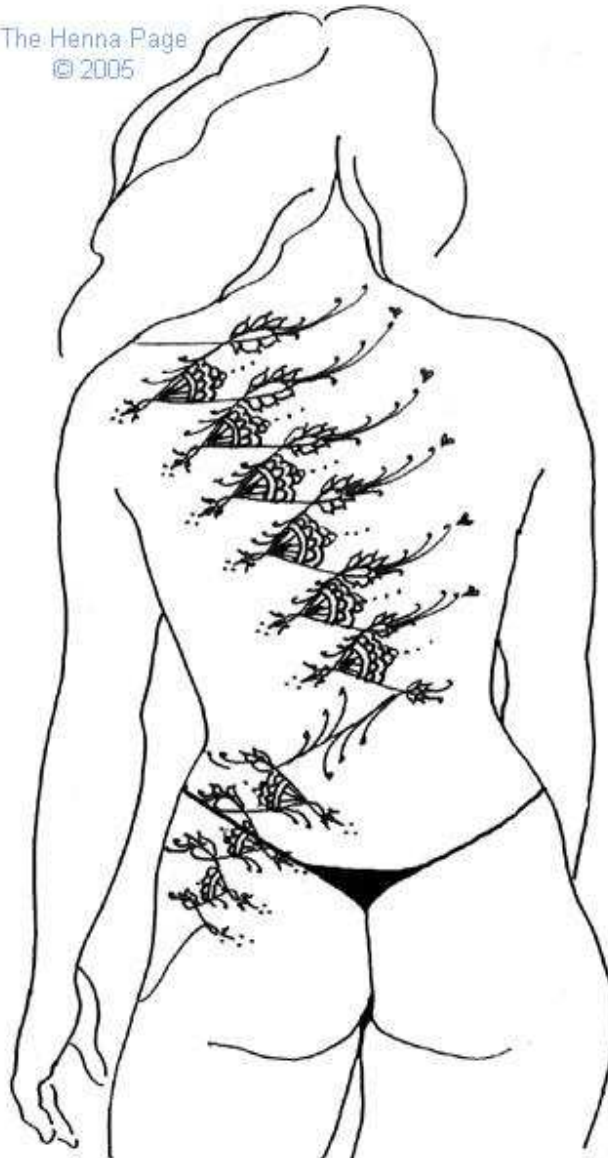


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Tribbles



1) Tribbles are cute little things.



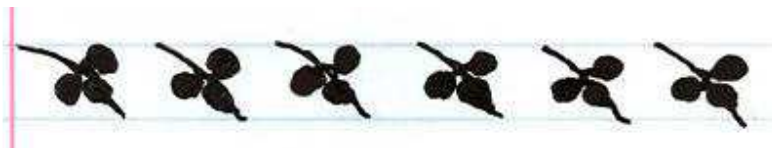
2) Tribbles are as easy as one, two, three!

Twirl to the left, twirl to the right, twirl to the top and pull the Tribble's tail!

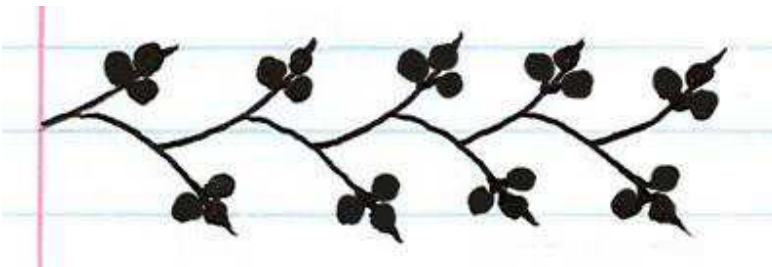
Tribbling is easier with henna than with a pencil. Plan on blobbing the henna when you make the curls, so you get a leaf rather than a spiral, and the top flick should be a nice little tail that pulls the henna blob up slightly.



3) Make a row of Tribbles marching to the right with their tails held high!



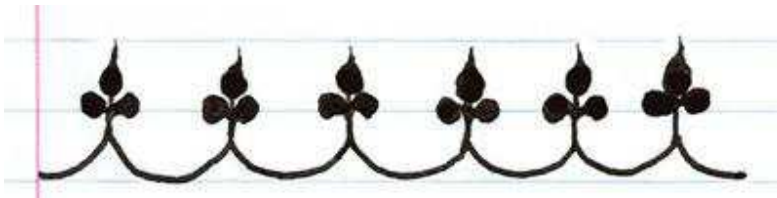
4) Make a row of sleepy Tribbles with their tails held low.



5) The Tribbles dance Do-si-Do



6) Oops, the Tribbles got drunk and walk all wobbly.



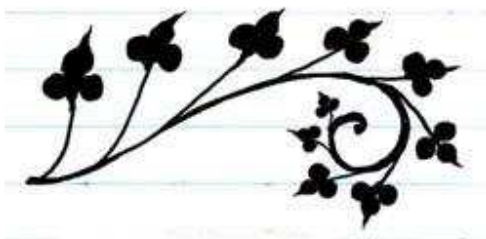
7) The excited Tribbles are jumping up and down and holding their tails very high!



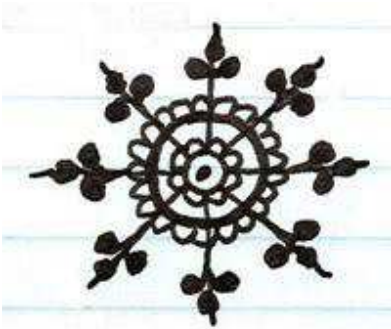
8) When Tribbles play tug-of-war, they make a graceful Tribble Vine



9) Tribbles can spin about and pretend to be grapevines.

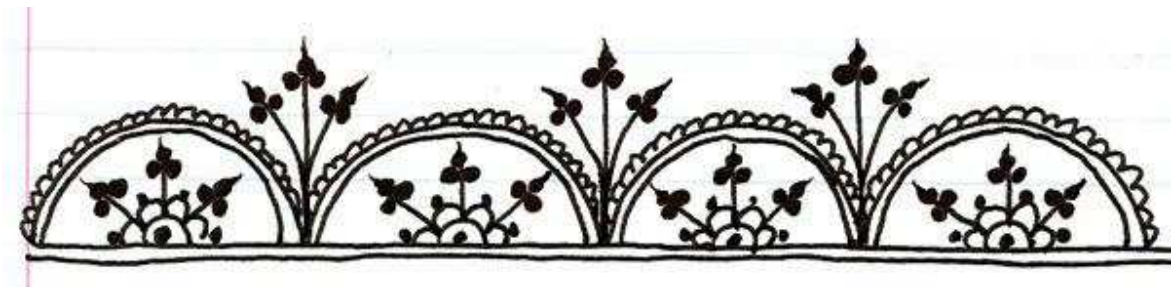
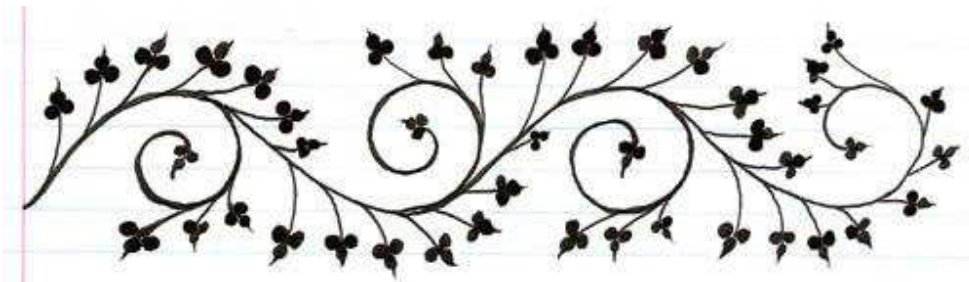


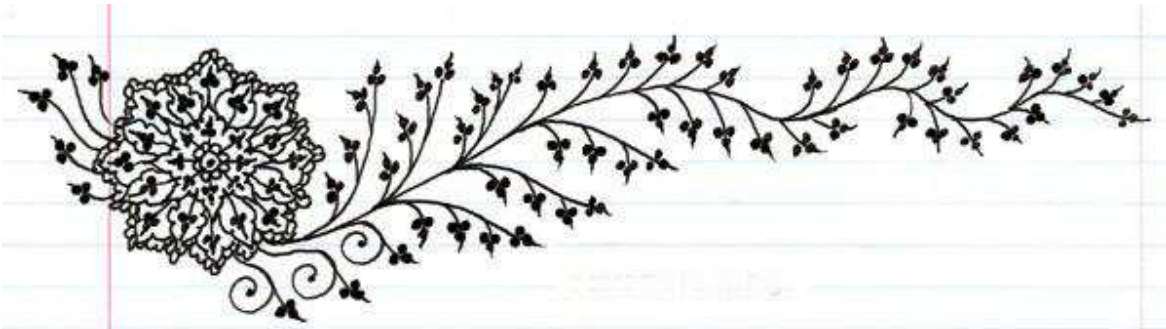
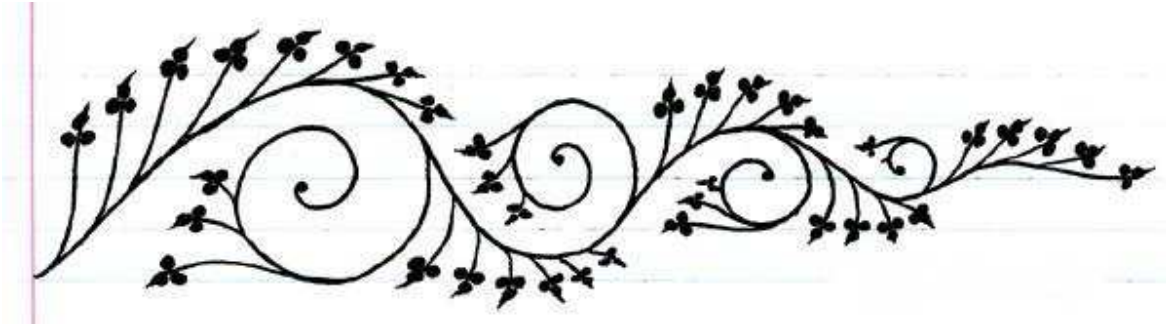
10) Tribbles can curl up and pretend to be ivy.



