

## Alexander's Laced "White Henna Cuffs" with Becoming Moonlight®



Make a body art wrist cuff with Becoming Moonlight® 'White Henna' Paste and other body art materials from <http://www.mehandi.com> .



This technique was invented by Alexander Limbach working with Becoming Moonlight® body art materials and techniques from mehandi.com.<sup>1</sup>

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<sup>1</sup> This technique is free for anyone to use, but if you share this technique online, please give credit to the Becoming Moonlight® 'white henna' and link to 'White Henna' at [http://www.hennapage.com/henna/white\\_henna/](http://www.hennapage.com/henna/white_henna/) so other people can learn, too.



You will need the following materials:

- Becoming Moonlight® ‘white henna’ gilding paste
- Temptu temporary tattoo paint
- Becoming Moonlight® gilding powder
- Brushes
- A ribbon
- Becoming Moonlight® gems
- Becoming Moonlight® glitter.
- Isopropyl alcohol

All Becoming Moonlight® materials are water-resistant and skin-friendly. Use isopropyl alcohol to fix mistakes. Becoming Moonlight®





Begin by painting on a cuff shape with Temptu temporary tattoo paint, following instructions found here: [http://www.hennapage.com/henna/white\\_henna/vid\\_2/index.html](http://www.hennapage.com/henna/white_henna/vid_2/index.html).

When you have painted the Temptu cuff, powder it with Becoming Moonlight® gilding powder to make it waterproof. Draw lacey edge onto your cuff with Becoming Moonlight® ‘white henna’ gilding paste. After ten minutes or so, dust glitter over the gilding paste following the instructions here: [http://www.hennapage.com/henna/white\\_henna/vid\\_3/](http://www.hennapage.com/henna/white_henna/vid_3/)

This can be done on any part of the body, though it is best to avoid hairy areas, palms, soles, or body areas which bend. Wrists, upper arms, thighs, and ankles are the best places to make Becoming Moonlight® body art cuffs with ribbons.

Alexander said his cuff lasted five days on his skin. The Becoming Moonlight® materials for this work can be loosened up and removed with lotion, followed by rubbing with isopropyl alcohol to get rid of the last traces.



When you have made your cuff, prepare at least 5” of ribbon for each cuff crossing. Allow 24” of additional ribbon to tie a loose bow. Allow 1 ½ yards of ribbon for a wrist cuff of the size shown here.



Draw a line between the sides of the cuff with Becoming Moonlight® ‘white henna’ paste.





Place the center of the ribbon on the gap between the edges of the cuff where you have applied the line of Becoming Moonlight® ‘white henna’ paste.





Hold the ribbon in place until it is firmly stuck to the skin.



Draw a line crossing to the other side of the cuff with Becoming Moonlight® ‘white henna’ paste. Fold the ribbon onto that crossing line, and hold it down until it is firmly stuck to the skin.





Don't pull the ribbons as if you're lacing something tight. Just fold the ribbon over.





Draw a line crossing to the other side of the cuff in the opposite direction with Becoming Moonlight® ‘white henna’ paste. Fold the ribbon over the line and hold it until it is secure.







Resist the temptation to draw all the crossing lines at once. Ribbons are floppy, and will dip into the Becoming Moonlight® ‘white henna’ paste at the wrong spot and create a mess that is absolutely impossible to clean up. Be patient, and do one short line at a time, covering each line with ribbon in turn.



When you have finished crossing the ribbons back and forth, attach gems to the ribbon bends to give the appearance of the ribbons being passed around hooks, or through eyelets.



Apply a dot of Becoming Moonlight® 'white henna' paste at the ribbon bends, exactly where you want to apply a gem.







Press a Becoming Moonlight® gem onto each dot of Becoming Moonlight® ‘white henna’ gilding paste.



Let the ends of the ribbons dangle, or tie them into a very loose bow. Don't pull the bow tight. Have fun with this! You're beautiful!