11) Tribbles can turn cartwheels.

Start with one or two, and suddenly they're everywhere!





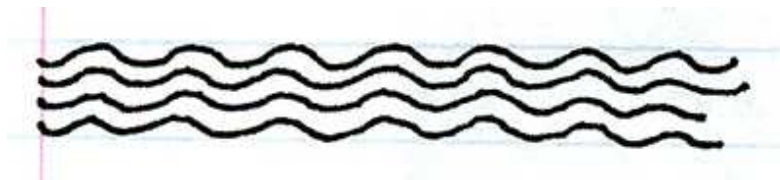
Ripples

Ripples are a traditional pattern in many cultures: they represent flowing water. In arid regions, flowing water may symbolize pleasure, wealth, fertility, or purity: all the things that are connected with the joy of finding pure, flowing water in the desert. In India, ripples are incorporated into henna patterns celebrating the coming of the monsoons. In Islam, running water purifies a person for prayer.

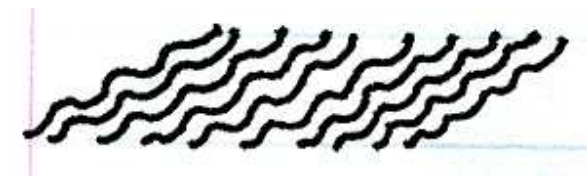
1) This is a ripple:



2) Try making several parallel ripples:



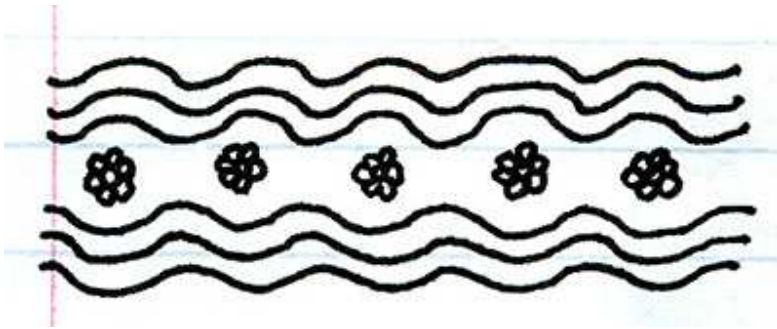
3) Make diagonal parallel ripples:



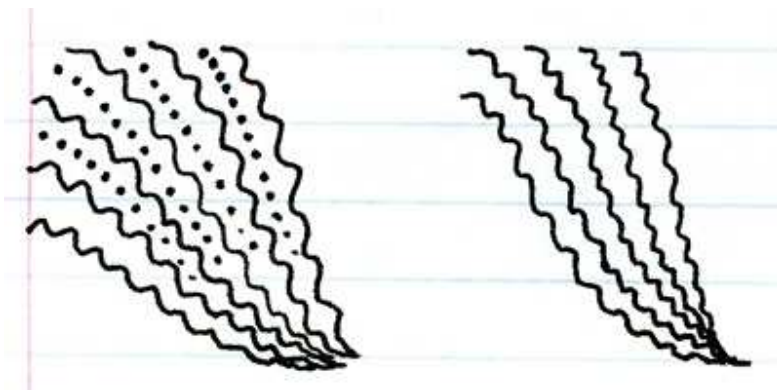
4) Make bubbly ripples, with dots in between rows:



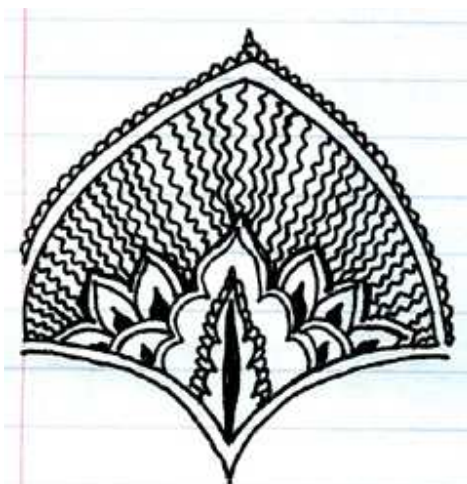
5) Make ripples with blossoms floating in the water:



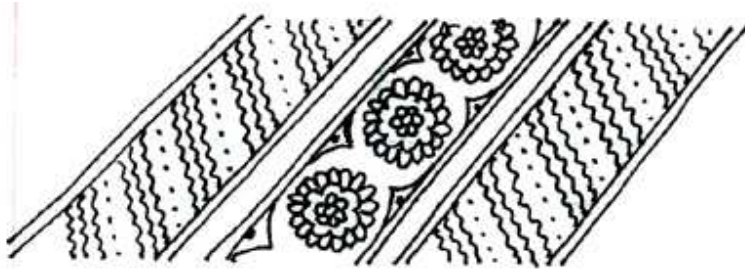
6) Make ripples flowing out from a central point:



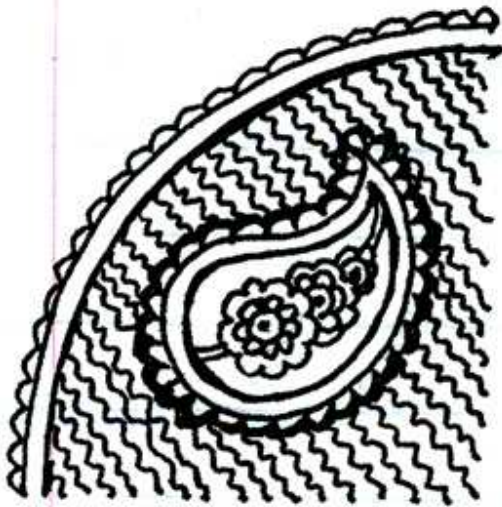
7) Ripples coming from a central point look like water flowing from a fountain, and accent the central figure.



8) Make ripples in between bands, like irrigated gardens:

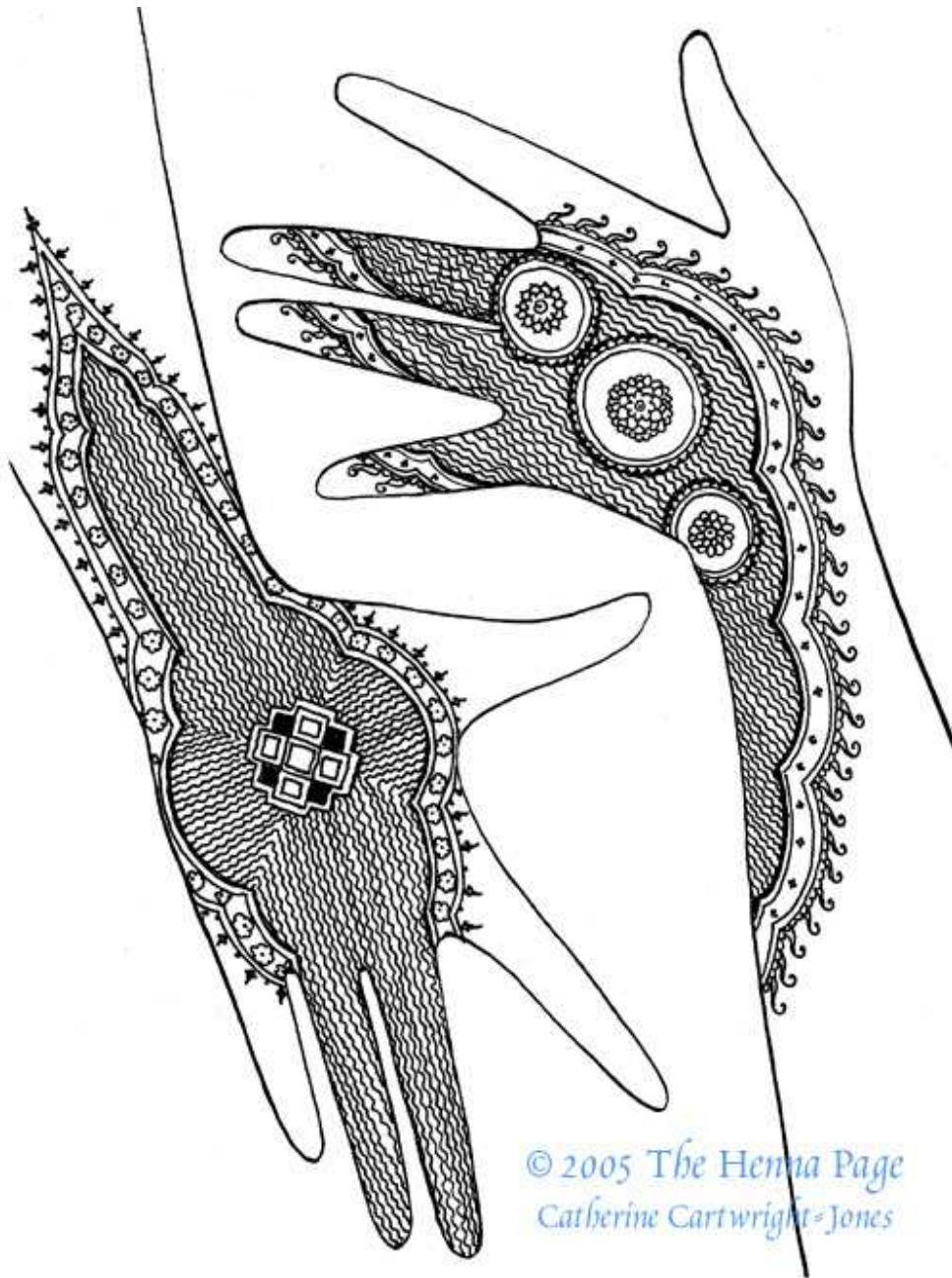


9) Make ripples fill around a pattern:

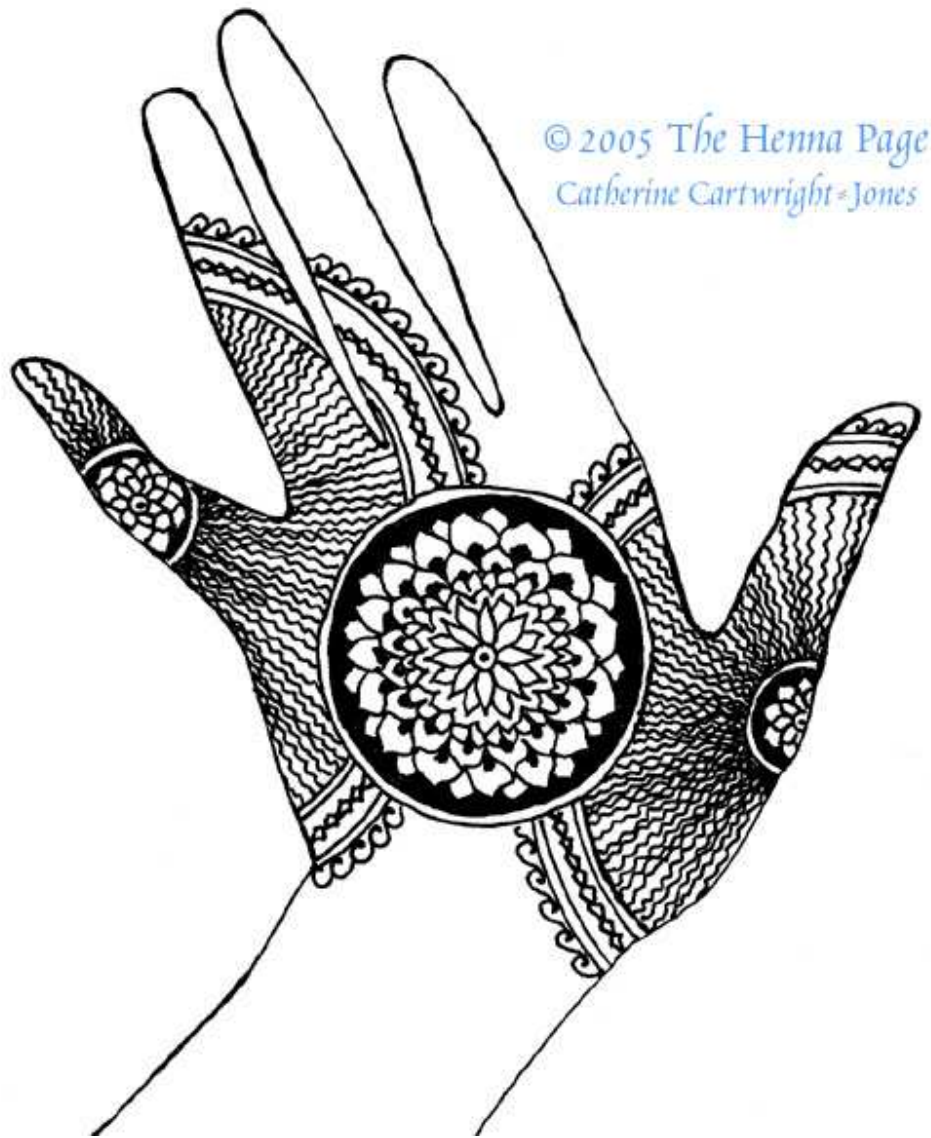


Want to dip your hands into clear rippling water patterns?

Ripples are a traditional pattern in many cultures: they represent flowing water. In arid regions, a person with no water rights was poor indeed, and might have to carry water a great distance every day. A wealthy person who owned a spring enclosed and ornamented a household fountain so women would not have to carry water from the village well. The enclosed springs stayed clean, and didn't evaporate during drought. These ripple patterns show enclosed fountains and ornamental water gardens, often used as metaphors for a wealthy, fertile, protected woman, or for spiritual purity.



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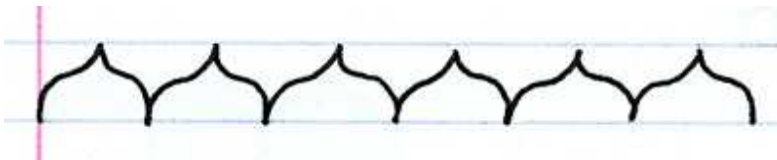
The Kiss

The "peak" pattern looks like the silhouette of a [Hershey's Kiss!](#)



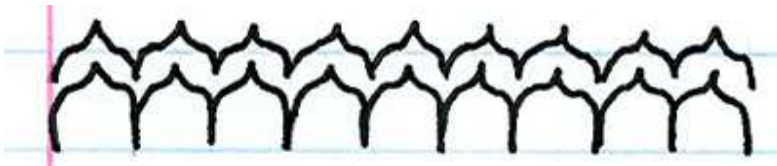
1) This is the "Kiss"

Everybody loves a "[kiss](#)"

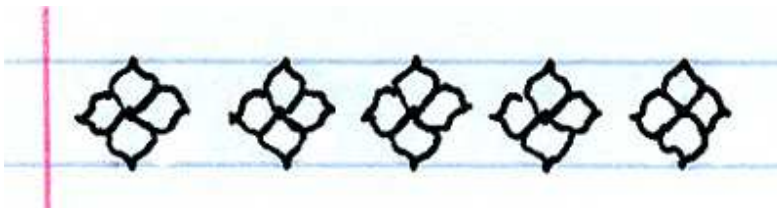


2) Make a row of "Kisses".

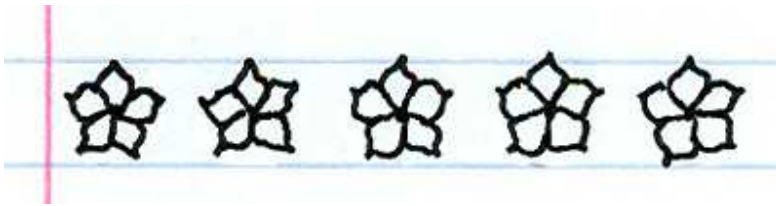
It's not easy to get these [perfectly even](#) concentrate! If they're crooked, [they look a bit odd](#).... . Get'em just right and it looks like a [Kissmobile!](#)



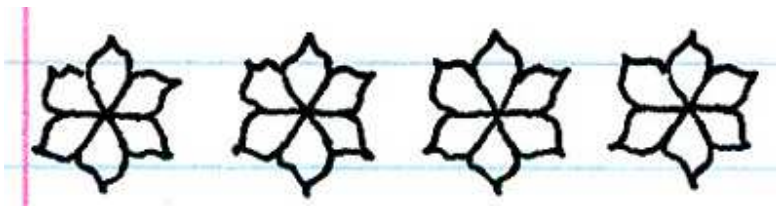
3) Make parallel rows of "[Kisses](#)".



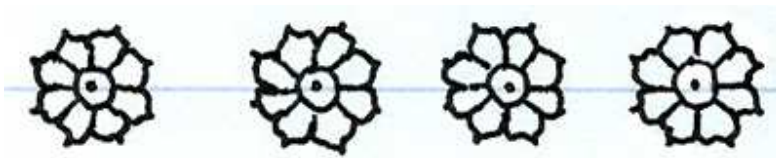
4) Rotate four "[Kisses](#)" around a single point.



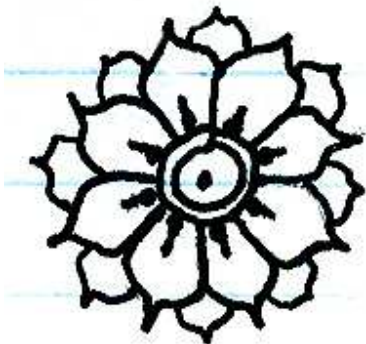
5) Rotate five "Kisses" around a single point.



6) Rotate six "Kisses" around a single point.

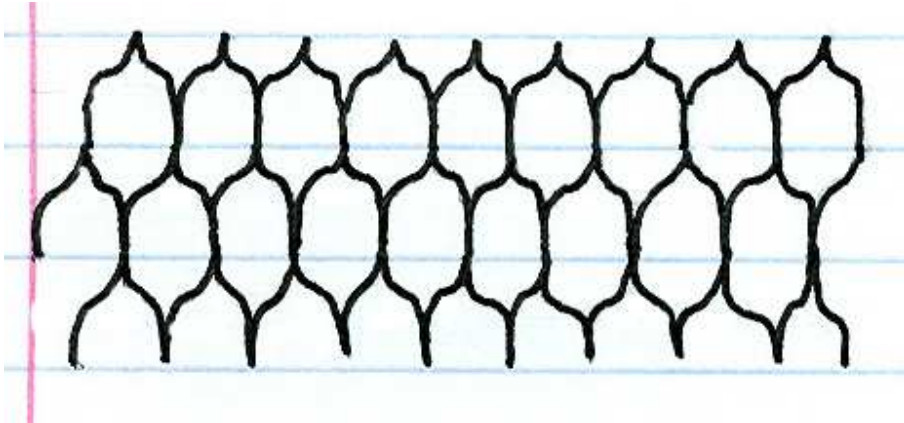


7) Rotate eight "Kisses" around a center.

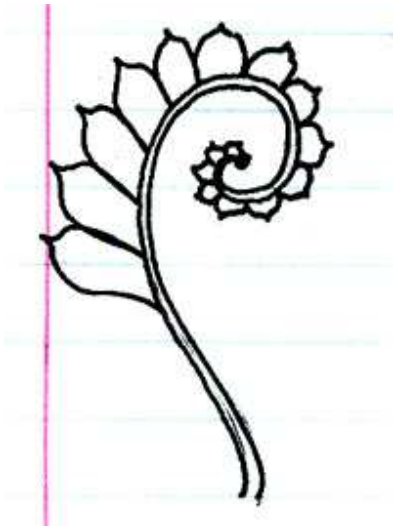


8) If you can rotate your "Kiss" perfectly, you can make a pretty flower!

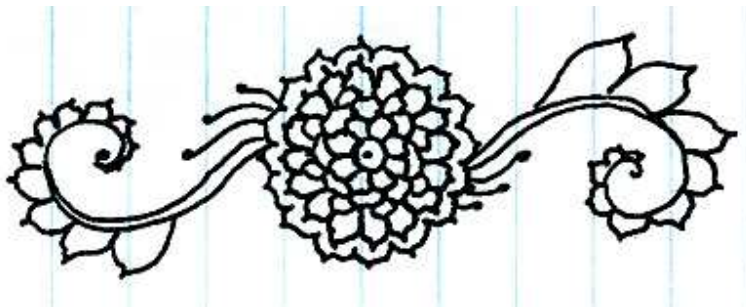
[A big "kiss" is popular in a country with beautiful henna traditions!](#)



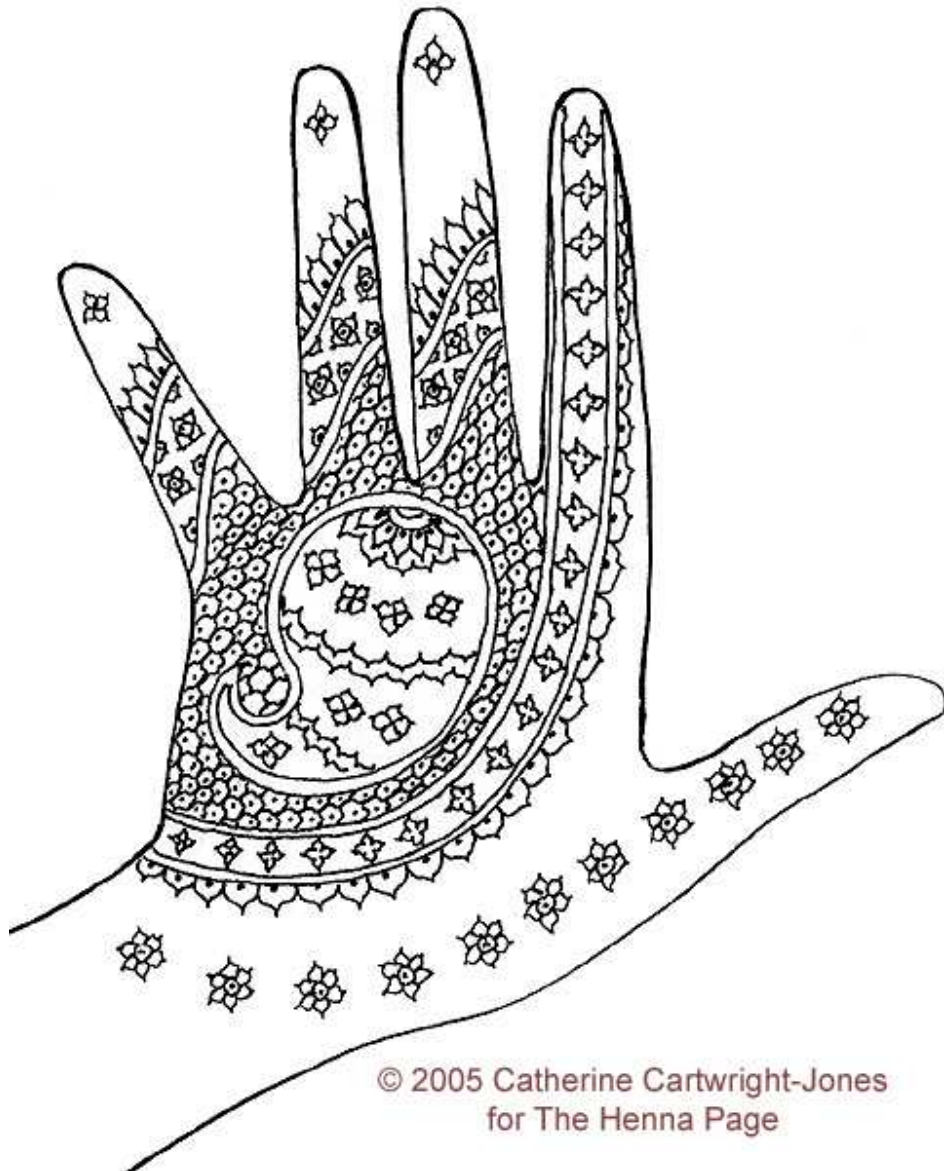
9) If you put a row of kisses on top of other kisses, [it's sweet as a honeycomb!](#)



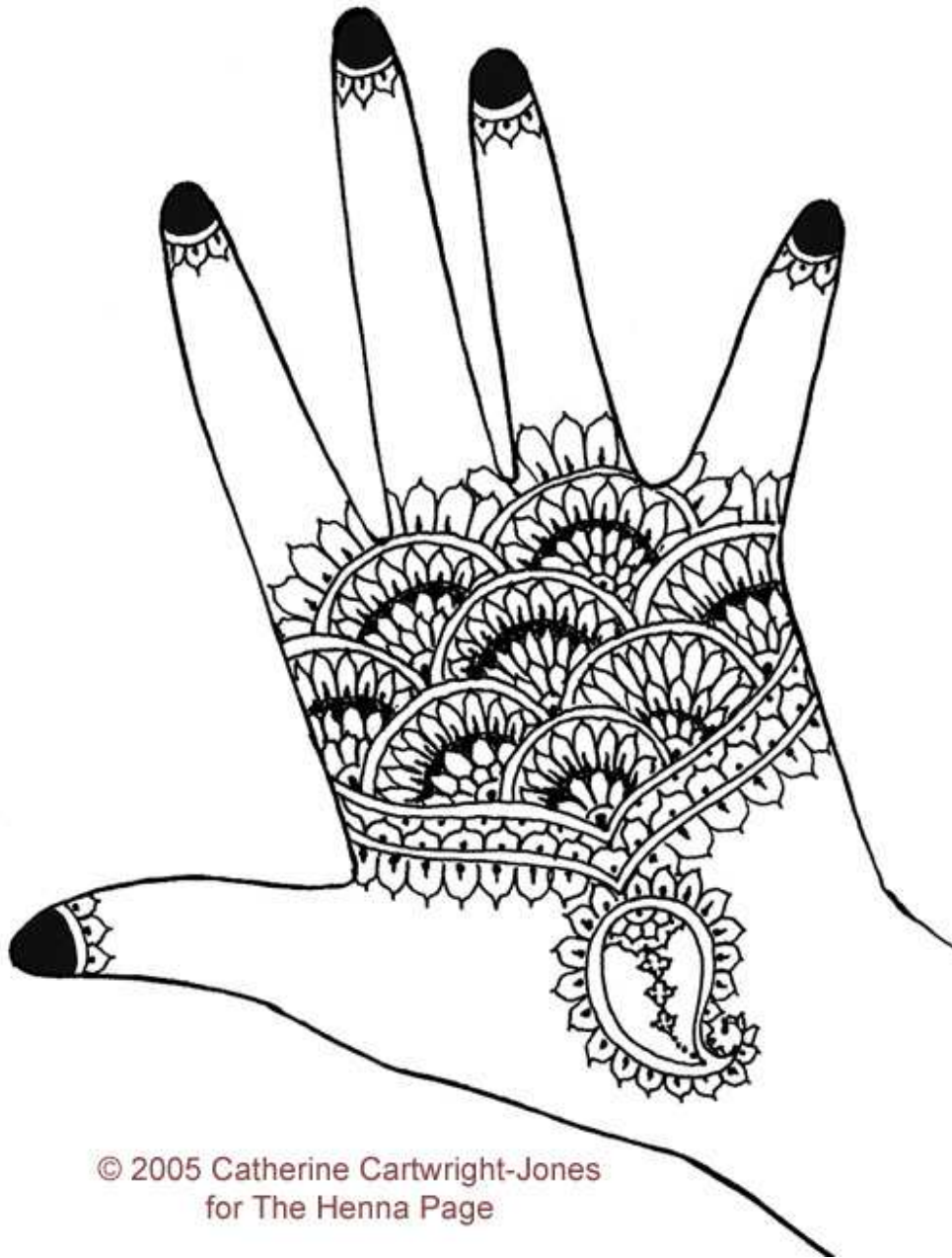
10) You can curl kisses around a tender stalk.



11) Kisses can make a blossom unfold.



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Knotted

This figure looks a bit like a rope with knots tied in it. A series of these knots looks like a graceful leaf. This is one of my favorite elements: it's easy to do, and it can be used to quickly make large, expressive leafy designs..



1) You can get a merit badge if you learn to tie your knots perfectly!



2) Draw your henna line into a loop, then make a tight scribble, like you're tying a knot.

When you do this in henna, let the paste form a little blob.



3) Tie knot after knot, in a row, and decrease the size with each knot.



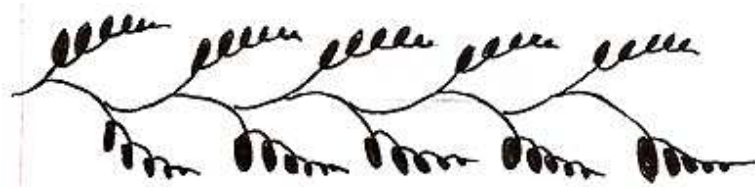
4) Practice doing strings of knots to make leaves reaching for the sunshine.



5) Practice doing strings of knots to make leaves drooping from the rain.



6) Make the knots curl over like fern leaves.



7) Make the knots over and under.



8) Practice different numbers of knots for smaller and larger leaves.



9) Start growing ferns with your knots!



10) Knot leaf ferns make great easy arm bands.



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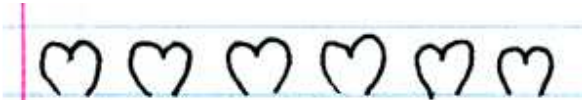
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The Open Heart



1) This is the Open Heart

It's a heart that doesn't close at the bottom point.



2) A row of these open hearts looks like little flower petals.



3) If you tip them to the side, they also look like leaves.



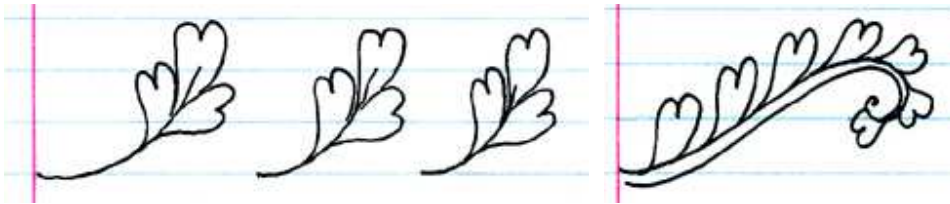
4) Practice making rows of open hearts, larger and smaller, and try to get them neat and even.



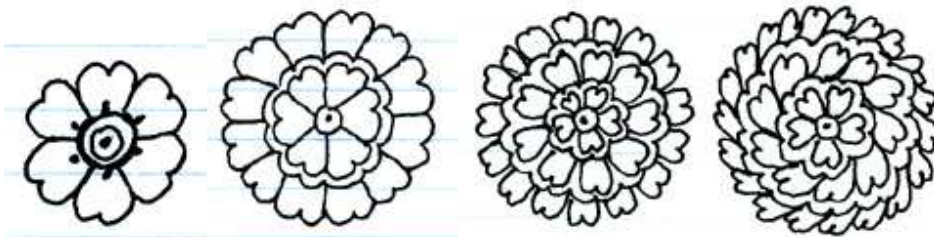
5) Run them along a wavy line to make a vine.



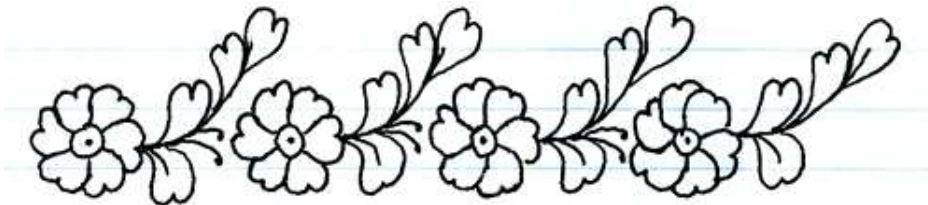
6) Double them up.



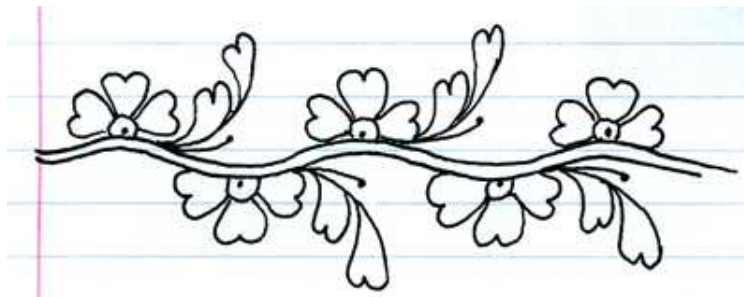
7) Cluster open hearts to make leaves

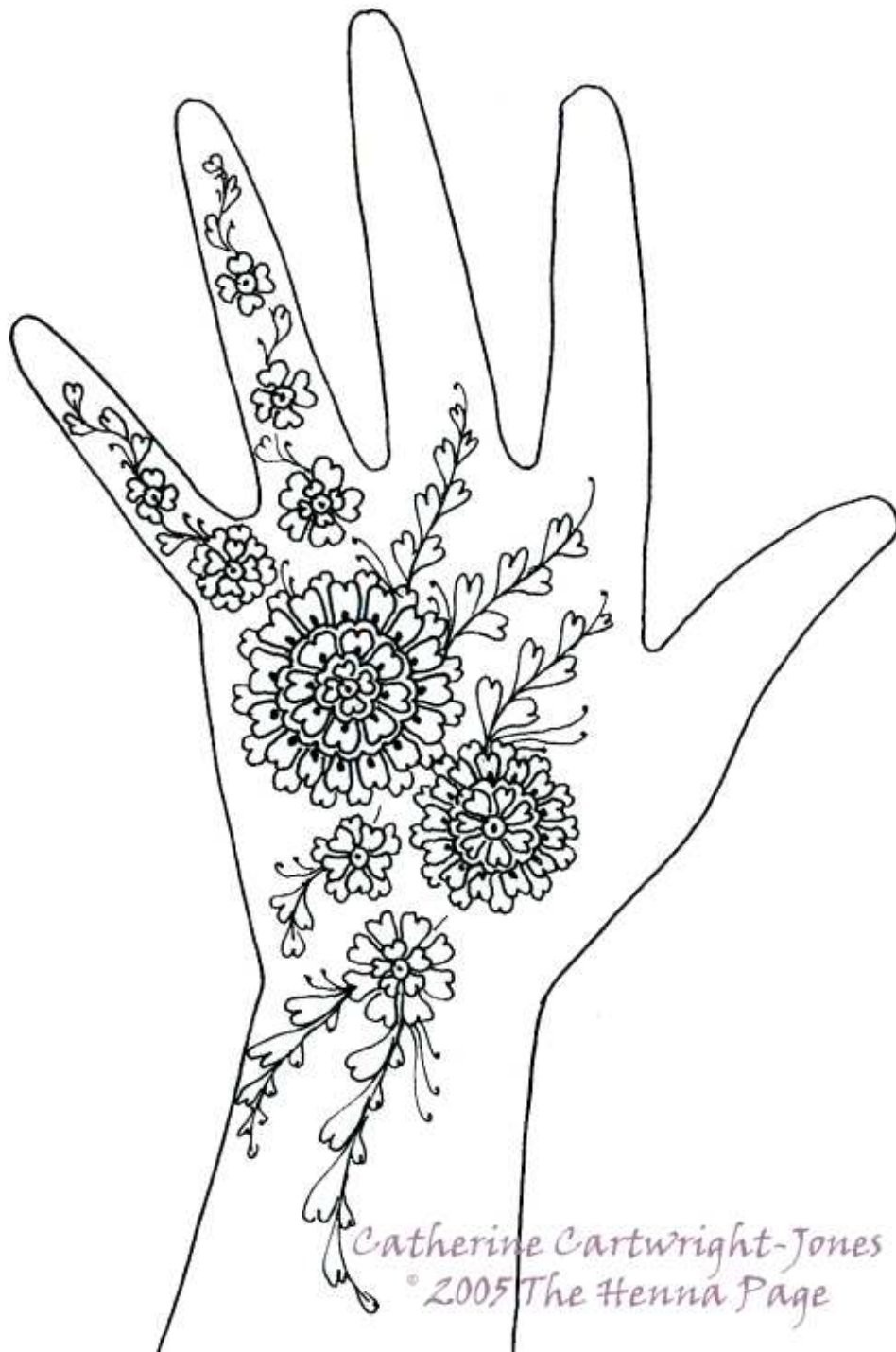


8) A circle of open hearts makes a flower



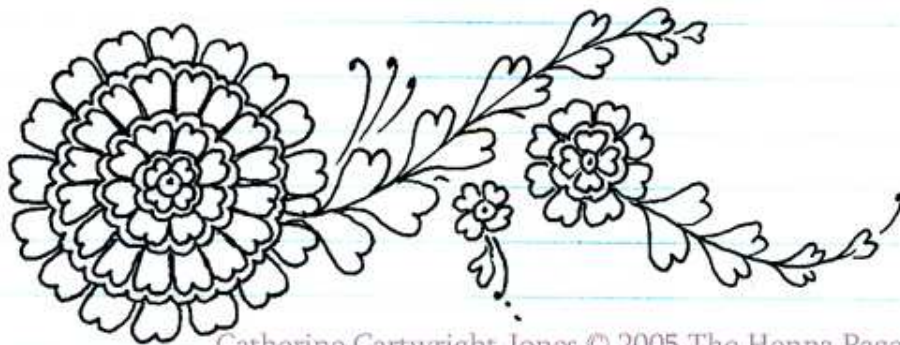
9) Wear your open hearts around your arm (but not on your sleeve!)







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Kitty Whiskers

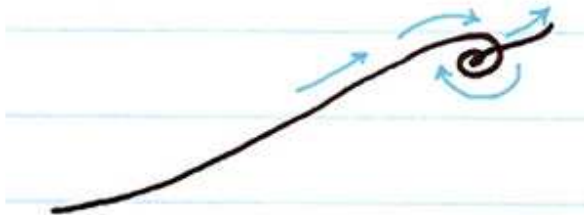


1) This is a Kitty Whisker.

Its easiest to make kitty whiskers with stringy henna, so you can drape a graceful line.



2) This is a Kitty Whisker with a drop of milk at the tip.



Make the milk drop on the kitty whisker by making a little twirl at the end of the line.



3) This is a Kitty Whisker from a kitty that got into the whipped cream.



Make whipped cream drops with a double twirl.



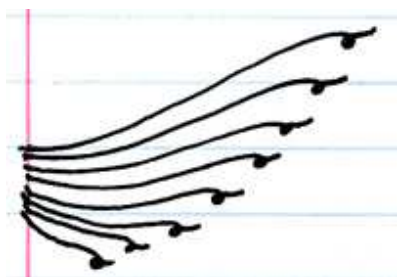
4) This is a Kitty Whisker that got into buttermilk.



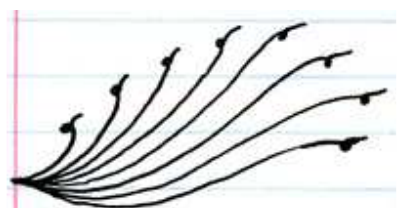
Make the buttermilk whiskers with a backwards turn and a twirl.



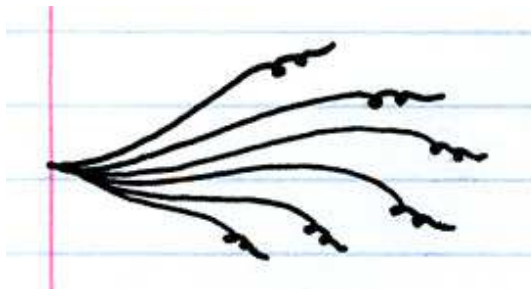
Whiskers always come in expressive arrays, depending on Kitty's mood.



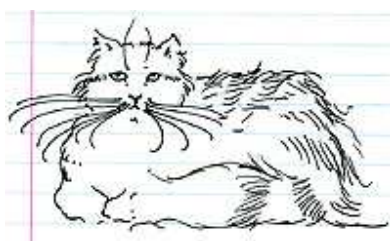
5) Make happy Kitty Whiskers.

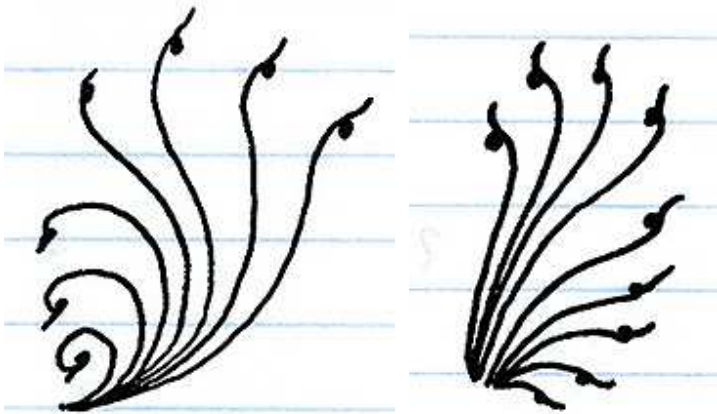


6) Make alert Kitty Whiskers

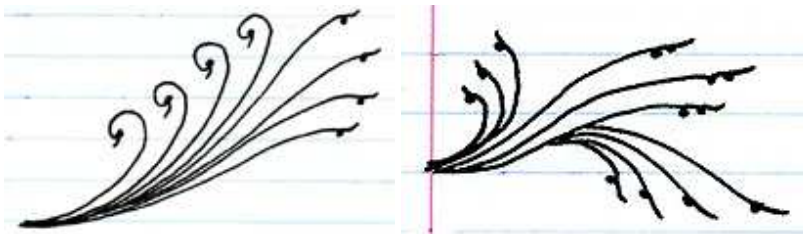


7) Make mopey Kitty Whiskers.

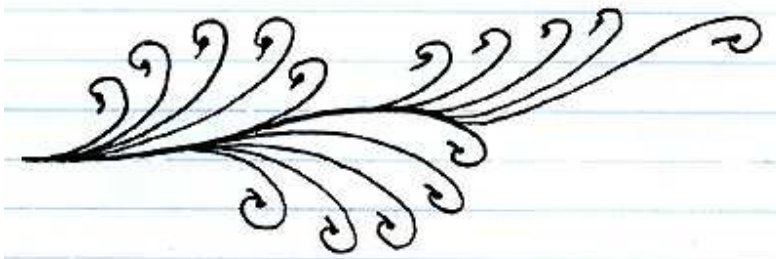




8) Make graceful, quixotic Kitty Whiskers.



9) Combine types and directions of Kitty Whiskers.

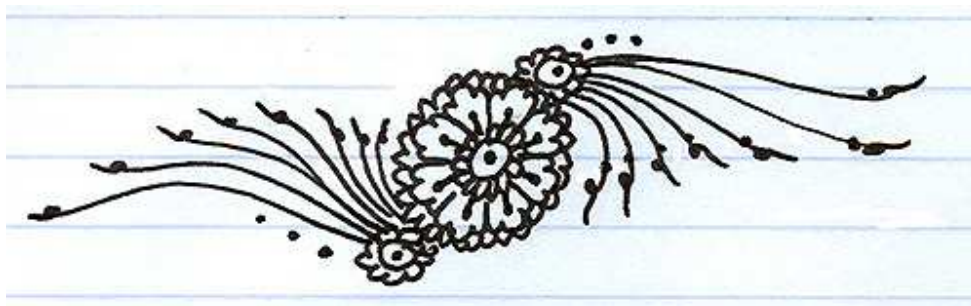
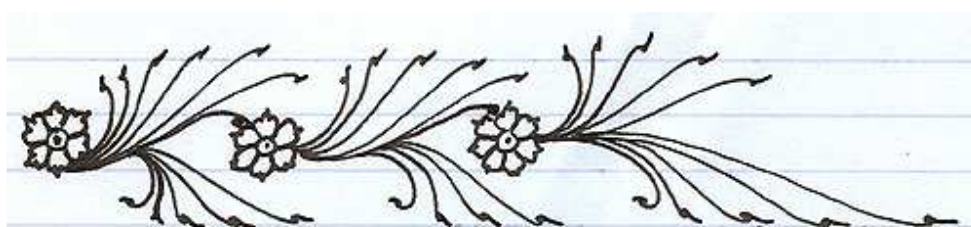


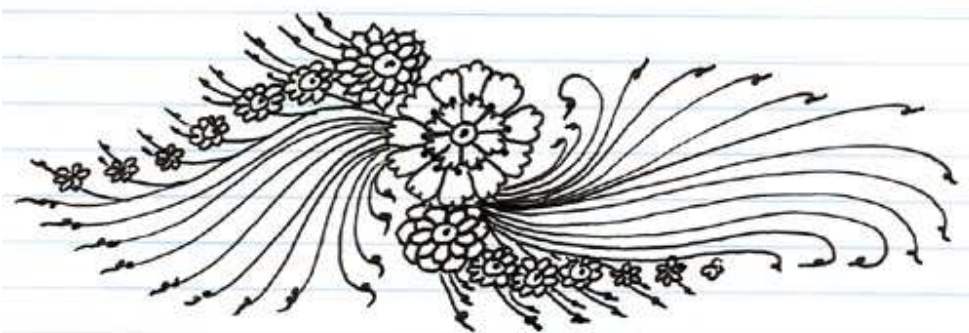
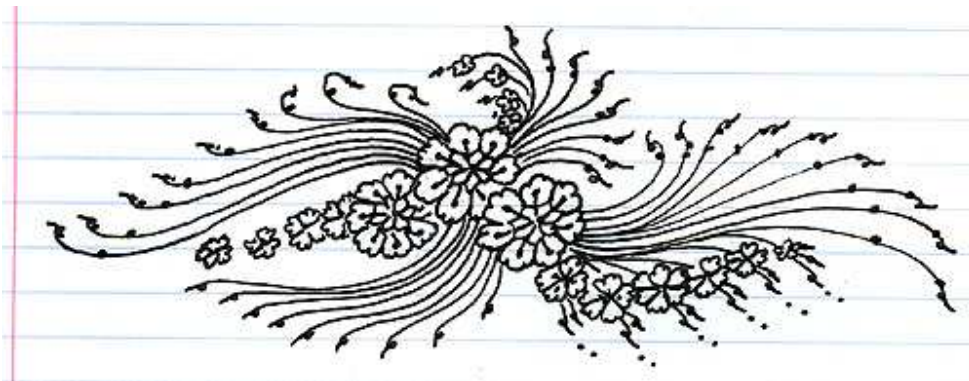
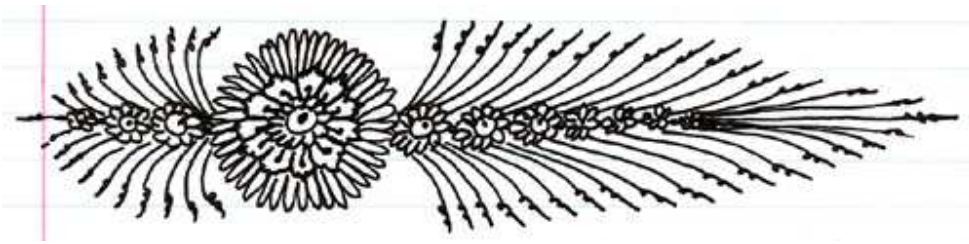
10) Expand Kitty Whiskers into larger arrays.

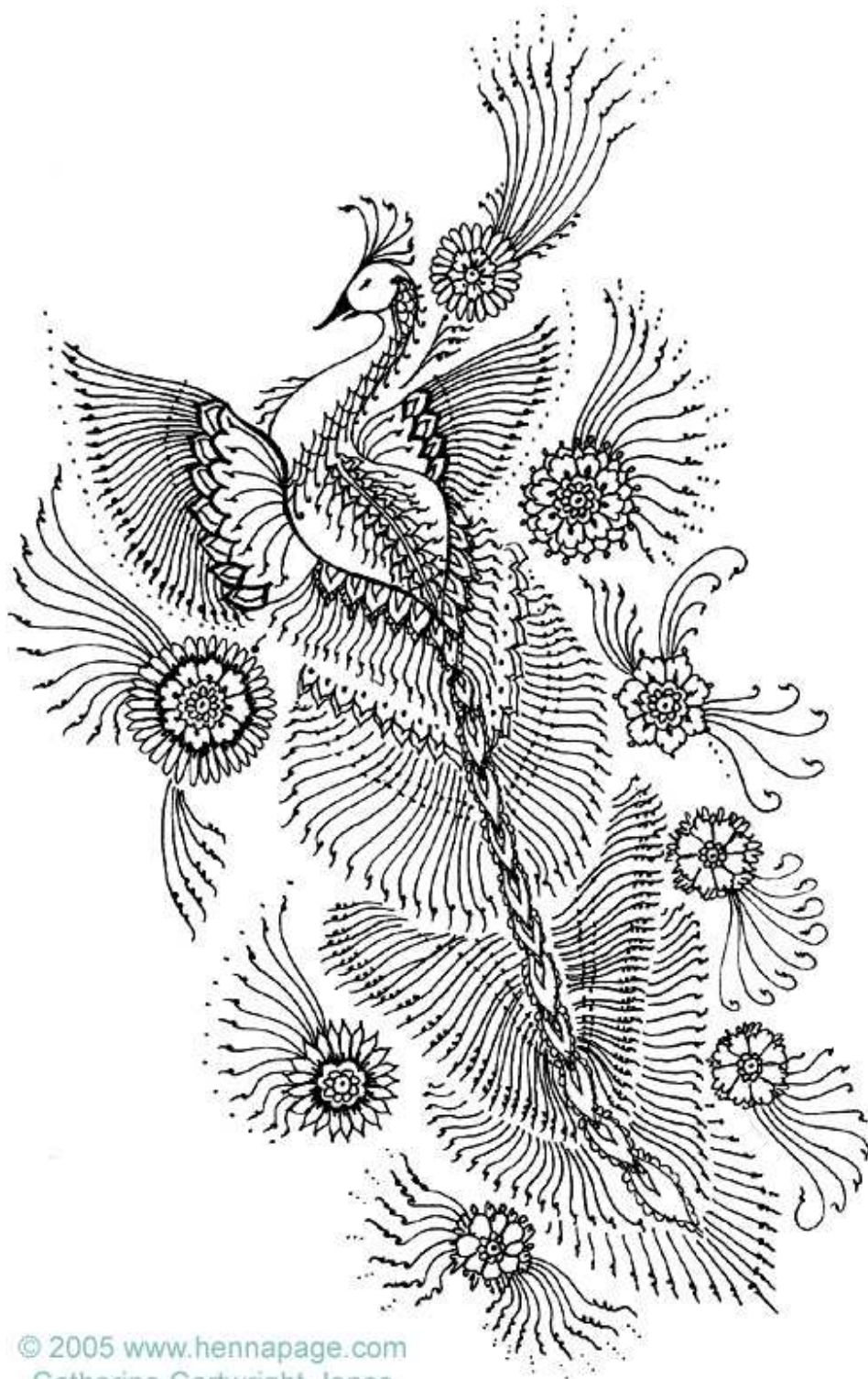




11) Arrange Kitty Whiskers around wavy lines.







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Pug Tails

This may be the first henna squiggle you ever did!



1) This is a Pug Tail.

You see this when the pug thinks he's going to get a treat!

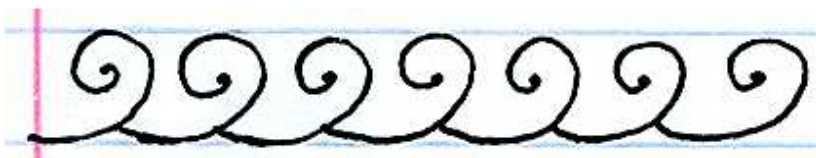


Pug dogs are great creatures!



2) This is a sad Pug Tail.

You see this when the pug isn't getting any of your ice cream.

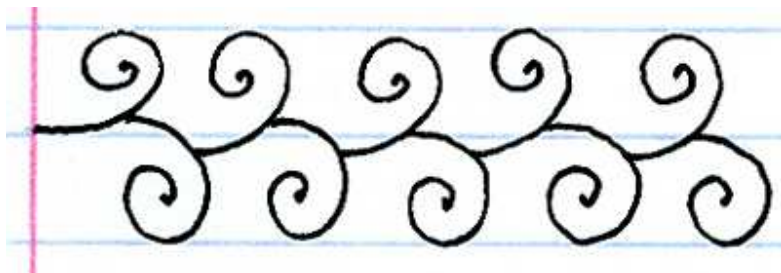


3) Practice a row of Pug Tails.

These tails are very happy because they're getting cuddles.



4) Practice a row of Upsy-Downsy Pug Tails.



5) Make a row of Twisty Twiney Pug Tails.



6) Make a row of diminishing Pug Tails.



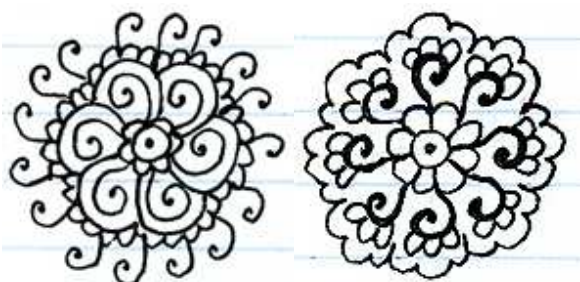
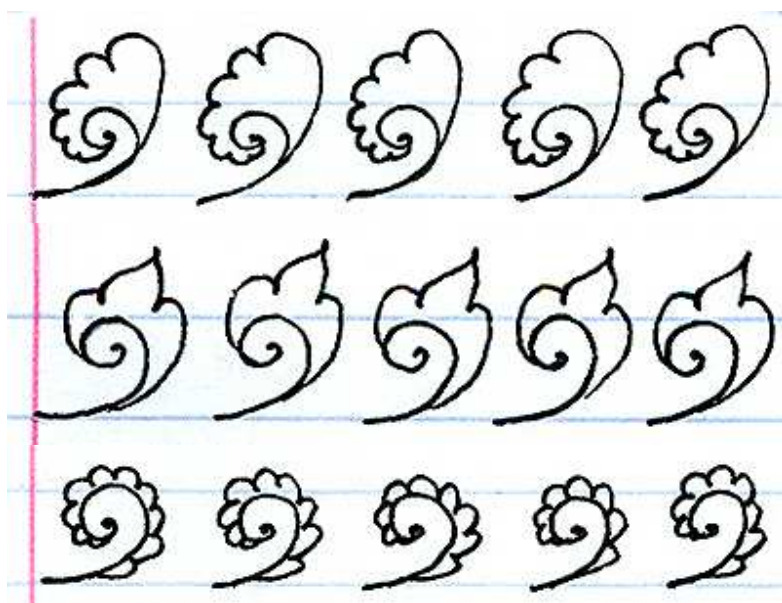
7) Stacking Pug Tails



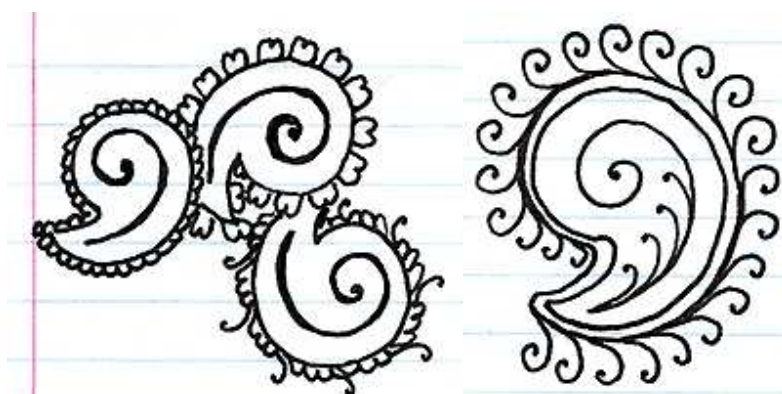
8) Sprouting Pug Tails



10) When Pugs roamed wild and free in the mountains of Puggsylvania, they often came home with leaves and flowers stuck in their tails.



Pug tails make pretty bases for leaves and flowers.



11) Pug Tails make Paisleys easy!



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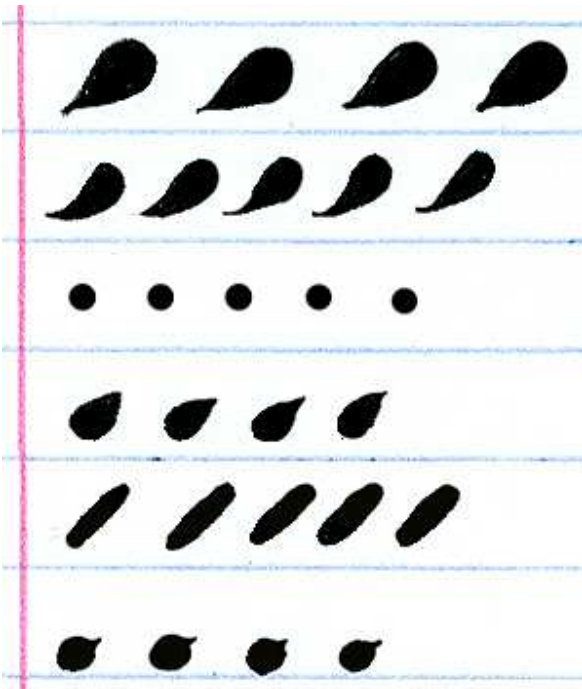


The Seed



1) This is a Seed

The Seed is a little blob of henna, that you make with a quick, firm squeeze on your henna cone.



2) You can make different Seeds by pressing less or more on your cone, and pulling the line out or keeping it still.

Make long ones, round ones, tapering ones, fat ones, skinny ones. These look like rice, watermelon seeds, orange pips, tomato seeds, radish seeds, sesame seeds all the good stuff!





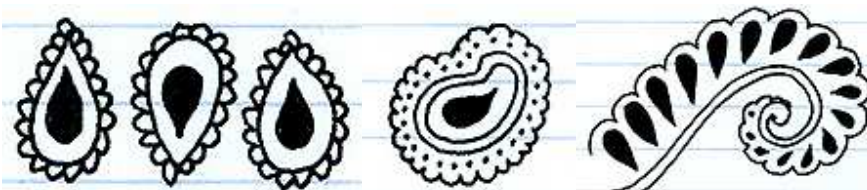
3) Plant rows of Seeds.



4) Seeds bloom into flowers

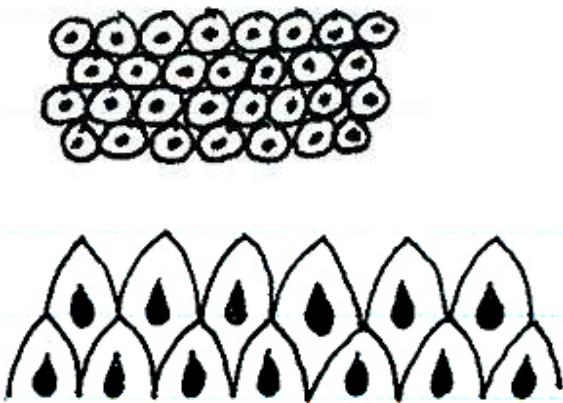


5) Seeds curl along vines

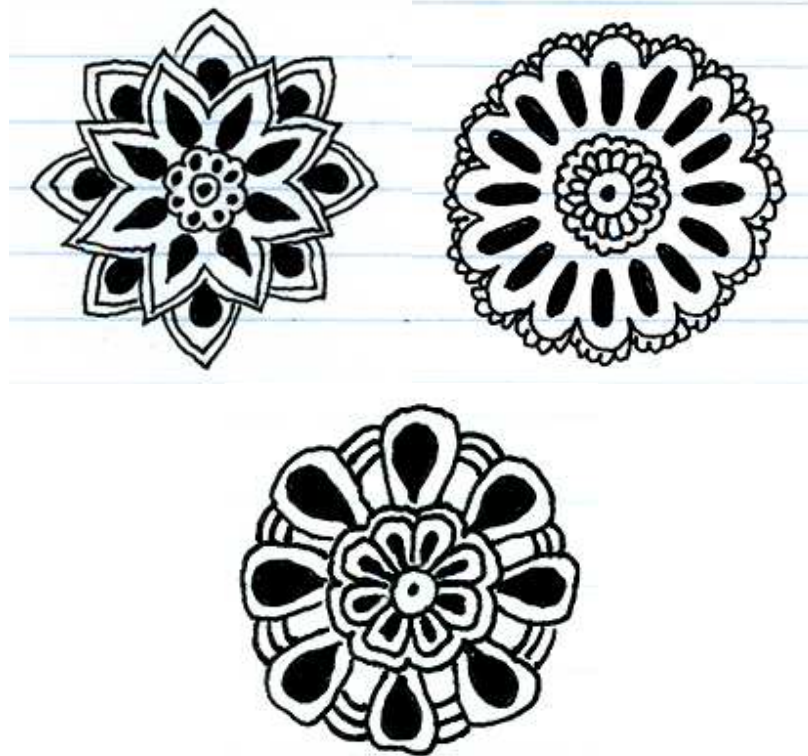


6) Seeds often have pulp or shells around them.

Contrast the fine lines to the larger seeds for a more dramatic pattern



7) Seeds can come in clusters
 These make great fill motifs



8) Seeds and fine lines make beautiful flowers

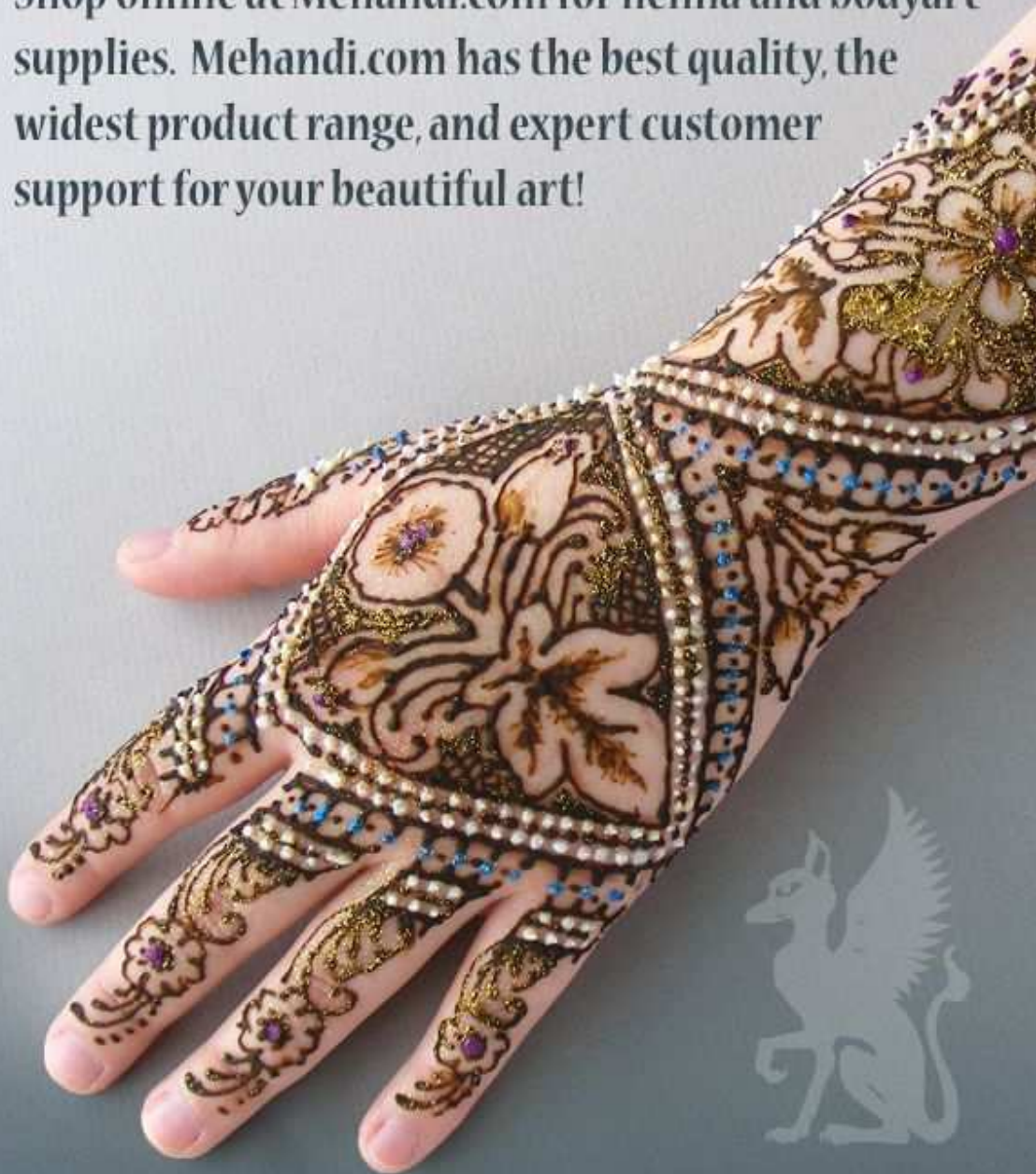
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